

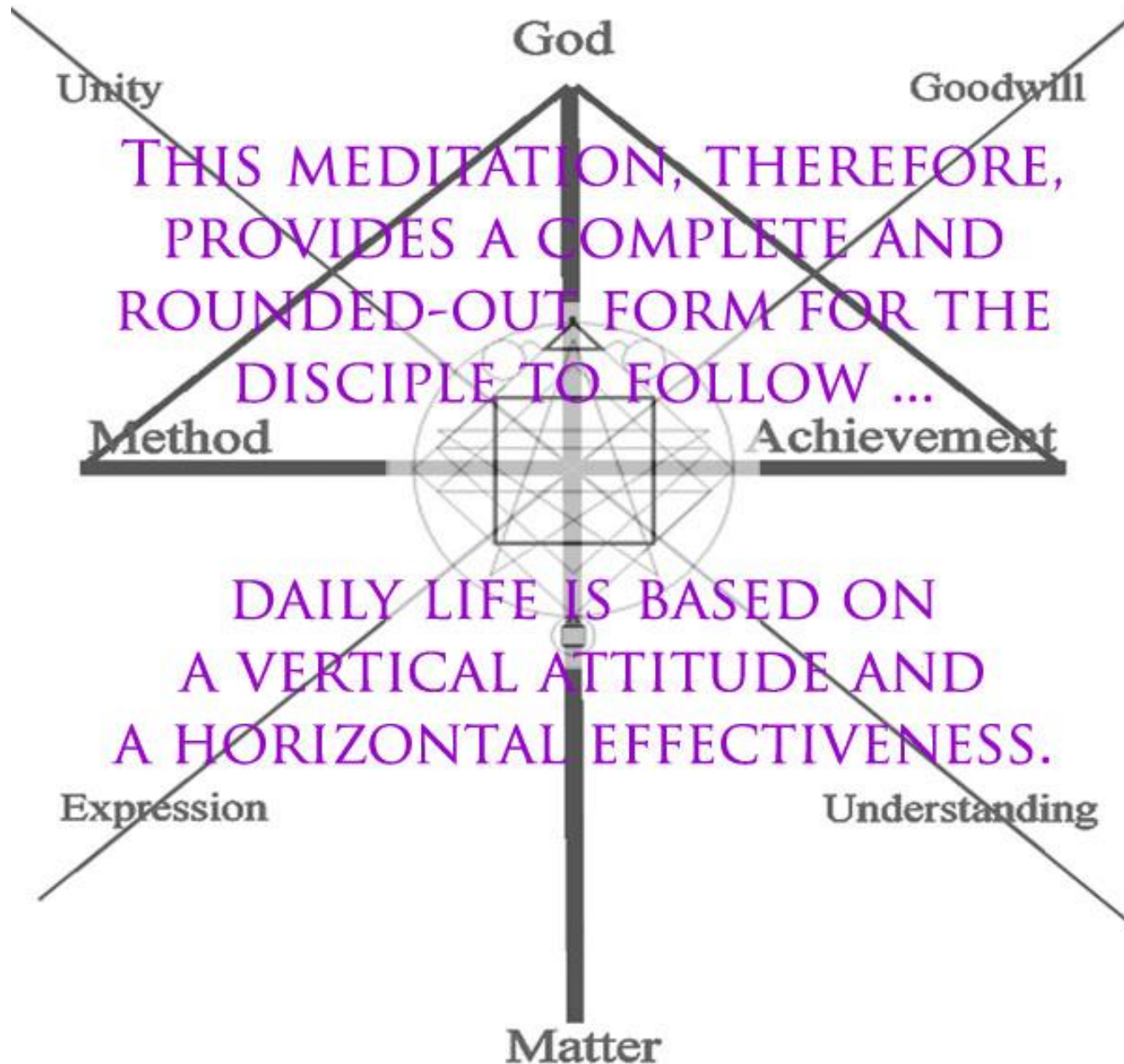


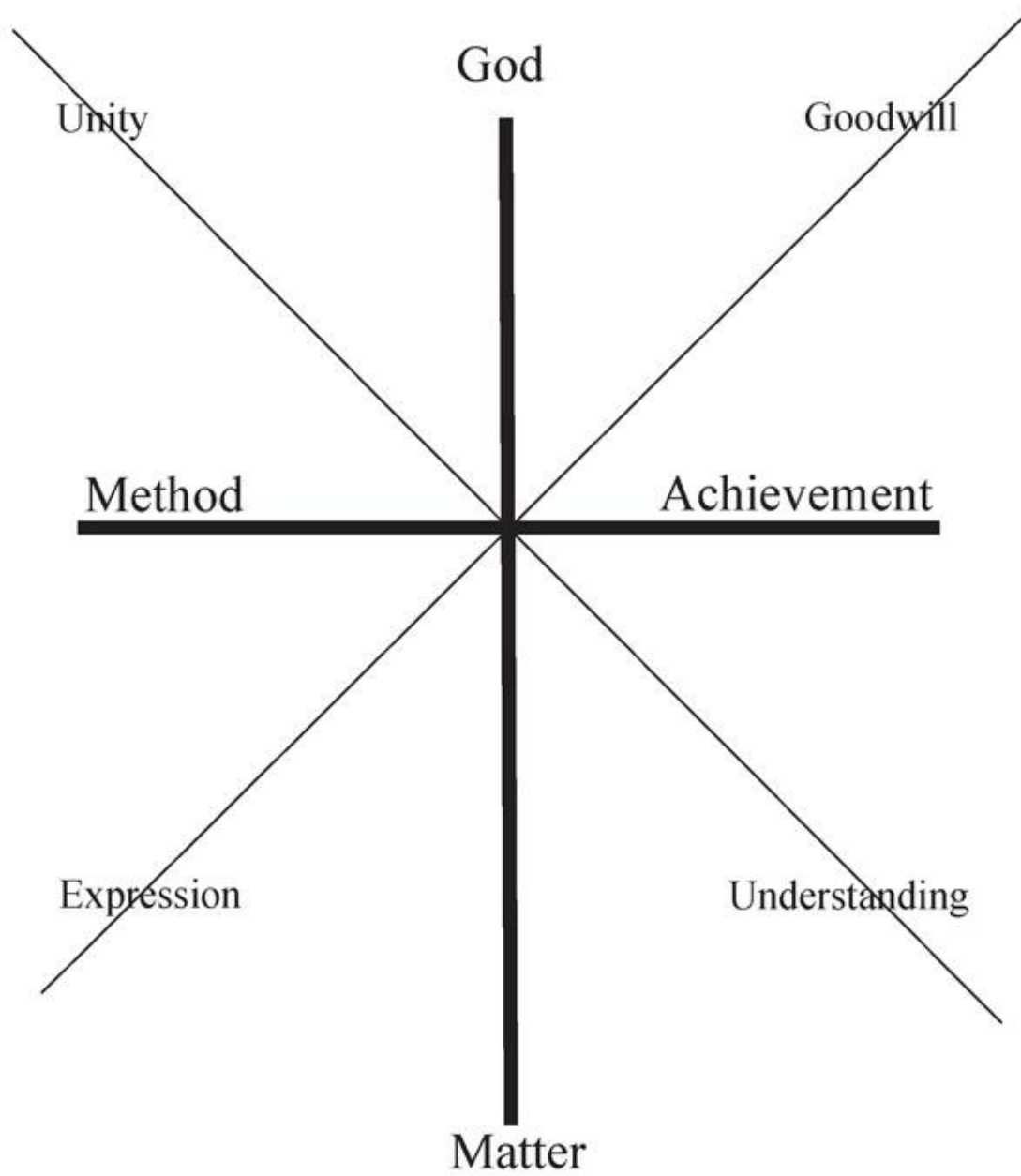
# The Secret of Life & DK Meditation 7

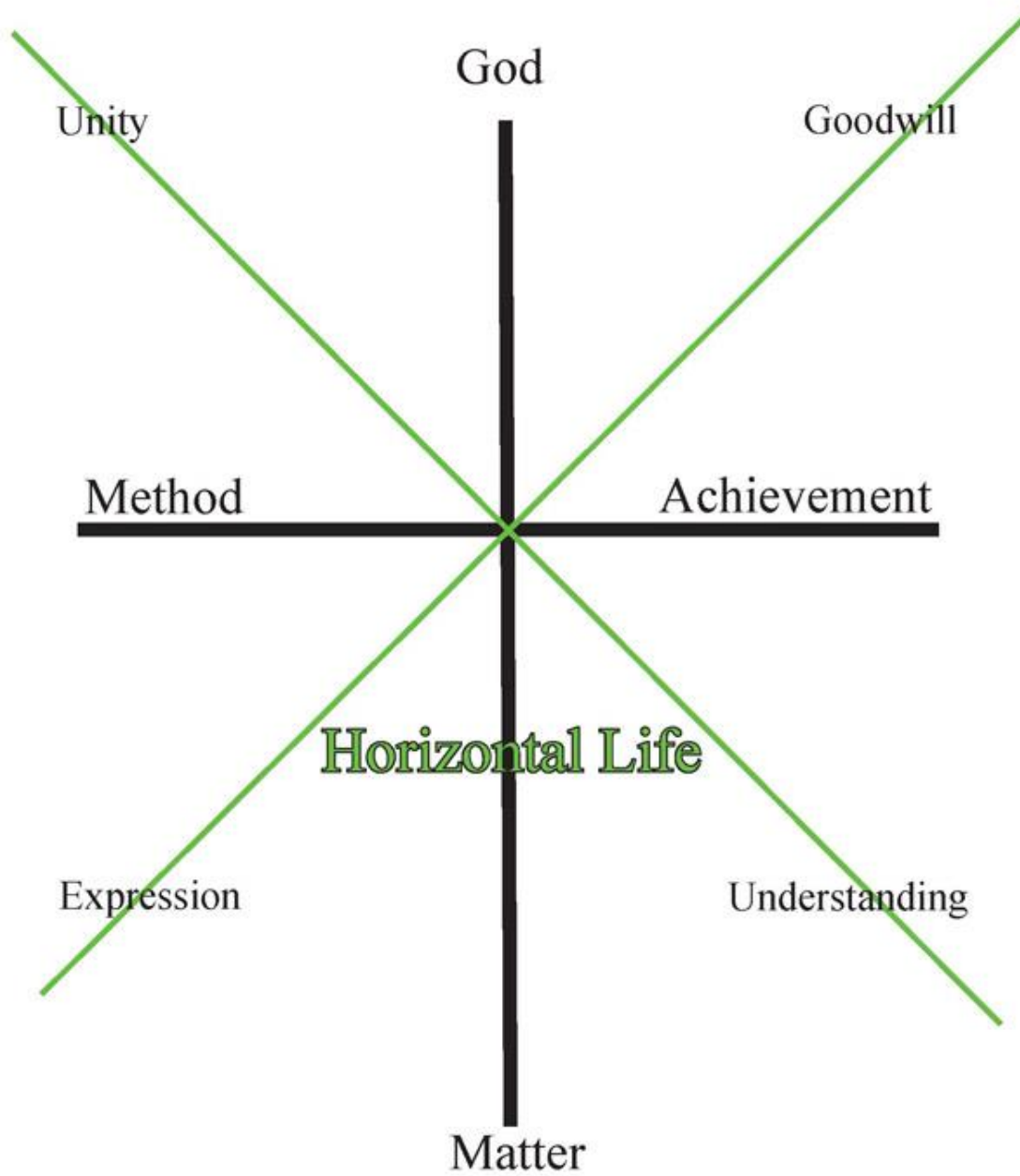
Created by Vicktorya, March 2010  
sourced from Teachings by DK

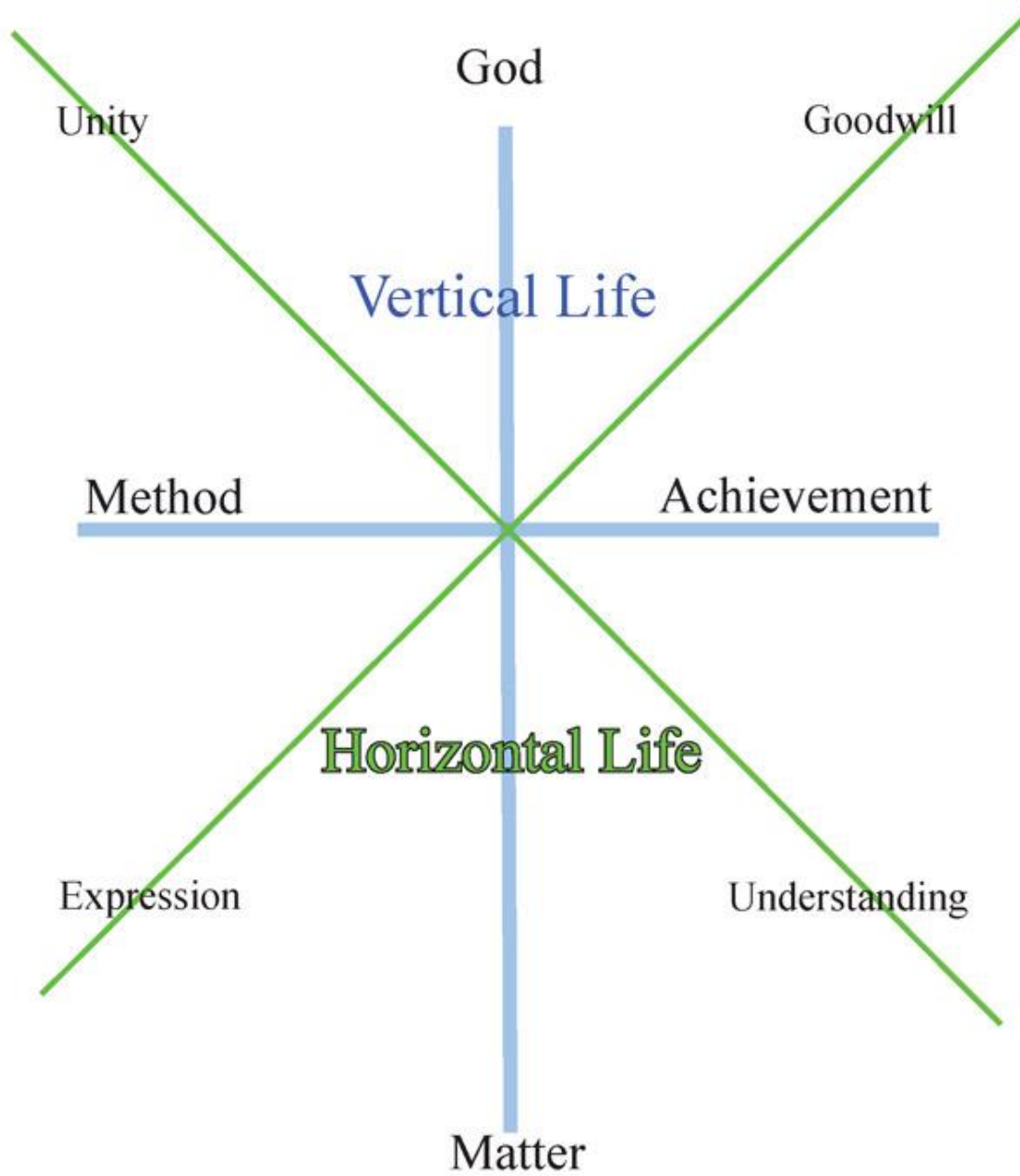


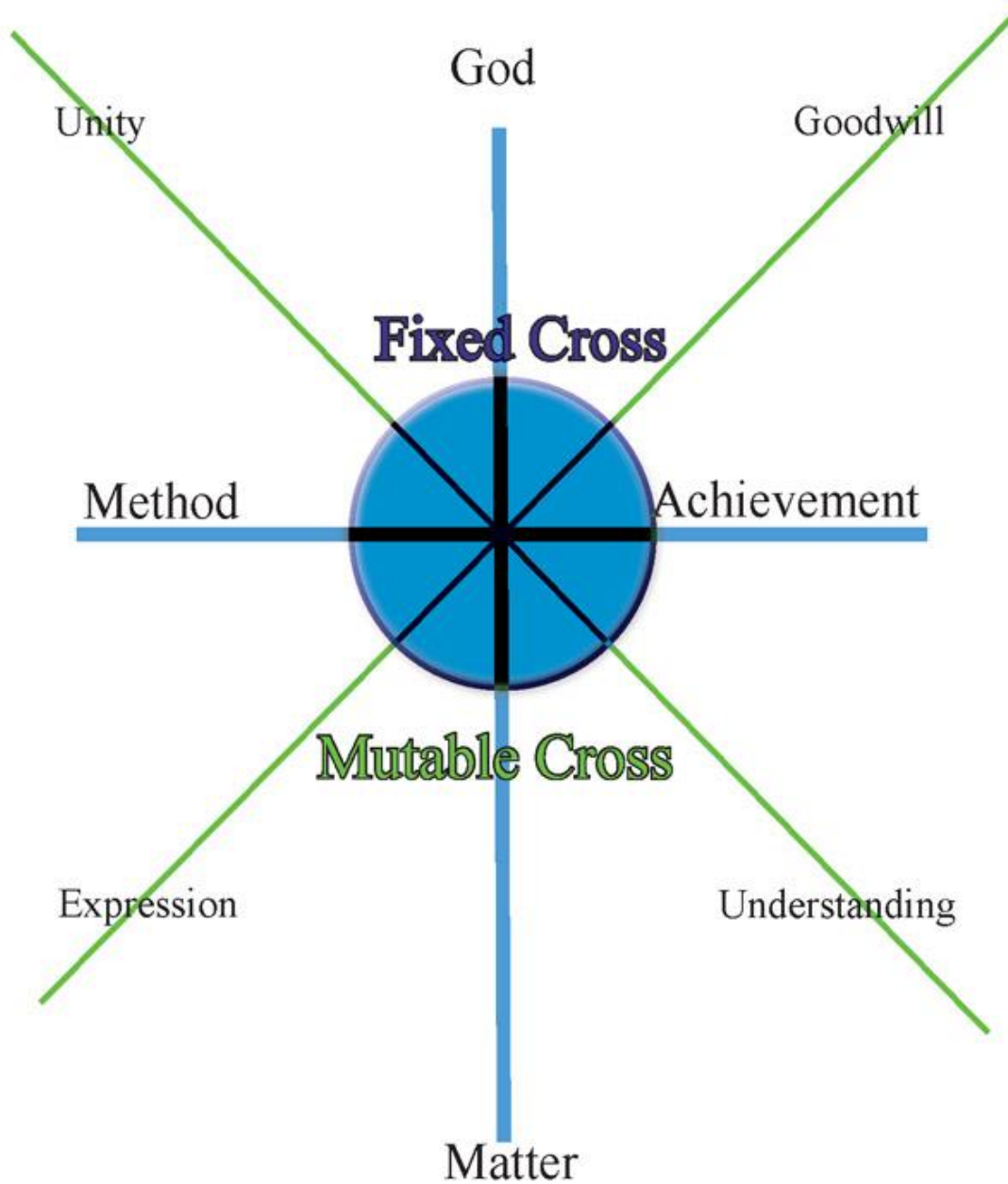
# MEDITATION SEVEN











# CARDINAL CROSS

God

Unity

Goodwill

## THE CROSS

IN THE CROSS IS HIDDEN LIGHT.

THE VERTICAL AND HORIZONTAL  
IN MUTUAL FRICTION CREATE; A  
VIBRANT CROSS SCINTILLATES,  
AND MOTION ORIGINATES.  
WHEN THE VERTICAL ASSUMES  
THE HORIZONTAL, PRALAYA  
SUPERVENES.

Method

Achievement

EVOLUTION IS THE MOVEMENT  
OF THE HORIZONTAL TO UPRIGHT  
POSITIVENESS.

IN THE SECRET OF DIRECTION  
LIES THE HIDDEN WISDOM;

IN THE DOCTRINE OF ABSORP-  
TION LIES THE HEALING FACULTY;

Expression

IN THE POINT BECOMING THE  
LINE, AND THE LINE BECOMING  
THE CROSS IS EVOLUTION.

Understanding

IN THE CROSS SWINGING TO THE  
HORIZONTAL LIES SALVATION  
AND PRALAYIC PEACE.

STANZAS FOR DISCIPLES. P. 767

Matter



THE EFFECT OF HUMAN MEDITATION AT THIS TIME IS TO CHANGE CONDITIONS, TO INVOKE THE HIGHER, SPIRITUAL POTENCIES, TO WORK WITH CONCENTRATION—BOTH VERTICALLY AND HORIZONTALLY—WITHIN THE WORLD OF MEN AND WITHIN THE KINGDOM OF GOD.

THIS VERTICAL AND HORIZONTAL ACTIVITY HOLDS THE SECRET OF CREATIVE MEDITATION. IT IS INVOCATIVE OF THE HIGHER ENERGIES, AND CREATES A CHANNEL OF CONTACT BETWEEN SOUL AND SPIRIT. THIS IS BROUGHT ABOUT BY WHAT I HAVE CALLED "VERTICAL MEDITATION." IT IS ALSO EVOCATIVE AND CREATES A FERMENT OR DYNAMIC MOVEMENT IN THAT LEVEL OF BEING WHICH MUST BE AFFECTED OR CHANGED, AND THIS IS THE HORIZONTAL ASPECT.

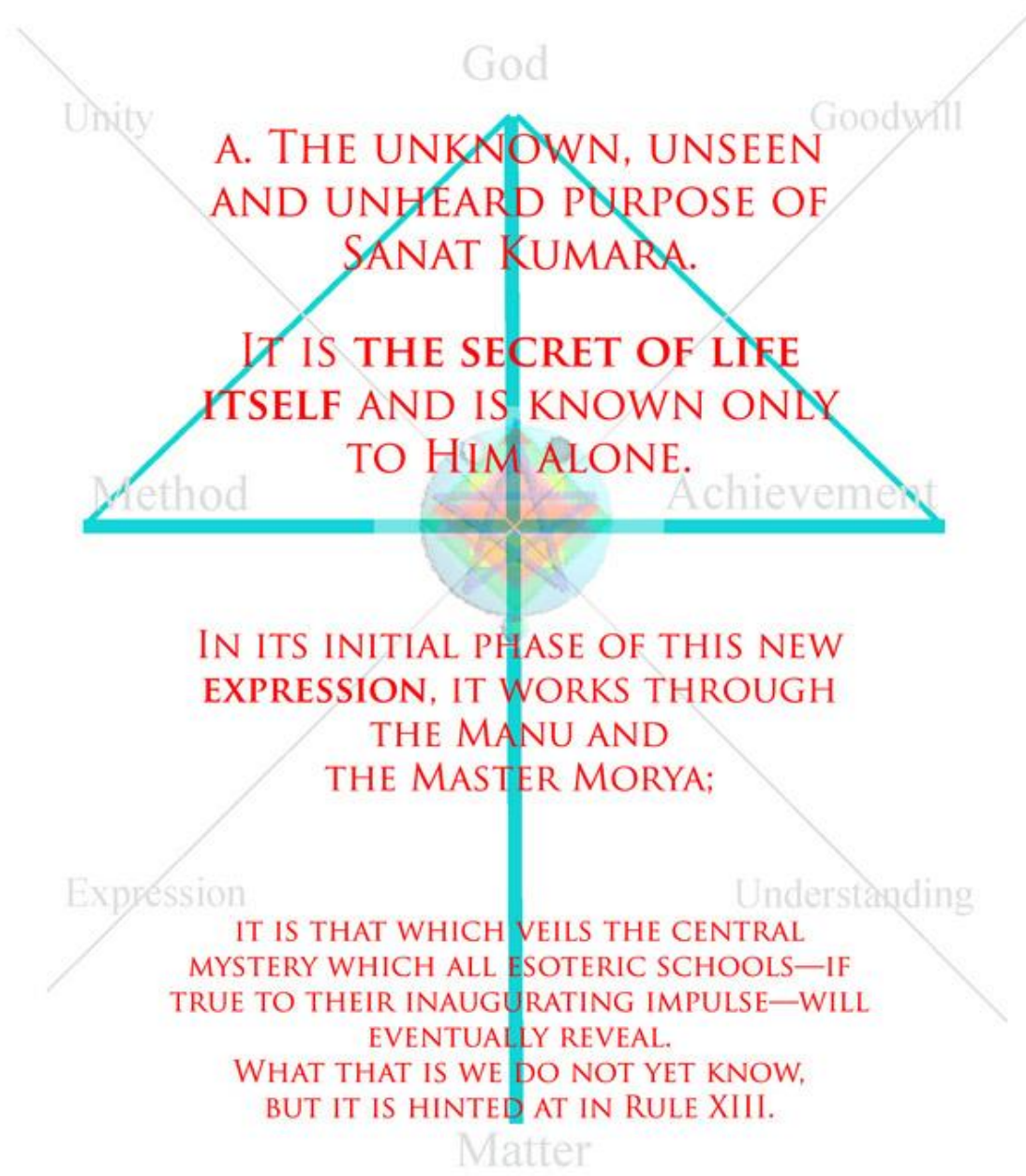
BOTH THE VERTICAL AND THE HORIZONTAL ACTIVITIES ARE DESCRIPTIVE OF THE METHOD OF INVOCATION AND OF EVOCATION, AS EMPLOYED BY ALL THE LINKING GROUPS BETWEEN THE VARIOUS PLANETARY CENTRES

REFERENCE CHART (PAGE 214) DINA II, P. 222

Matter







God

Unity

Goodwill

A. THE UNKNOWN, UNSEEN  
AND UNHEARD PURPOSE OF  
SANAT KUMARA.

IT IS THE SECRET OF LIFE  
ITSELF AND IS KNOWN ONLY  
TO HIM ALONE.

Method

Achievement

IN ITS INITIAL PHASE OF THIS NEW  
EXPRESSION, IT WORKS THROUGH  
THE MANU AND  
THE MASTER MORYA;

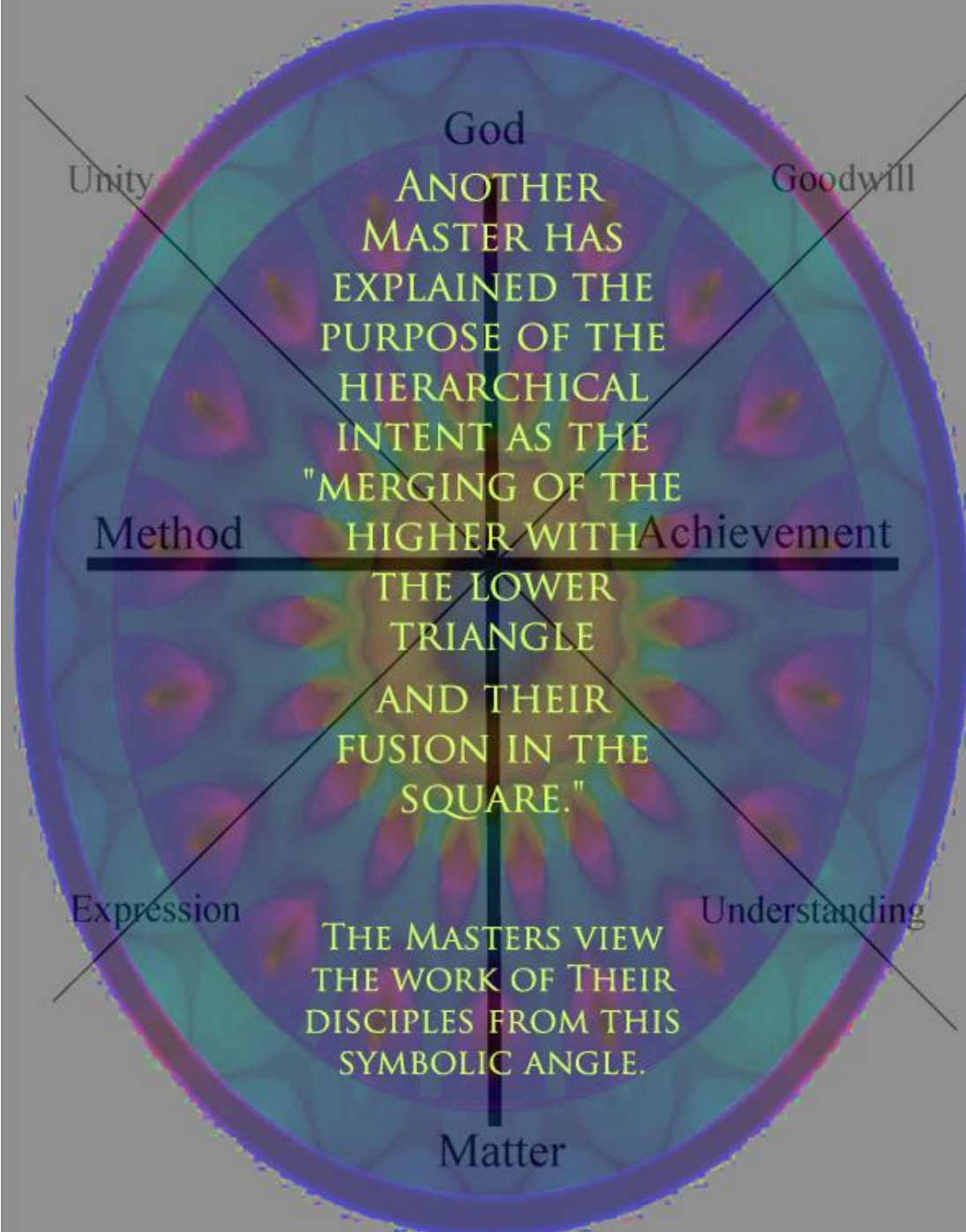
Expression

Understanding

IT IS THAT WHICH VEILS THE CENTRAL  
MYSTERY WHICH ALL ESOTERIC SCHOOLS—IF  
TRUE TO THEIR INAUGURATING IMPULSE—WILL  
EVENTUALLY REVEAL.

WHAT THAT IS WE DO NOT YET KNOW,  
BUT IT IS HINTED AT IN RULE XIII.

Matter



God

Unity

Goodwill

ANOTHER  
MASTER HAS  
EXPLAINED THE  
PURPOSE OF THE  
HIERARCHICAL  
INTENT AS THE  
"MERGING OF THE  
HIGHER WITH

Method

Achievement

THE LOWER  
TRIANGLE

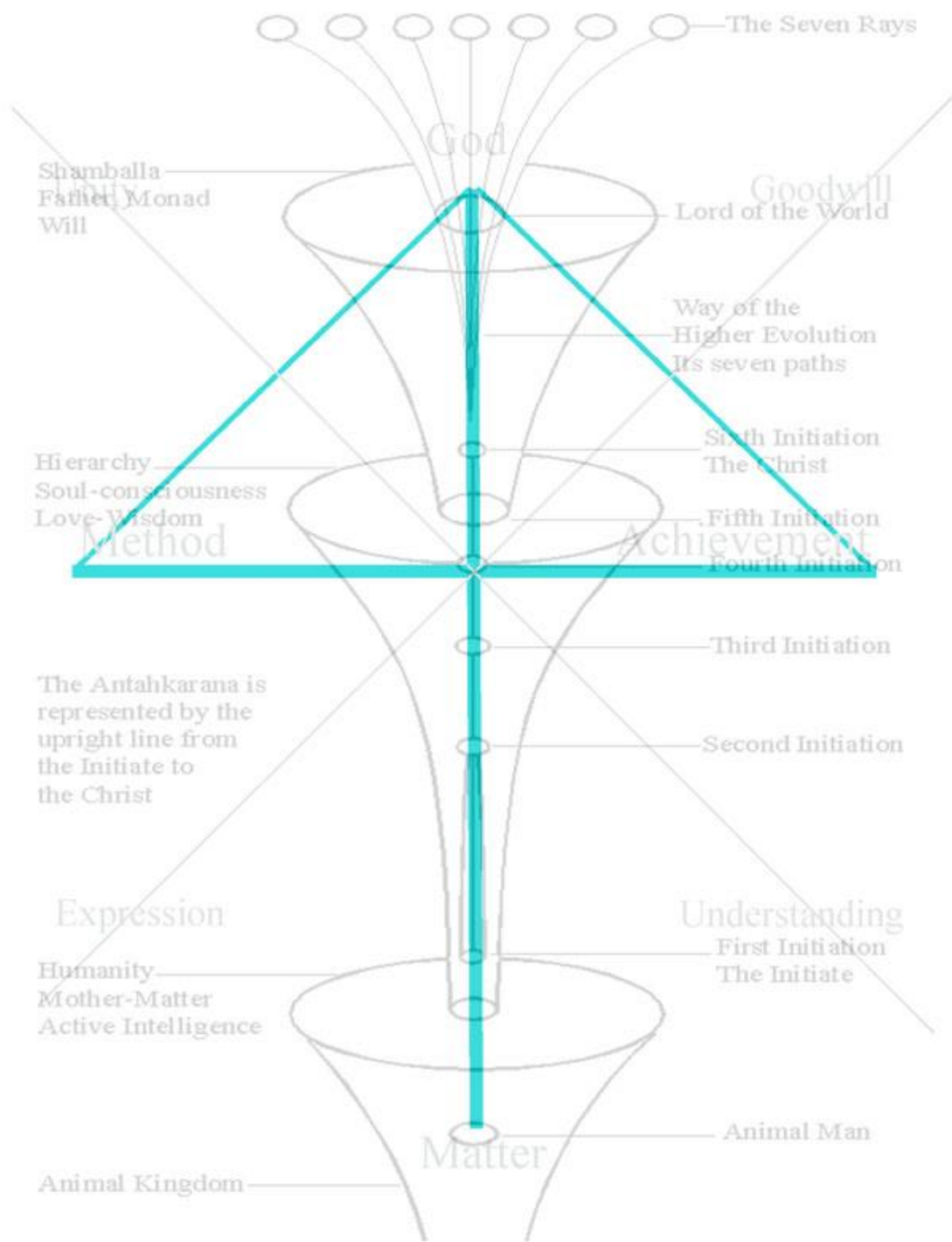
AND THEIR  
FUSION IN THE  
SQUARE."

Expression

Understanding

THE MASTERS VIEW  
THE WORK OF THEIR  
DISCIPLES FROM THIS  
SYMBOLIC ANGLE.

Matter



God

Unity

Goodwill

**THE SECRET OF LIFE  
LIES HIDDEN  
IN THE SERPENT STAGE,**

**—NOT THE LIFE OF THE SPIRIT,  
BUT THE LIFE OF THE SOUL,  
AND THIS WILL BE REVEALED  
AS THE "SERPENT OF THE ASTRAL LIGHT"  
IS TRULY APPROACHED, AND DULY STUDIED.**

**ONE OF THE FOUR LIPIKA LORDS,  
WHO STAND NEAREST TO  
OUR PLANETARY LOGOS, IS  
CALLED "THE LIVING SERPENT,"  
AND HIS EMBLEM IS A SERPENT  
OF BLUE WITH ONE EYE,  
IN THE FORM OF A RUBY,  
IN ITS HEAD.**

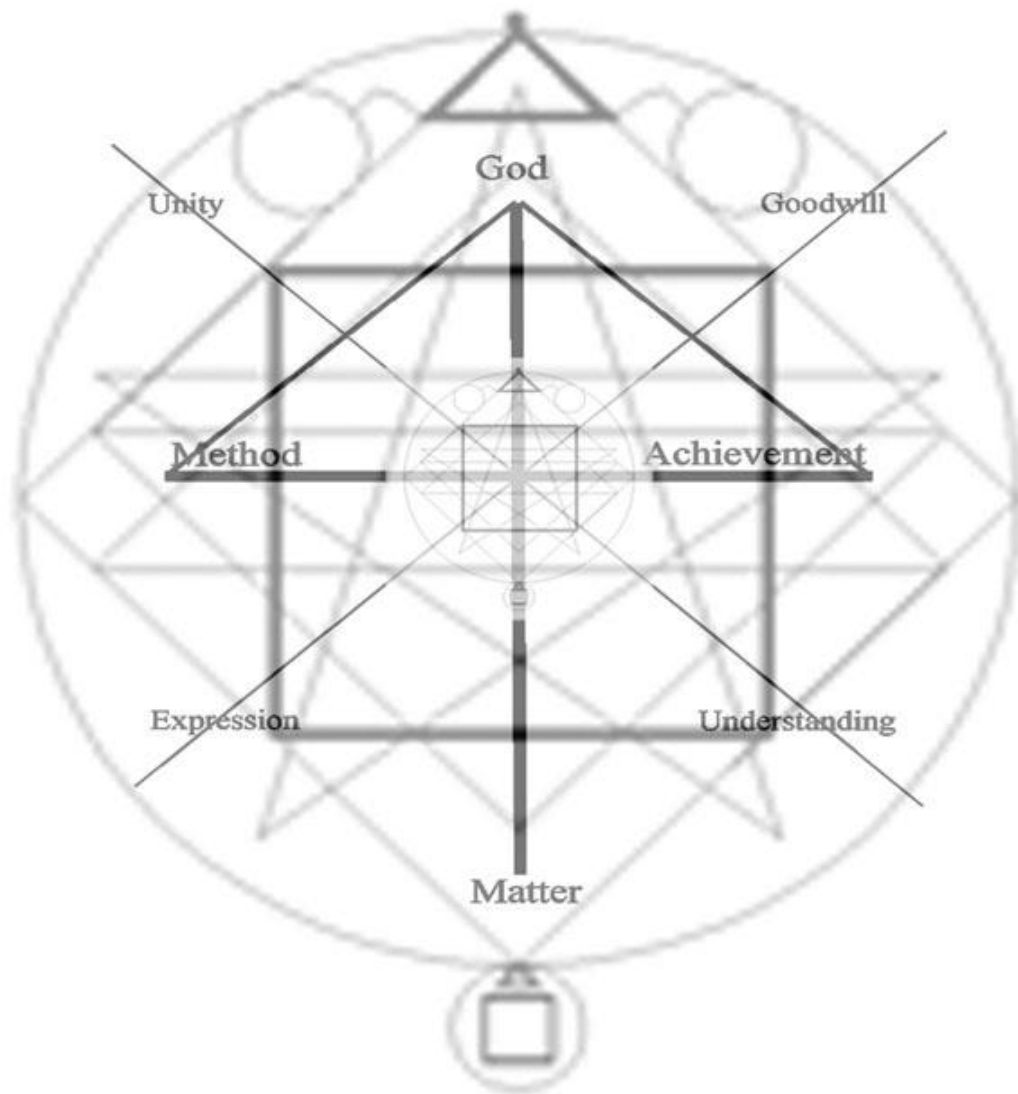
Expression

Understanding

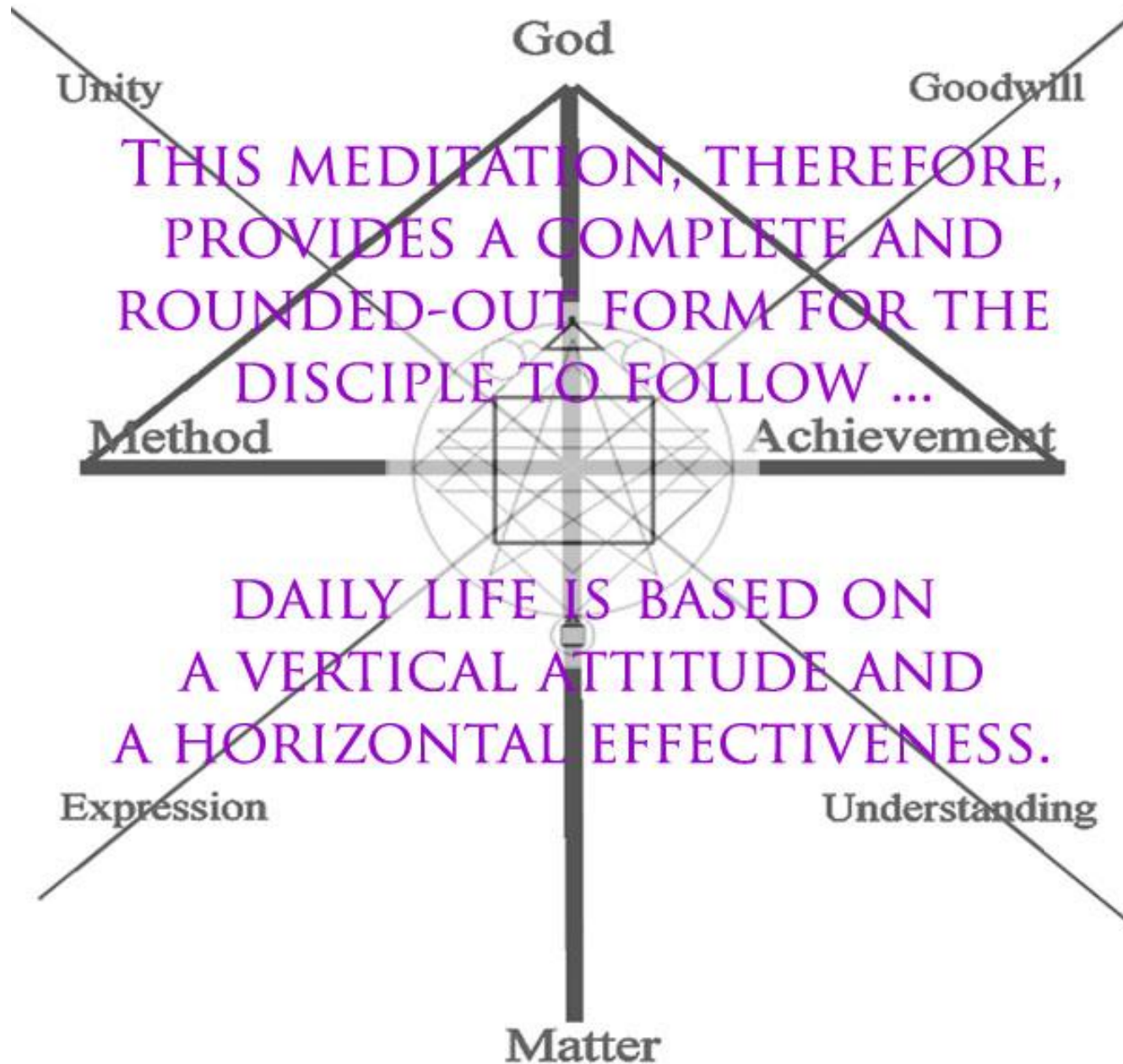
**STUDENTS WHO CARE TO CARRY THE SYMBOLGY A LITTLE FURTHER  
CAN CONNECT THIS IDEA WITH THE "EYE OF SHIVA"  
WHICH SEES AND KNOWS ALL, AND RECORDS ALL,  
AS DOES THE HUMAN EYE IN LESSER DEGREE;  
ALL IS PHOTOGRAPHED UPON THE ASTRAL LIGHT,  
AS THE HUMAN EYE  
RECEIVES IMPRESSIONS  
UPON THE RETINA.**

Matter





# MEDITATION SEVEN





## Overview of Meditation Program

At this point, we should have some sense of the scope of this work and its cosmic and personal applications. When the final meditation is seen at the beginning of work, the student will be able to know synthesis and work clearly towards the goal, knowing what he is doing and why.

The goal of DK Meditation program is to bring an individual into his Soul consciousness, as the next immediate stage. The results of this are mental polarization and the ability to become an effective worker. The intentions are specific and pragmatic; the results are shown in increasing clarity, calmness, an ability to focus and handle daily affairs, and an avid interest in a field of service. This program should result in joy. The Synthetic Seventh meditation, symbolically, bursts forth as an expression of powerful love in intelligent action.

Prerequisite to this stage is the ability to sustain mental polarization long enough for stable concentration. These are unavoidable requirements and if not in place then future work cannot be effective in the way intended. If this is difficult, then the student should stay with recommended concentration and visualization exercises for as long as needed, coupled with rigorous study of abstract concepts, and a mature handling of a responsible mundane life.

# Senses and Centers

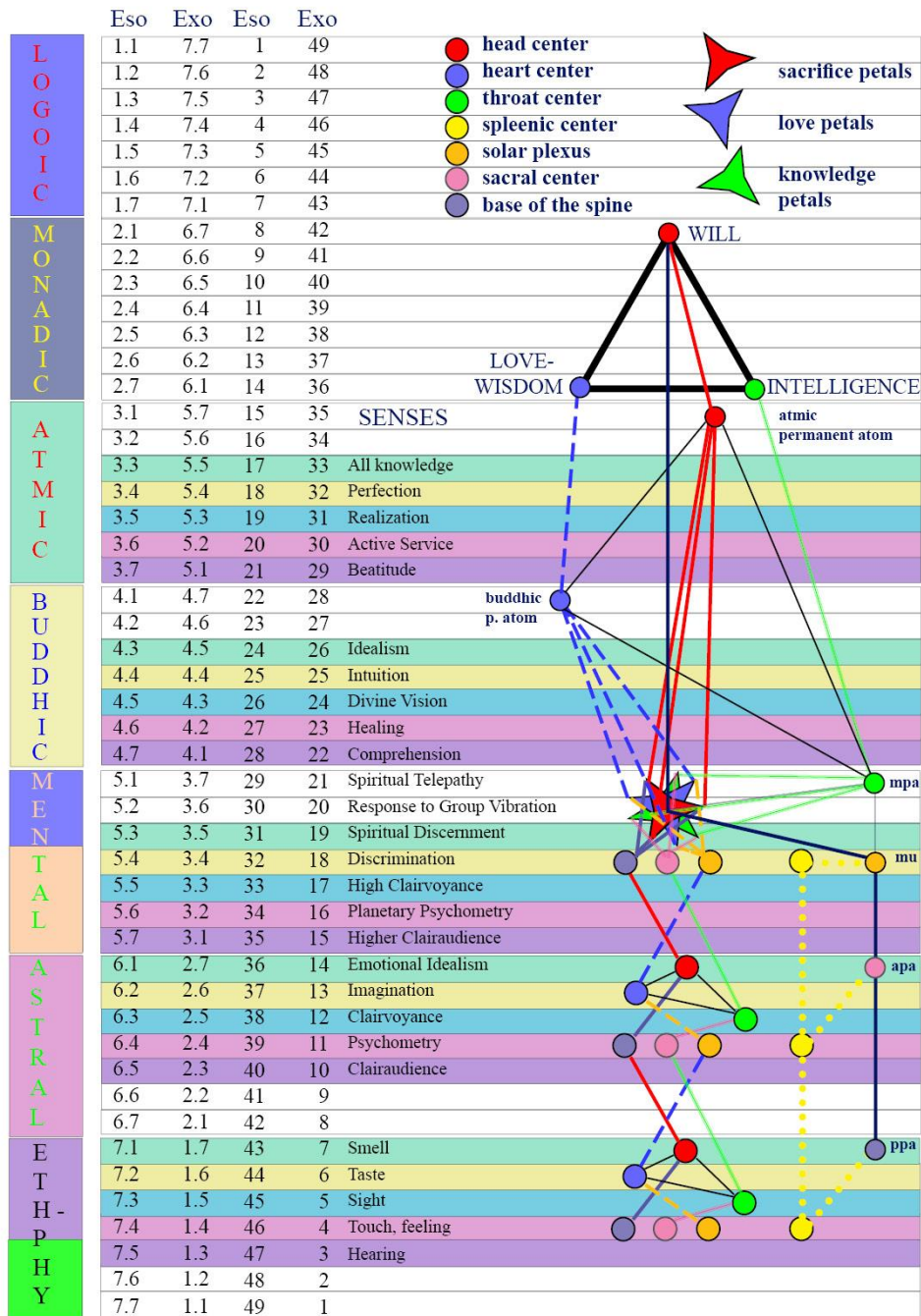
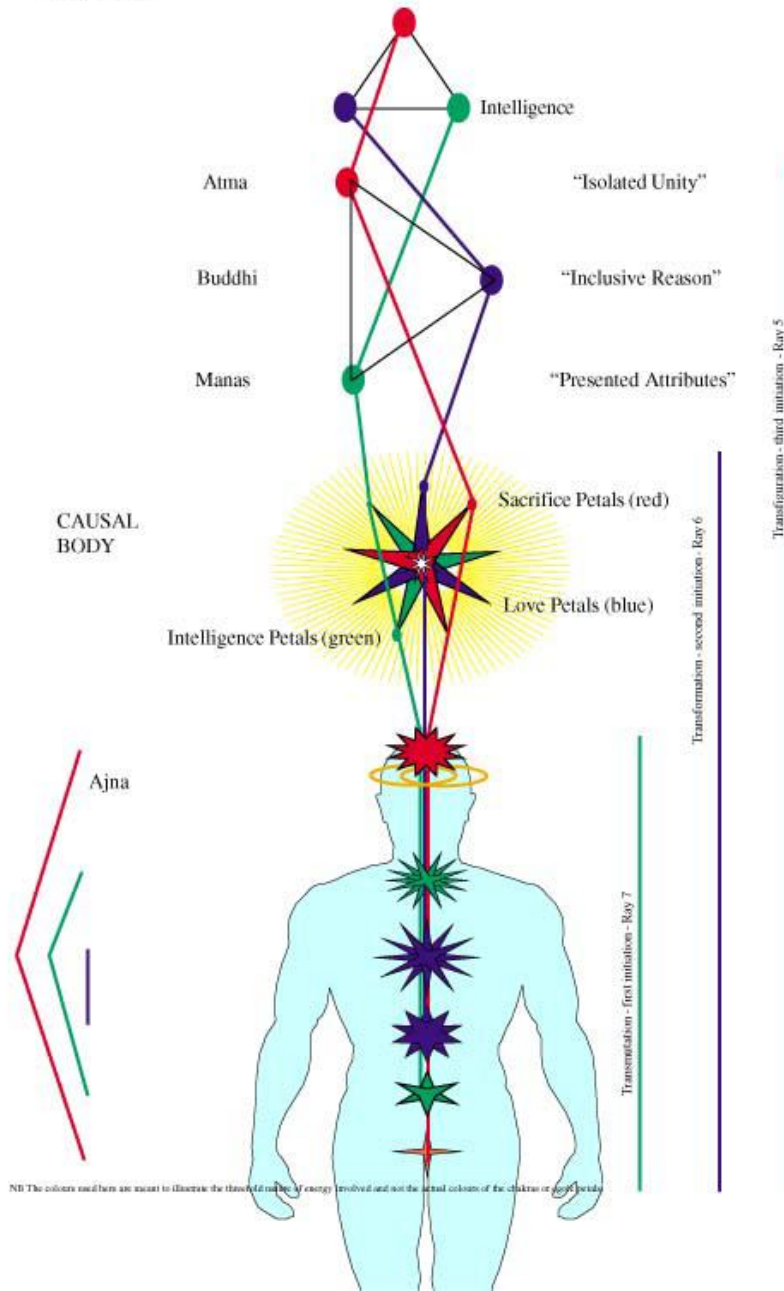


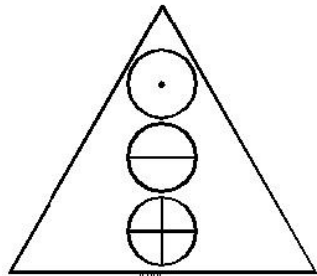
FIGURE M1



ND The colors used here are meant to illustrate the flow of energy involved and not the actual colors of the chakras or petals.

LOGOS OF A SOLAR SYSTEM

EVOLUTION OF MATTER

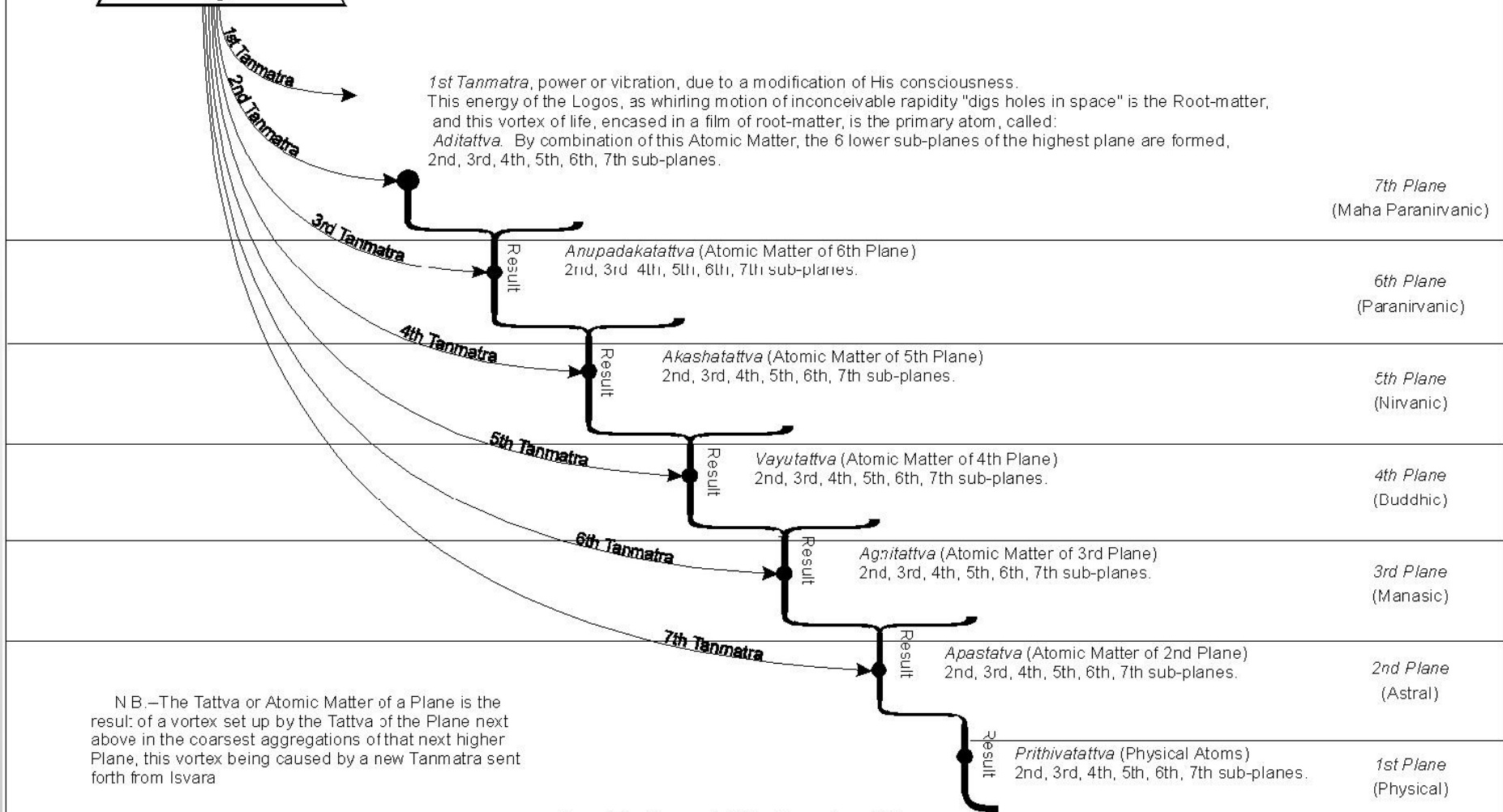


1st Logos: 2 Poles of Spirit-Matter, *inseparate*, undifferentiated.

2nd Logos: *Separation* into Spirit and Matter.

3rd Logos: Imparts the 3 *gunas* (attributes) to Root-matter = { Tamas - Stability  
Rajas - Activity  
Satva - Harmony

Isvara, the Logos, next sends forth the:



# STANZAS FOR DISCIPLES: THE PATH

SEEK NOT, O TWICE-BLESSED ONE, TO ATTAIN THE SPIRITUAL ESSENCE BEFORE  
THE MIND ABSORBS. NOT THUS IS WISDOM SOUGHT. ONLY HE WHO HAS THE MIND IN LEASH, AND SEES THE WORLD AS IN A MIRROR  
CAN BE SAFELY TRUSTED WITH THE INNER SENSE. ONLY HE WHO KNOWS THE  
FIVE SENSES TO BE BUT ILLUSION, AND THAT NAUGHT REMAINS SAVE THE TWO  
AHEAD, CAN BE ADMITTED INTO THE SECRET OF THE CRUCIFORM TRANSPOSED

THE PATH THAT IS TRODDEN BY THE SERVER IS THE PATH OF FIRE  
THAT PASSES THROUGH HIS HEART AND LEADS TO THE HEAD.



# Centers used by the 10 Seed Group

shown on 7 planes, in constitutional relationship (plus Ajna)

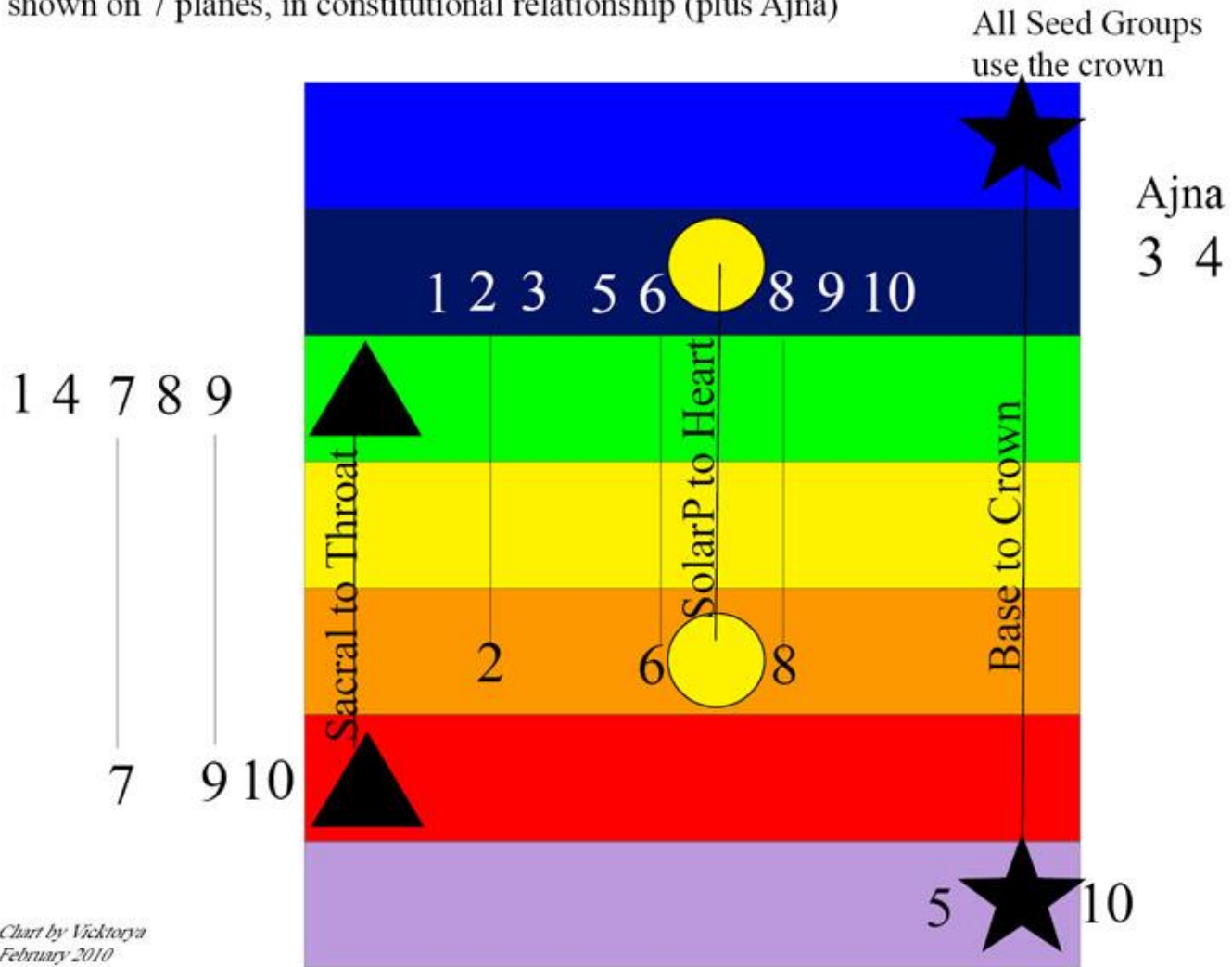


Chart by Victorya  
February 2010