

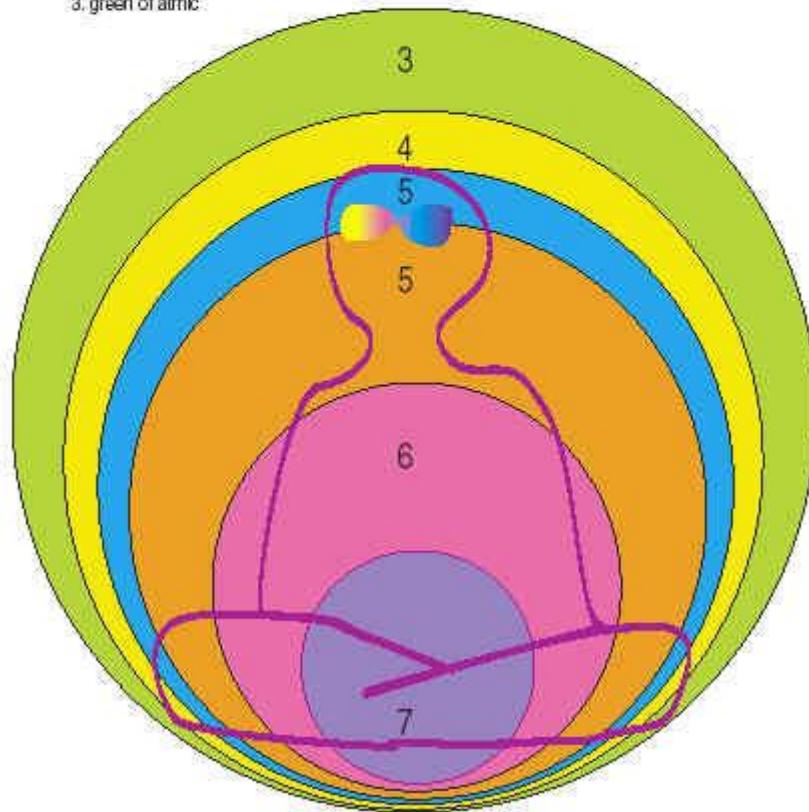
Colour Transmutation Meditation
Triad to Personality
Stage I

Focus in ajna centre: simply notice average resting or beginning state:

- 7. violet at base, conditioning etheric body
- 6. rose at 'heart', (solar plexus) conditioning the emotions, sentimental attachment
- 5. orange in the lower or concrete mind, synthesizing the personality with the will of fire by friction

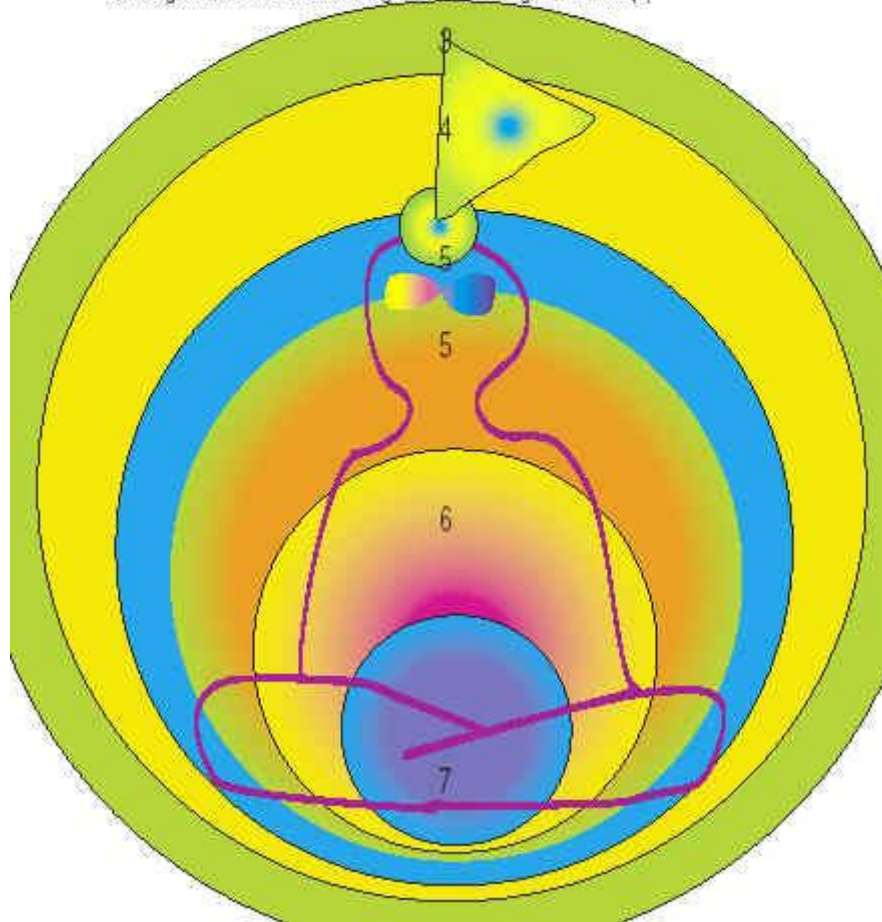
Triadal realm not yet or infrequently accessed:

- 5. blue of higher mental (mental is dual, both 5th plane)
- 4. yellow of buddhi
- 3. green of atmic



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Stage II
Transmuting via Advanced or Invoking State

From personality integrated at ajna, align with causal body and transfer consciousness there. Invoke Triadal Presence. Then let Soul direct the process, in whichever order or simultaneously, so that the following is effected. For example,
7. violet base, being infused by blue of higher mind (5)
6. rose at heart, being infused by yellow of heart or buddhi (4)
5. orange in the concrete mind being infused with the green of alma (3)



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Stage III
Goal and Final Stage

Colours of triadal realm transmuted into the personality so that it is becoming infused with the triadal colours (or those 'qualities of consciousness'):
Green of Alma infuses the mind (or the mind 'expands' to alma)
Yellow of Buddhi infuses the astral (or astral expands to buddhi)
Blue of higher mind conditions the etheric

