**Abstract**

**Content for ATOWM Series II, Rules of Magic for the Astral Plane, Video Commentary, Program Thirty, 10.14 continuing Rule X, RIGHT USE OF ENERGY, 1:03 hr; pages 319-322.**

[Program 30: A Treatise on White Magic – Rules of Magic for the Astral Plane – Rule X 10.14](http://makara.us/04mdr/webinars/white-magic-2/2018-08-22-Program-30-A-Treatise-On-White-Magic-Video-Commentaries-Rules-for-Magic-for-the-Astral-Plane-Rule-X-10.14.wmv) 277 MB .wmv file  
Video by Michael D. Robbins. 22Aug2018 / 1:03 hr.

[Program 30: A Treatise on White Magic – Rules of Magic for the Astral Plane – Rule X 10.14](http://makara.us/04mdr/webinars/white-magic-2/2018-08-22-Program-30-A-Treatise-On-White-Magic-Video-Commentaries-Rules-for-Magic-for-the-Astral-Plane-Rule-X-10.14.mp3) 59 MB .mp3 file  
Audio by Michael D. Robbins. 22 Aug2018 / 1:03 hr.

**Transcript**

Well, hello everybody.

We're beginning here with program number 30 in the rules for magic on the astral plane. Now this is rule 10, that mammoth rule, and were on page 319.

We've been talking about:

***The practice of harmlessness is the best and easiest way for the aspirant to work. There is then nothing in him which is inimical to any life in any form, and he therefore attracts to himself only that which is beneficent. He uses the beneficent forces thus attracted for the helping of other beings. This has to be the first step, and the discipline it entails and the constant supervision of all the activities on the three planes of human evolution and of all reactions bring the emotional body under the dominance of the illumined mind. They also bring about the understanding of one's fellow men. TWM 318-319***

***The practice of harmlessness***and how much it demands from us if we would truly do it correctly and how it ***is the best and easiest way for the aspirant to work.***

***There is then nothing in him which is inimical to any life in any form, and he therefore attracts to himself only that which is beneficent. He uses the beneficent forces thus attracted for the helping of other beings.***

***This has to be the first step, and the discipline it entails and the constant supervision of all the activities on the three planes of human evolution and of all reactions bring the emotional body under the dominance of the illumined mind. They also bring about the understanding of one's fellow men.***

This is an amazing discipline just a little review here that it entails the constant supervision of all the activities on the three planes of human evolution and of all reactions in the emotional body and brings all these reactions under the dominance of the illumined mind.

So it's much better than shell building it's much better than repulsion or repulsive radiation through mantra although I suppose those have their places especially the latter has its place.

So we're inching along here doing the best we can yes and we've got 14 programs on rule 10 so far, so, I'll just sort of quietly go along musing as best I can and hopefully from some of these thoughts there will be value to you.

***There is secondly, a later stage wherein the disciple learns to absorb and transmute the wrong vibrations and the energies which are destructive. He has no shells nor barriers. He does not insulate himself nor isolate himself from his brothers. Through harmlessness he has learnt to neutralise all evil emanations. Now he acts with a positiveness of a new kind. Definitely and with full awareness of what he is doing, he gathers into himself all the evil emanations (destructive energies, and wrong forces) and he breaks them up into their component parts and returns them whence they came, neutralised, impotent and harmless, yet intact in nature. You say that this is a hard teaching and conveys but little to the average aspirant? Such is ever the way in esoteric teaching, but those who know will understand and for them I speak.***

***Another method is still more advanced and is utilised by the initiate. Through a knowledge of the law and of certain Words of Power he can command the energies to reverse themselves and to return to their originating centre. But with this method we have nothing to do. There must as yet be much practice in harmlessness and a close watch kept upon its application in the daily life. TWM 319***

***There is secondly, a later stage wherein the disciple learns to absorb and transmute the wrong vibrations and the energies which are destructive.*** I think Alice Bailey did a lot of this, and it is a way that may be one that second-ray types tend to work with, they take into themselves often at much sacrifice, the negative vibrations.

***He has no shells nor barriers.*** That is the problem, the untouchability of those who make great ramparts around themselves, especially the first and fifth-ray types, as He talks about this psychopathology of isolation, insulation, He has no shells no barriers.

***He does not insulate himself nor isolate himself from his brothers. Through harmlessness he has learnt to neutralise all evil emanations.*** So important, isn't it?

***Now he acts with a positiveness of a new kind. Definitely and with full awareness of what he is doing, he gathers into himself all the evil emanations (destructive energies, and wrong forces) and he breaks them up into their component parts and returns them whence they came, neutralised, impotent and harmless, yet intact in nature.***

0:04:15

Well I think this takes some skill. Because we do know how some healers attempt this and end up making themselves sick. They take *in* the disease of others, but they don't know how to neutralize.

***Now he acts with a positiveness of a new kind. Definitely and with full awareness of what he is doing, he gathers into himself*** this is such a Christ-like response, you know, to take upon you in a way of the sins of the world. Not for vicarious atonement, but something that definitely helps the atmosphere in which the human being is seeking to evolve. ***Definitely and with full awareness of what he is doing, he gathers into himself*** ***all the evil emanations. (destructive energies, and wrong forces)*** I wouldn't recommend this immediately unless one has some practice in smaller ways, unless you feel that you've practiced this before and you can do this, there has to be safeguards and I suppose the harmlessness and love are the great safeguards here.  ***and he breaks them up into their component parts and returns them whence they came*** to the reservoir of material which was drawn upon in order to make for harmful vibrations.

It's the form, not the constituents themselves.

The matter, if reasonably transmutted, can be made into a beautiful form. Let's just say untranslated material can be made into negative forms forms have to do with relationship and with the geometry which is imposed upon matter and He breaks them up into their component parts, and returns them whence they came***, neutralised, impotent and harmless, yet intact*** and can be used again I suppose.

***You say that this is a hard teaching and conveys but little to the average aspirant? Such is ever the way in esoteric teaching, but those who know will understand and for them I speak.*** I think there are people in whose presence negative vibrations are neutralized. And as a result one fields the expiation the lifting way what word can I use the neutralization of the negativity.

So that negative vibrations do lift and one feels altogether better in the presence of such people.

***Another method is still more advanced and is utilised by the initiate. Through a knowledge of the law and of certain Words of Power he can command the energies to reverse themselves and to return to their originating centre.*** I think one has to be very careful about this, because sometimes these negativities can be generated by people who have no real ill-will, but who almost by accident and through ignorance generate these negativities and of course sent back and can have quite an impact.

***But with this method we have nothing to do.*** I suppose if there was a sort of a wizards war going on here it would be useful sometimes people are under attack from truly malevolent forces and then the initiates knowledge of the law and certain words of power can return the missile whence it came but at the moment anyway with this method we have nothing to do.

***There must as yet be much practice in harmlessness and a close watch kept upon its application in the daily life.*** Sounds so innocuous, but, though this sounds innocuous and perhaps futile, it must be practiced until its value is proven.

Sometimes there are factors in occultism which are so easy apparently to understand and so difficult to do, we tend to discount them. If we were given something complicated and mystique here sometimes says well a new breathing exercise perhaps we would do it. With great hope. But certain simple things like being kind being truly harmless and even sacrificially taking upon oneself certain negative energies I mean you can it's your idea even before the Christ over Shiva drinking the poison of the world and He has the blue throat.

I'm thinking about Ramana Maharshi and the kind of sacrifice that he may have been involved in when his students begged him to to let them share in the cancer, and I think it was a lot about throat cancer which claimed his life eventually (or his appearance) he said, ‘where do you think I got it from?’

So by some act of generous sacrifice He had taken on some of their their condition and He was like a living Shiva than with the blue throat because He had taken on the poison. The same thing is true of Milarepa He took on someone tried to poison him I think he lived through it and the person ingenuously offered to take it from him but I think He allowed the slightest bit of sharing and the person was in agony and so withdrew it.

There are so many subtle things that have to do with the production of disease in the outer form for dire conditions in the outer form, and they come from internal states over which the spiritual occultists is going to have some control.

I think the members of the Black Lodge know quite a bit but their motive is much different, the motive is individualistic. In some ways they're like a cancer on the whole system. How it is that the cancer does not correlate with the higher purpose of the organism and fact works for its own ends simply to grow parasitically and living upon the organism in which it has found its place?

That's pretty much like the Black Lodge we have to be aligned with purpose and executing with all of our ability – plan. And then the possibility of us becoming some kind of renegade***,*** individualistic, disrupting cancer, will not exist. [This is a propigated belief in 2018, further, since the 2016 US presidential election; as if it were an infection or virus that spread from one to another. Corona Virus becomes US political football around March 2020. See the astrology of this period to review some of the energies at play. The problem of Jupiter and Saturn in Capricorn becomes clear, as it makes a darkness seem light and it is very influential upon the masses. The small ‘bucket’ pattern w/ Mars and Uranus (holding the outer ends of the sub-trine bundle) triggers off a storm that will blow througout the year.]

***You say that this is a hard teaching and conveys but little to the average aspirant? Such is ever the way in esoteric teaching, but those who know will understand and for them I speak.***

***Another method is still more advanced and is utilised by the initiate. Through a knowledge of the law and of certain Words of Power he can command the energies to reverse themselves and to return to their originating centre. But with this method we have nothing to do. There must as yet be much practice in harmlessness and a close watch kept upon its application in the daily life.***

***The right direction of astral energy can be summed up in its three aspects from the ancient Book of Rules, given to chelas of the entering degrees. All true esoteric******schools begin with the control of the astral body and, the chela had to memorise and practice these three rules after he had made some real growth in the manifestation of harmlessness. TWM 319-320***

0:13:20

***The right direction of astral energy can be summed up in its three aspects from the ancient Book of Rules, given to chelas of the entering degrees.*** I suppose these are the probationary initiations. I always want to ask, ‘how ancient?’ I've always, from the time I was a kid, asked my parents and relatives, ‘how old is that? How old?’ The older the better; I was always interested in how ancient a thing may be.

So here I am, interested as well.

Maybe, how many millions of years old is this, ancient *Book of Rules*?

***All true esoteric schools begin with the control of the astral body and, the chela had to memorise and practice these three rules after he had made some real growth in the manifestation of harmlessness.***

So many important things here, so much sound advice … first harmlessness … and then these rules from the ancient *Book of Rules.*

I remember receiving the book and being very impressed by it. This is four years ago or more when I first became a secretary in the Arcane School. And I thought *well this is how I have to relate to the students that I'm working with and attempting to assist.* This was in the days of typewriters and correcting fluid, that white stuff that you put on your typing mistakes and you let it dry, and then typed over and hoped that it could penetrate without the goo. When I first heard that you could use a computer on certain kinds of programs and just correct right there, electronically, on the spot. I was overwhelmed with anticipation, as I thought *my goodness this is going to save so much time.* In those days if you had ten students or 15 students and you had to write letters with carbons and, well, it's a very time-consuming activity.

So things are indeed speeding up because of the electronic possibilities.

Anyway these are so beautiful and they do speak for themselves:

***Rule I. Enter thy brother's heart and see his woe. Then speak. Let the words spoken convey to him the potent force he needs to loose his chains. Yet loose them not thyself. Thine is the work to speak with understanding. The force received by him will aid him in his work.***

***Rule II. Enter thy brother's mind and read his thoughts, but only when thy thoughts are pure. Then think. Let the thoughts thus created enter thy brother's mind and blend with his. Yet keep detached thyself, for none have the right to sway a brother's mind. The only right there is, will make him say: "He loves. He standeth by. He knows. He thinks with me and I am strong to do the right." Learn thus to speak. Learn thus to think.***

***Rule III. Blend with thy brother's soul and know him as he is. Only upon the plane of soul can this be done. Elsewhere the blending feeds the fuel of his lower life. Then focus on the plan. Thus will he see the part that he and you and all men play. Thus will he enter into life and know the work accomplished.***

***TWM 320***

***Rule I. Enter into thy brother’s heart –*** I suppose his psychic nature, not His soul but sometimes the heart is the soul, but here that part of his psyche which is sensitive until that ***brother's heart and see his woe. Then speak. Let the words spoken convey to him the potent force he needs to loose his chains.*** Good advise for every parent. ***Yet loose them not thyself.*** To speak with understanding; we're invoking the Piscean energy here, the force revealed by him received by him will aid him in His work. So there is a solicitous ttachment but a very real sensitivity, ***enter that brother's heart and see his woe.*** Woe.Iwonder. Well, Master DK says *every hearts hides its bitterness*.

I will remember that, no matter how happy a person may seem, I remember those words: *every heart hides its bitterness enter thy brother's heart and see His wool then speak let the words spoken convey to him* The potent force He needs to loose His chains as it does take force to break the hold of the vice … it does take the right kind of force to break the chains. Yet, as Master Morya says, *to give all is to put on chains and if you give too much it produces weaklings.* He says so. I haven't forgotten that either the second-ray types, that want to give all, shelves are all helped with everything, but you don't want to produce an incapable person.

I've heard the little kids say, ‘no, me do it. Me do it.’ Something, and then protests against the parent always being there ready to tie a shoelace, or help with a shirt or whatever. ‘No, me do it.’ Yet loose them not thyself, because the power to be liberated must arise from within the individual himself. But the power of speech; it's a tremendous power. And the second ray type has this not just, in the sense of intellectual speech, but the kind of empowering speech, better that stimulates the wisdom on the capacity in another.

***Thine is the work to speak with understanding. The force received by him will aid him in his work.*** well I don't think it makes any difference who we're dealing with. I mean, you can be a secretary in the Arcane School, or a mentor and in various groups like the Morya Federation, and so forth. But these are key factors in our relationship and it keeps us away from personality attachment, which really is not gonna help. We have to stimulate the soul in others and the strength of that stimulated soul will bring them the liberation that they need.

Maybe we've been spoken to in this way. I mean, I'm always marveling. I think the greatest example of how to deal with an aspirant or disciple was someone on their way up, the way Master DK writes His letters they are so excellent, and you just see him working precisely with regard to these rules.

… we do have to memorize these things. Right, some things we just have to learn by heart. If we don't, they just are not as much a part of us as they otherwise could be. But of course, whatever you memorize, act upon it as much as possible. Otherwise, it just clutters the mind, and eventually school of hard knocks fades away. You just have to remember it. perhaps more rapidly than before, but still it just sits there unless you apply it.

0:23:50

***Rule II. Enter thy brother's mind and read his thoughts, but only when thy thoughts are pure. Then think. Let the thoughts thus created enter thy brother's mind and blend with his. Yet keep detached thyself, for none have the right to sway a brother's mind. The only right there is, will make him say: "He loves. He standeth by. He knows. He thinks with me and I am strong to do the right." Learn thus to speak. Learn thus to think.***

***Rule II. Enter thy brother's mind and read his thoughts, but only when thy thoughts are pure.*** What would happen otherwise? Otherwise, you could contaminate thy brother's thought life.

***Then think. Let the thoughts thus created enter thy brother's mind and blend with his.*** Because his thoughts are important, you're not the dictator. Important. You are not dictating to him.

It may, I mean dictators have a certain amount of satisfaction and having people follow exactly what they say gives them that sense of permanence or invincibility, authority and so forth, with no seeking to merge. But just like the solar angel does – really, think of it. We have our own thoughts, we are extensions of the monad, which we are. We are also thinking on the higher planes but the solar angel in its projection, as I think the angel of the presence as much of the solar angels we can get into a causal body anyway can't get the whole thing blends with our own thoughts monadic angel, inspired the solar angel is not dictating to us.

That's what we have to understand. Maybe there is a place at certain times for dictators, maybe on the battlefield you do exactly what your general says, exactly, and do not pause to question if he is right or wrong. … [This may be more topical to current affairs and not so much in context of *A Treatise on White Magic*?]

But usually the second ray method is non-coercive, and that we're talking psychology here, and the second ray is emitting the fourth rays of the great psychologists.

***Yet keep detached thyself, for none have the right to sway a brother's mind.*** This must not be dictatorship. ***The only right there is, will make him say:***  ‘Boy, the satisfaction of having someone follow exactly what you say.

Because there are people like that. [sniff] They gain great satisfaction when people carry out their orders. Whether the orders are good or bad, hmm?

***Enter thy brother's mind and read his thoughts, but only when thy thoughts are pure. Then think. Let the thoughts thus created enter thy brother's mind and blend with his. Yet keep detached thyself, for none have the right to sway a brother's mind.*** Then you're operating from the outside in like the Black Lodge does. It coerces the the changes have to occur from our own center not exteriorly compelled.

The only right there is will make him say: ***"He loves. He standeth by. He knows. He thinks with me and I am strong to do the right."*** Well, isn't that how the disciples would understand Master DK’s ministrations, His attention, His guidance. How they would understand that ***"He loves. He standeth by. He knows. He thinks with me and I am strong to do the right.*** So this is all part of harmlessness too? Isn't it?

***Learn thus to speak. Learn thus to think.*** If we were to carry these rules, even into everyday life. Some of us are mentors or we have a specifically spiritual function. And then we say, ‘Well, now let's apply these rules from the ancient *Book of Rules.* But what about everyday life? Maybe in everyday life. Where those we are talking to or not necessarily going to be students of spirituality and so forth. This still can be extremely useful now here there is a difference you're entering.

Let’s just say this is blending. So, let's just say that blending is different from injury. *Blend with I brother soul and know him as He* is.

This is really spiritual discernment. What's behind the obvious? What's behind the personality? Can I discern the soul can I somehow use that fluid we call consciousness and blend with eye brother soul. This is a fine art, and very subtle I think.

***Rule III. Blend with thy brother's soul and know him as he is. Only upon the plane of soul can this be done. Elsewhere the blending feeds the fuel of his lower life. Then focus on the plan. Thus will he see the part that he and you and all men play. Thus will he enter into life and know the work accomplished.***

***Rule III. Blend with thy brother's soul and know him as he is. Only upon the plane of soul can this be done.*** Let's say the higher metal plane, elsewhere the blending feeds the fuel of His lower life …

***Elsewhere the blending feeds the fuel of his lower life. Then focus on the plan.***

***Thus will he see the part that he and you and all men play. Thus will he enter into life and know the work accomplished.***

To these three rules, these three energies, and note He calls them energies in this case, He does not call them forces. of **speech of thought and a purpose** when wielded *only enter and do not blend elsewhere then focus on the plan thus will He see the part that He and you and all men play and that vision will be very strengthening restorative.* The great vision will bring restorative health. *Thus will He see the part that He and you and all men play thus will He enter into life and know the work accomplished.*

I did memorize these in the old days and I probably can reconstruct them pretty fast and I recommend, of course the third ray, the Lord of Memory, and I have a lot of it. But still, learning things by heart, you can do much more with them than if you're always tethered to the original text. So use the old method too, and carry with you for the sake of application, some of these ancient rules and dictums which are so very valuable.

***A note, appended to these three rules says:***

***"These three energies—of speech, of thought, and of purpose—when wielded with understanding by the chela and blended with the awakening forces of his brother whom he seeks to aid, are the three energies with which all adepts work."***

***It is almost impossible to translate these ancient formulas into adequate terms, but the above rough paraphrase will convey the idea to the illumined; these rules sum up the few thoughts which the average aspirant needs to grasp about the right direction of energy, and for which he is ready. TWM 320-321***

0:30:40

***A note, appended to these three rules says: "These three energies*** and note with understanding by the chela, who is at least an initiate of the first degree, that ***thought*** and speech generally is,

And  ***blended with the awakening forces of His brother*** who was not perhaps He had reached the stage of the chela, ***blended with the awakening forces of his brother whom he seeks to aid, are the three energies with which all adepts work."***

well our best example is Master DK and where we are at the moment in terms of our relationship to him … ***speech thought and purpose. Enter thy brothers heart, enter thy brother's mind, merge with my brother's soul*** -- occultim is wonderful, spiritual causes, and obviously this is a knowledge of the true causes of things. After having struggled blindly through for so many millions of years on this planet, we can finally get a hold of things and really make the intelligent loving purposeful progress that we as soul inspired human beings are meant to make.

Finally, we can do this and great sacrifice of the elder teachers, and the expanse of energy on our behalf. Well may be we learn from that and may we rightly expend in the future of that kind of energy on those who need it and who are up and coming. We'll have our chance, whether we're whether we become solar angels, or are working on the second path where we're helping the astral plane become a healthy place working from the cosmic astral plane, or whether we're on the path of the planetary logos, or even to become a ray.

Perhaps there's all kinds of destinies that can lie ahead according to our nature and we will be more and more useful in the universe in ever widening spheres to be quite exciting right once we overcome this ignorance of being buried in matter and thus forced into a kind of perceptual materialism till we throw it off.

***The speech, thought, and purpose,*** well, think, you can wield these all the time; you can wield this ***speech thought and purpose.***We're always talking, we're always thinking, and well are our motives known to us, and do we act purposefully? Finally from the monad comes purposeful love from the soul which is an extension of the monad but from the monad comes purpose, within our particular planetary logos at first. Do we live the purposeful life? That is a question we have to ask ourselves.

More and more, interior examination will be needed as we fit this instrument to be more and more useful.

***It is almost impossible to translate these ancient formulas into adequate terms, but the above rough paraphrase will convey the idea to the illumined*** Are we among them? I think we are sufficiently among them. Stay with the teaching for a while, stay with it for years.

I'm remember this little bookstore, called the metaphysical bookstore in the 1960s, was run by a little old lady called Hazel. Well, with a name like that you think maybe you should have a bit of a witch. She has passed, but who knows she certainly sold these metaphysical books and I bought a lot of them and whenever I was in Chicago. I would always go down to the metaphysical bookstore; she was quite psychic and it was impossible to ignore the presence of that great shelf, the range of blue books.

I was into theosophy at the time and it was pretty much the *Secret Doctrine* and other related writings, but I did pick up a book, and I forget which one it was, and I opened it and said at *manas buddhi manas,* and I saw a triangle.

Well, that was my end. of course. I put it back at the moment and I said to myself *how can any human being write this?*

Well, later I learned that [sniff] a particular human being had a little help from Master DK, and then there came a time in my life when it was a transitional thing I was living one life and ended up with another I was traveling a long way from Fargo, North Dakota, in the middle northern part of the country all the way to Ann Arbor Michigan to see a Masonic opera called *The Magic Flute,* in which I had once sung. Badly. I was the high priest and I couldn't hit the low notes the way I should. Embarrassing. But whatever, there it was, there it was, and I went to see it.

It's a Masonic operata, wonderful opera, it's all about the tests that you go through of fire and water and other tests as you're trying to join the Brotherhood and on my way back I stopped in all I think it's all cut that's what they call it it's in Wheaton, Illinois, it's at Theosophical headquarters had to reach high for those Bailey books because the AH services don't always look kindly upon Bailey but they feel the need at least to have the books in the library.

So I brought home the kinda I saw them, I had to really stretch, and I brought them home to North Dakota a few library books and that was it that was 1971, I think, something like that. Well they might as well have fallen off the shelf and hit me on the head; it was all DK from that time, without ignoring Blavatsky of course.

I guess we all have our experiences with running into the great teaching and that was it for me. I recognized somehow the vibration, and remain committed ever since. And that's almost 50 years now I guess. So grateful for those life-changing experiences.

I had a great teacher too, before that time, who was a Masonic Rosicrucian and an old man who lived in the University of Michigan campus. He would just talk to people He had been retired and of the white hair and the gray beard and about six planets and Pisces with Leo rising and a load of first ray. So I really got lectured, but probably ultimately the wisdom ray was his soul ray and talking to him changed my life and Lee oriented me entirely or at least kept me back in touch with with the spiritual past, because I've been raised in an atmosphere which was strictly intellectual and not very spiritual, and made the mind everything, but I guess I needed that. Well we're put in places where we are to meet the circumstances we need in order to grow.

One day our circumstances will be, we will be positive to the circumstance, it's a leo Uranus thing to be positive to all circumstances eventually. It’s about what's possible for the initiate, and then we can really carry through the plan and the purpose without being overwhelmed by circumstance that Saturnian thing that gathers around you and forces or confines you.

Uranus will break those bounds, or bonds, boundaries, and bonds and make it possible for us really to carry the plan through into manifestation which what better thing is there to do? What is DK tell us we have to first of all serve the planj. Then serve those whom the plan serves, and then serve those who serve the plan. I think that's the order.

But anyway you have to serve the plan, that's number one.

So that's where our studies come in and we try to really understand what it means, what is the divine plan? What may be our practical role within that divine plan?

So we've got a rough paraphrase here, but on the other hand, it's very beautifully we might as well memorize it

***Rule III. Blend with thy brother's soul and know him as he is. Only upon the plane of soul can this be done. Elsewhere the blending feeds the fuel of his lower life. Then focus on the plan. Thus will he see the part that he and you and all men play. Thus will he enter into life and know the work accomplished.***

***Rule III. Blend with thy brother's soul and know him as he is. Only upon the plane of soul can this be done.*** And watch it. Let's watch it, otherwise we get those co-dependent relationships. So this is the third rule.

***Elsewhere the blending feeds the fuel of his lower life; Then focus on the plan. Thus will he see the part that he and you and all men play. Thus will he enter into life and know the work accomplished.***

This third one, a tremendous empowerment. Right now we're not very powerful, compared to what it's possible to be. …

These rules sum up the few thoughts which the average aspirant needs to grasp about the right direction of energy, and for which he is ready.

There's other things about the right direction of energy, but …are we the average aspirant? Well, DK tells us better act as if you're the average aspirant, otherwise you're going to create an attitude of separation and that's no good; it's a violation and it's falling into the trap of the great heresy of separateness.

0:44:15 all right onward then [sniff]

***THE PRESENT AND THE FUTURE - Part 1***

***Thus we have seen the place that the tiny sentient unit, employed by an individual human being, plays in relation to the Great Whole. We have noted the various forms which astral evolution assumes. We have also recorded some of the sources from which astral energy comes. We have found that each of us is immersed in a sea of sentient forces which have their effect upon us because—under the Law—we have appropriated for our own use a portion of that universal energy, through the medium of which we are en rapport with the whole. One of the types of astral energy upon which we did not touch emanates, we are told, from the "Heart of the Sun". I cannot, however, touch upon it at length owing to the inability of the human brain to understand it or the human heart to appropriate it until such time as the heart centre is opened and functioning. This stream of living energy can nevertheless be sensed in a large way, though not as yet appropriated in its pure essence. We call it the "love of God". It is indeed that free flowing, outgoing, magnetically attractive force which leads each pilgrim home to the Father's House. It is that force which stirs in the heart of humanity and finds expression through the medium of world avatars, through the mystical yearning found in every human being, through all movements that have for their objective the welfare of humanity, through philanthropic and educational tendencies of every kind, and (in the natural world so-called) through the instinct of protective motherhood. But it is essentially a group sentiency, and only in the coming Aquarian Age will its true nature find correct understanding and right appropriation. I touch on it here as it is one of the factors to be considered. O`nly those, however, whose "hearts are opened and lifted up unto the Lord" will know whereof I speak. TWM 321-322***

***THE PRESENT AND THE FUTURE - Part 1***

***Thus we have seen the place that the tiny sentient unit, employed by an individual human being, plays in relation to the Great Whole.*** and I think He is talking of the human astral body, or sentient body …

0:45:30

***We have noted the various forms which astral evolution assumes. We have also recorded some of the sources from which astral energy comes.*** Well a lot of these forms have been fairly negative, fear, depression, but also the desire for happiness, and the desire for expressing the animal appetites and finally the desire for liberation, and there are sources the planetary astral body and certain planets, decaying or incarnated near our particular planet, within our solar system and the other other sources the descending, Aquarian energy, is an important one, and there are a couple of other things I mentioned earlier.

***We have found that each of us is immersed in a sea of sentient forces which have their effect upon us because—under the Law—we have appropriated for our own use a portion of that universal energy, through the medium of which we are en rapport with the whole.*** So even if these astral energies are passing through we don't necessarily notice them, there's a lot of the high ones we don't notice, and if we have reached perhaps a certain degree of elevation there's certain low ones that we just deflect and we are not hooked by them nor do we respond to them; we've transcended that stage.

***One of the types of astral energy upon which we did not touch emanates, we are told, from the "Heart of the Sun".*** Now, it's a very leo kind of source; Leonean source. And is it the soul nature of the solar logos in one way, it is a subjective Sun found on the cosmic astral plane.

Maybe and all these things can be connected and is it found on the second a third of the second cosmic ether. though are we monadic plane on the cosmic physical plane, the heart of the Sun has to make its way into our system passing through our monadic or so forth, but it is in a way an analogy to our egoic lotus as a heart of the Sun.

***I cannot, however, touch upon it at length owing to the inability of the human brain to understand it or the human heart to appropriate it until such time as the heart centre is opened and functioning.*** Opened and functioning. Alright this is interesting now, Neptune is the home of the solar flames and we find at the second initiation Neptune is very active, and Leo may be involved there and we get this heart of the Sun energy which is kind of a selfless love, that begins to recondition our astral body remember the OL edits of the three fire signs the one most associated with love the one most associated with soul.

***This stream of living energy can nevertheless be sensed in a large way, though not as yet appropriated in its pure essence. We call it the "love of God".*** Well, Leo Neptune the esoteric ruler the love of God …

***It is indeed that free flowing, outgoing, magnetically attractive force which leads each pilgrim home to the Father's House.*** Well, if it leads us home we must say we are loved from above and this attracts us.

For, ***It is that force which stirs in the heart of humanity and finds expression through the medium of world avatars, through the mystical yearning found in every human being, through all movements that have for their objective the welfare of humanity, through philanthropic and educational tendencies of every kind, and (in the natural world so-called) through the instinct of protective motherhood.***

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All right, so we have here good description of the heart of the son. I'll read it again: ***It is that force which stirs in the heart of humanity and finds expression through the medium of world avatars, through the mystical yearning found in every human being, through all movements that have for their objective the welfare of humanity, through philanthropic and educational tendencies of every kind, and (in the natural world so-called) through the instinct of protective motherhood.*** Even the animals are experiencing this without knowing about it.

***But it is essentially a group sentiency*** Let us remember it's a soul energy in the way from a much higher soul much higher state of consciousness the soul is group conscious***, and only in the coming Aquarian Age will its true nature find correct understanding and right appropriation.*** Well this is the sign opposite to Leo and we can think of Leo in relation to the heart of the Sun, but Aquarius has that kind of resonance too, and the radiation of it the distribution of it far and wide will be a characteristic of that age.

***I touch on it here as it is one of the factors to be considered. Only those, however, whose "hearts are opened and lifted up unto the Lord" will know whereof I speak.*** So here's a hint, this is an occult hint, it's not just a nice poetry ***whose hearts are open and lifted up unto the Lord will know whereof I speak*** and maybe we are touched occasionally by waves of this kind of attitude if we could sustain it all the time we would know prove maybe a higher degree of initiation which is then ours at the moment.

[repeating]

***It is needless for us to concern ourselves with that which lies far ahead of the race. Immediate problems call for attention—problems which are personal or racial and which all concern the control of the astral vehicle. Opportunity is offered to demonstrate in chaos the potentialities of the ego or soul, and its capacity to control and dominate in its little sphere of influence. Therein lies for all aspirants at this time the peculiar effort of the coming days, and I would—for your guidance—make certain suggestions to be followed by you or not as deemed wise.***

***We must remember that every aspirant is a focal point of energy and should be, in his place, a conscious focal point. In the midst of the whirl and storm he should make his presence felt. The Law of action and re-action works here, and often the Great Ones (foreseeing the need of just such points of inner contact in periods of world unrest, such as the present) gather into certain localities those who are aspirants to service. They act as a balance and aid the general plan, and at the same time they themselves learn much needed lessons.* TWM 320**

***It is needless for us to concern ourselves with that which lies far ahead of the race.*** Sometimes, in all honesty, He does mention it as an incentive.

***Immediate problems call for attention—problems which are personal or racial and which all concern the control of the astral vehicle.*** Astral through the end, right?

***Opportunity is offered to demonstrate in chaos the potentialities of the ego or soul,*** triad the true ego or soul, the triad is the soul in a way, but the monad is the soul. Everything has consciousness everything has soul one way or another, either very limited or very capacious, there is universal soul and so forth.

But it is opportunity to us now this offers to demonstrate in chaos and who could deny it in the present age the potentialities of eager soul ***and its capacity to control and dominate in its little sphere of influence.***

***Therein lies for all aspirants at this time the peculiar effort of the coming days, and I would—for your guidance—make certain suggestions to be followed by you or not as deemed wise.*** So suggestions coming and I think if we've been with Master DK for a while, we know that it's wise to follow the suggestions.

I'm trying to think, in a way this life anyway, I’ve been with Master DK for almost fifty years. It seems like a long time but it's just a drop in the bucket I guess and maybe I was aware but really getting into it 1971 to 2021, that'll be fifty years ago, so have a little celebration here.

***We must remember that every aspirant is a focal point of energy and should be, in his place, a conscious focal point.*** Not just my mayavic point, doing things without knowing what you're doing based on the habit patterns and not really conscious of the implications of what is being carried out.

***In the midst of the whirl and storm he should make his presence felt.*** Well that's pretty strong exhortation. I guess we all feel like we live in the world of storm.

***The Law of action and re-action works here, and often the Great Ones (foreseeing the need of just such points of inner contact in periods of world unrest, such as the present) gather into certain localities those who are aspirants to service.*** We might say New York was one of those places where DK was asking to hold monthly ashramic meetings for which the text to be studied was the 14 rules. [*The Rays and The Initiations]*

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… ***gather into certain localities those who are aspirants to service.*** So yet at those meetings the idea was to be as much as possible in the ashram a state of consciousness, and since Alice Bailey herself was definitely within the ashram, and in high place, relatively, as the coming secretary to Master Koothumi, and certainly the amanuensis for Master DK, she could help the attendees achieve that level of consciousness.

***the effort on the part of all aspiriants should not be to resist and repeal the pressure or to fight and ward off.*** There will be pressure, I've had to say that so often to people and then I'd like it but in the book hard. I think it is pressure. Pressure is the law of existence I found … from parts I guess

*thus prepare people for and inevitable intensification.*

This does not mean that the teaching propelsor want, attention but that this pressure is the law of existence the pressure from the sources above and that's what it is to carry the burden. That's really what it is to carry that burden.

So the efforts of such a method centers the attention upon the not-self and leads to a DK us if we just try to fight and ward off even the benefits and pressures from love, because they make us uncomfortable the effort should be along the line of an endeavor to make contact with the higher self and keep it stable and steady.

Well this is so good what I'm gonna do i'll make this an hour program. I'm gonna come back here and just read this. As it is, so important, one thing after another turns out to be important as we read *A Treatise on White Magic.* I got myself so involved with *A Treatise on Cosmic Fire* and other things that some years I may have forgotten the value of this foundational book, which of course is not a simple book whatsoever. … The suggestions are coming …

This will be the end of number 30 and we're on page this is 10.14 and we're going to go to 10.15 and number 31. We're still in rule 10; definitely rule 10 because it's such a big rule. We're on page 322. So we went from 319 to 322 and we're at page 322.

All right friends, that's all I can do for right now.

But ponder on this. What a wealth we've been given, what a gift. Of course attention, assimilation, application… a little triple-a mnemonic … maybe it's the first mnemonic I've ever created, Master DK is really good at it.

We will see you soon. many blessings, and study hard and all the usual things and I tend to say at the end of the program. We'll talk to you soon.