



# Esoteric Healing Webinar

Morya Federation  
Esoteric Healing Faculty  
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# Overview of study in July

*Rays of the astral body*

# Ray of the astral body corresponds to the Atlantean times

*The quality of the astral body.*

*This governs the individual for a very long period, and still governs, more or less, the masses of men.*

*It corresponds to the Atlantean period and to the stage of adolescence.*

*The ray of the astral body is of very great power. EP II p22*

# Astral body the focus in Atlantean period

**This astral influence [the overpowering emotional glamour of the Piscean Age] has its roots in the past Atlantean civilisation, which preceded ours.**

***In that age, the astral body was the subject of attention.***

**Much that happens today, and which may develop, has its roots in that aspect of energy.**

**Seeds sown at that time are now brought to flower.**

**This is very good and necessary, even if distressing in experience. EP II p95**





# Soul Ray affects astral body

Personality ray	Soul Ray	Monadic ray
finds its major field of activity and expression in the physical body..	<i>has direct and specific action upon the astral body.</i>	Influences the mental body, after integration of the personality has been brought about.
determines its life trend and purpose, its appearance and occupation	Hence the battlefield of the life is ever on the plane of illusions , as the soul seeks to dispel the ancient glamour, the aspirant is enabled to walk in the light	Causes the mind nature to achieve that clear vision which finds its consummation at the fourth initiation
is selective of quality, when influenced by the egoic ray		
induces a separative attitude	<i>induces group consciousness</i>	Releases the man from the limitations of form
causes a detachment from the group of souls of which the personality is an externalisation	causing attachment to the life side of manifestation and to the subjective whole.	Has an effect which can be understood only after man has taken the third initiation.
Causes constituent attachment to the form side of manifestation	Causes detachment from external forms,	EP I p406-407

# Usual rays of the astral body: R2 & R6

*Your astral body is also governed by the first ray.*

*This is an exception to the general rule that*

*the second and sixth rays govern the astral bodies of all humanity.*

*This rule varies occasionally in the case of disciples. DINA I p427*

# Lower vehicles of disciples may not be on usual rays for good reason

E.g. To S.C.P whose Ray make up was 1 6,261

*Your physical body is of a dominant first ray type. This again is not usually so except in the case of disciples, who are liable to build vehicles of any type of force to meet the emergency, the need or the service of a particular life.*

*DINA I p336*

# R1 astral by soul design

To WDS R2 soul, R1 personality, R2 mind, R1 astral & R3 physical

*Your astral body is on the first ray and again (as do many aspirants nearing the end of the Path of Probation or at the beginning of the Path of Discipleship) you follow not the normal procedure but complicate your problem by having a powerful astral body on the same ray as the personality.*

*Being where you are, however, upon the Path, your soul planned this procedure in this manner so as to bring to the surface as many of the hindering qualities as possible—hindering, I mean, to group effectiveness and group cohesion. DINA I p379*



***Ray One flowing through the  
astral body***

**(Assumed to be rare, but occurred in the ray  
formula of approximately 20% of the  
Tibetan's disciples-in-training) MDR**

# Ray One glammers

- *The glamour of physical strength.*
- *The glamour of personal magnetism.*
- *The glamour of self-centredness and personal potency.*
- *The glamour of "the one at the centre."*
- *The glamour of selfish personal ambition.*
- *The glamour of rulership, of dictatorship and of wide control.*
- *The glamour of the Messiah complex in the field of politics.*
- *The glamour of selfish destiny, of the divine right of kings personally exacted.*
- *The glamour of destruction.*
- *The glamour of isolation, of aloneness, of aloofness.*
- *The glamour of the superimposed will—upon others and upon groups. GWP p120-121*

# Traits of a Ray One astral body

- *Emotional power*
- *Emotional suppression; unresponsiveness*
- *Cleavage; difficulty integrating emotions with other personality fields*
- *Hidden tenseness and anxiety*
- *“Storms and tempers”; destructive emotion*
- *Emotional compulsion*
- *Cathartic release of deeply concealed emotions*
- *Fear of emotional attachment; emotional independence*
- *Emotional isolation; the feeling of being the “one alone”*

*From MDR “Tapestry of the Gods” p482*

# Effect of Ray one on the astral body: emotionally detached & isolated

To RSU:R2 soul; R3 personality; R1 mind ;R1 Astral; R7 physical

*But your astral body is also upon the first ray which is an unique occurrence and rarely to be found. It is here that the sense of separateness enters in, for that first ray tendency does to you two things:*

- a. It feeds your sense of separateness and thus tends to isolate you.
- b. It fosters your fear of attachment.

*Thus you are oft emotionally and astrally detached and isolated from those who love you and from your fellowmen.*

*Hence there is a continuing conflict between your loving soul and your isolated, lonely, astral vehicle.*

*DINA I p370*



# Solution to her R1 astral body: build in Ray 2 qualities

*I would have you, therefore, think out with care the differences that would appear in your personality expression if you had a second ray astral body.*

*I will also set you the task of writing out for me, my brother, a paper in which you will emphasise the characteristics of a second ray astral body.*

*You will then endeavour each day to **build in these second ray qualities.***

*They are built in through the second ray methods of love, contact, attraction, understanding, sympathy and compassion. DINA I p374*

# R1 astral body powerful asset but must be handled rightly

*...When not rightly handled, it is easily stirred up into storms and tempers or into the condition wherein the dramatic "I" is centralised in the life.*

*A first ray astral body is a **powerful asset** but requires most careful watching and skilful harnessing. DINA I p501*

# Quick summary of the astral effect of Ray One

Astral Force	Centre	Bad aspect	Good aspect
First ray Will or Power	Head	Self pity The Dramatic I	Sacrifice Dedication of the I

## Transmutation of Negative ray One traits

Destructive  
energy.

Power realised  
selfishly.

Lovelessness.

Isolation.

A longing for  
power and  
authority.

Desire to  
dominate.

Expressed  
strength and  
self-will.

leading to

- A dynamic use of energy for the furtherance of the Plan.
- The use of destructive forces in order to prepare the way for the Builders.
- The will to power in order to cooperate.
- Power realised as the major weapon of love.
- Identification with the rhythm of the Whole.
- The cessation of isolation.

EP II p39-40



**Ray Two astral body**

# Ray 2 glammers

*The glamour of the love of being loved.*

*The glamour of popularity.*

*The glamour of personal wisdom.*

*The glamour of selfish responsibility.*

*The glamour of too complete an understanding, which negates right action.*

*The glamour of self-pity, a basic glamour of this ray.*

*The glamour of the Messiah complex, in the world of religion and world need.*

*The glamour of fear, based on undue sensitivity.*

*The glamour of self-sacrifice.*

*The glamour of selfish unselfishness.*

*The glamour of self-satisfaction.*

*The glamour of selfish service. GWP p121*

# List of Ray Two astral qualities

- *Loving*
- *Calm, gentle, serene and patient; unemotional and nonreactive*
- *Sensitivity, fear and suffering; can be overwhelmed*
- *Easy contact with others*
- *Heart-felt attachment*
- *Identification with others, empathy, compassion, protectiveness*
- *Wide 'band' of emotional responsiveness; heart "goes out" to many*

Source: Tapestry of the Gods p485

# Two other qualities of a R2 astral body: understanding & harmlessness

*Your second ray astral body greatly facilitates your work, giving you understanding and harmlessness;*

*your emotions thus do not interfere with your judgment and your decisions.*

*DINA I p168*



# R2 soul aligned with R2 astral body: transmitter of Light and Love & intuition

To RSW

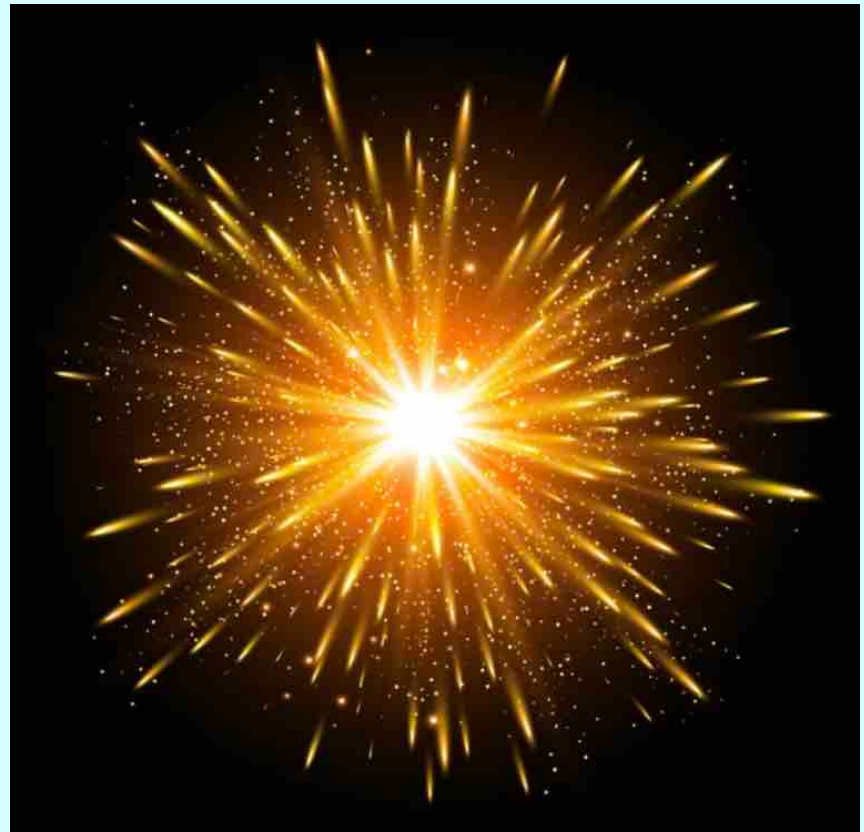
Ray make up: 11 7, 4 2 7

Your astral body is on the second ray, and this fact much facilitates the task of your soul, and will account for the ability which you will discover in yourself to be *a transmitter of light and love to others.*

It is this alignment between your soul and your astral body which gives you the *intuitive insight* you can use, if you remain humble and continue loving.

DINA I p640

Transmitter of Light and Love



# R2 astral difficulty: too much compassion& attachment

*To DPR*

*Ray make up: R1 5, 4 2 3*

*Your personal problem is enhanced and becomes exceedingly complex because of the reactions of your immediate associates and your strenuous endeavour to lift all that you possibly can off their shoulders. It becomes, therefore, a lesson in group activity and hence most valuable.*

*DINA I p404*

# Advice from D.K. in group activity and detachment

*Lift not too much, my brother. It is the right of their souls to learn the same lessons as you have had to learn and an over-pitiful heart is not always the most helpful of possessions.*

*A loving heart is always helpful. ....*

*Take not away from others this right to stand alone by too great a display of that shielding love which your powerful astral body so easily and so selflessly can express.*

*Let them stand up to the issues of the soul which are brought to their attention through the medium of the material lesson, and thus enable them to enter upon their next life better equipped to love, to work and to live unselfishly.*

# Solution to an over pitiful and too sensitive heart:

## Bring in Ray One qualities

*Your one way out is to be focussed constantly in the soul, (R1 soul) remembering that, as you achieve this alignment and contact, the soul has its major point of contact with your personality, via your astral body.....*

*Perhaps you will grasp what I am seeking to convey to you if I say that this relation was established by the intelligent will of your soul in order to stiffen your astral reactions with first ray energy and colour them with that detached and isolated strength which is the main characteristic of the first ray.*

*The intent was to make you strong in what had been your weakest point.*

*Detachment, strongly felt in love (for forget not that the first ray is only the first sub-ray of the great cosmic ray of Love) is the factor which will bring release and understanding, not only to you but to all around you.*

*The aspect of devotion which the astral body so easily expresses must be transmuted into detached but selfless love.*



*Remember that true love has sometimes to stand aside and look on peacefully whilst others learn their lessons—a thing hard indeed for you to do, brother of mine.*

*You think with clarity, my brother, when the emotions of others do not overwhelm you and sweep your astral body into unison with theirs.*

*Refuse then to be overwhelmed and regard not yourself as failing in some respect when others fail to meet the issues as they should.*

*The reactions of others are not your responsibility. It is your responsibility to give them strength and detachment.*

*Shoulder not, therefore, responsibilities which are not yours.*

*This is one of the hardest lessons an initiate has to learn before he can be admitted as an active worker into the Hierarchy of Love. DINA I p405*



# Ray Two

## Transmutation of Negative Ray Two Traits

The power to build for selfish ends.

Capacity to sense the Whole and to remain apart.

The cultivation of a separative spirit.

The hidden light.

The realisation of selfish desire.

Longing for material well-being.

Selfishness, and subordination of all soul powers to this end,

## leading to

- **Building wisely, in relation to the Plan.**
- **Inclusiveness.**
- **A longing for wisdom and truth.**
- **Sensitivity to the Whole.**
- **Renunciation of the great heresy of separativeness.**
- **The revelation of the light.**
- **True illumination.**
- **Right speech through generated wisdom. EP II p40**

# Summary of ray astral effects

Astral Force	Centre	Bad aspect	Good aspect
Second Ray	Heart	Self Love	Soul Love
Love-Wisdom		Personality	Group Love

## ***Ray Six***

**(Among the Tibetan's disciples-in-training, this was the most frequently found type of astral vehicle, occurring in more than 50% of the cases. Among average humanity, the ray six astral body would, presumably, be extremely common.) MDR**