




# Esoteric Healing Webinar

Morya Federation  
Esoteric Healing Faculty  
May & June 2021

Overview of study of refining the  
astral body  
continued in May focused on  
group sharing



*Divine indifference,  
Detachment and  
Harmlessness*



she asked  
'you are in love  
what does love look like'  
to which i replied  
'like everything i've ever lost  
come back to me.'



## Mariana's contribution

Sometimes you solve the problem  
by choosing not to  
participate in it.

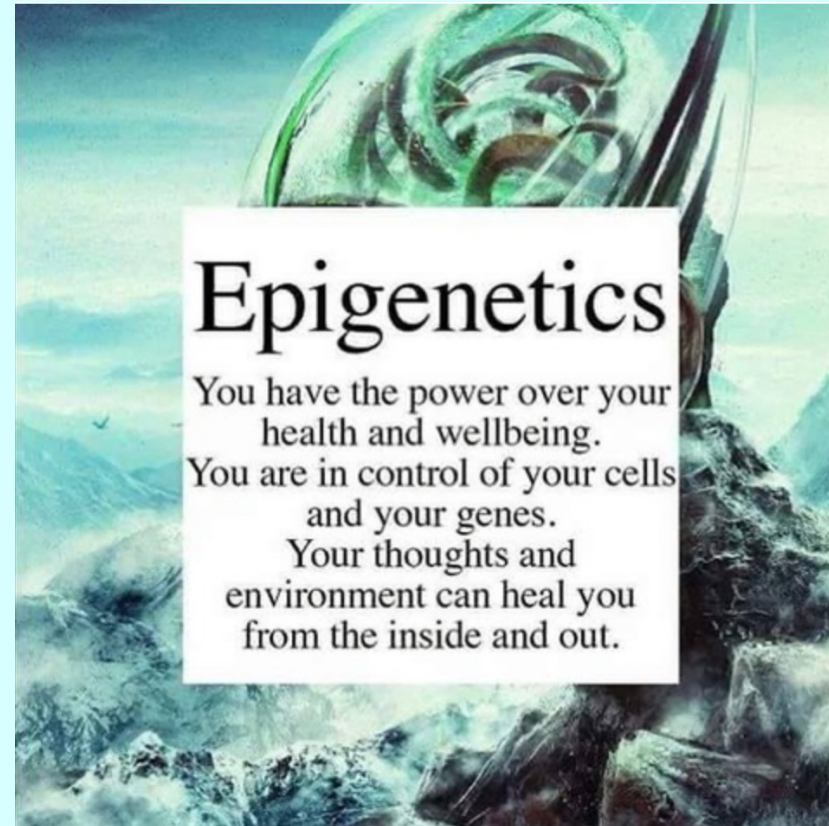


Project Forgive  
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## From Mariana





# Overview of study of refining the astral body continued in June



*Divine indifference,  
Detachment and  
Harmlessness*

# Water: essential to human and planetary Life

*Water is the symbol of the emotional nature*

*WMp250*

About **70 percent of the human body** is made up of water and, coincidentally, more than **70 percent of Earth** is covered in water

## *What Does Water do for You?*



*Water serves a number of essential functions to keep us all going*  
[usgs.gov](http://usgs.gov)



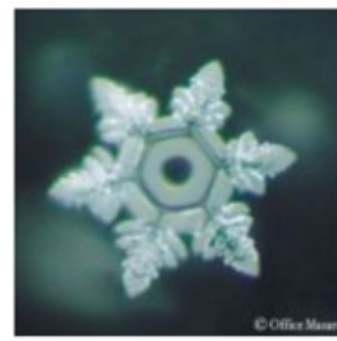
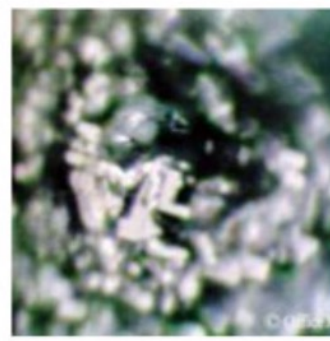
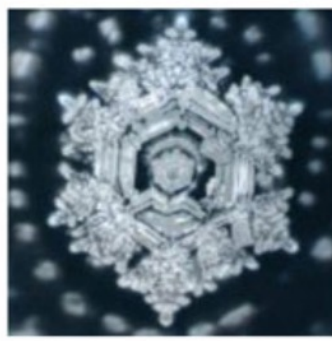
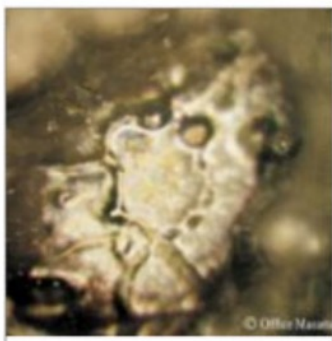
# Water: essential to human brain for the production of happy hormones

Water is essential for cellular communication & for the brain transmission of its messages via the nervous system to the rest of the body & vice versa. Very importantly, it affects one's mood. Lack of water causes anxiety nervousness, depression etc, as the delicate balance between the 'happy' hormones dopamine and serotonin is thrown off.

Reminder from last month's discussion

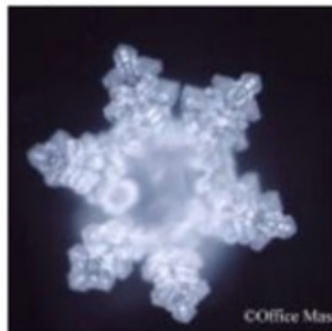
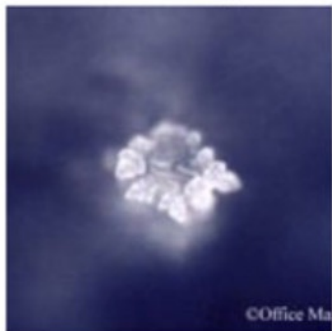
About **70 percent of the human body** is made up of water and, coincidentally, more than **70 percent of Earth** is covered in water



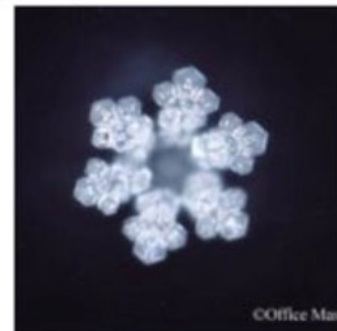


The water of Fujiwara Dam, before and after a Buddhist monk offered a prayer (Gunma Pref, Japan)

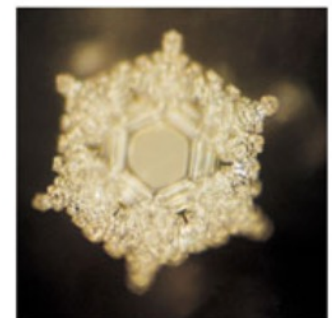
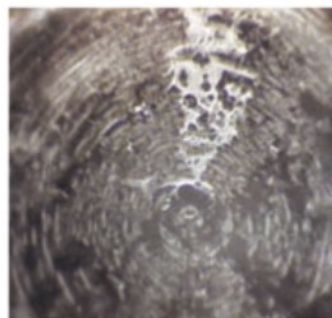
Tokyo's tap water before and after 500 people sent their energies of love remotely from different places in Japan (Israel)



The water of Watarose drainage basin, before and after the prayer (Tochigi Pref, Japan)



The tap water from primary school, before and after the prayer (Japan)



Heavy Metal Music

"I Love You"

"You Make me sick"

"Thank You:"

**"Water is the mirror that has the ability to show us what we cannot see"**

Dr Masuru Emoto



*“By holding the intention of peace towards water, by thinking, speaking and acting with the intention of peace towards water, water can and will bring peace, to our bodies and to the world” ~ Masaru Emoto*



***Distinction between divine  
indifference and detachment***



## Perfect harmlessness:

Perfect Poise, a completed point of view, and  
divine understanding.

### EHLAW IX

Perfection calls imperfection to the surface.  
Good drives evil from the form of man in  
time and space.

The method used by the Perfect One and that  
employed by Good, is "*perfect  
harmlessness*".

This is not negativity, but *Perfect Poise, a  
completed point of view, and divine  
understanding*. EH p660



## Perfect Poise and divine indifference

*Perfect Poise* indicates complete control of the astral body, so that emotional upheavals are overcome, or at least are greatly minimised in the life of the disciple....

This perfect poise (which is a possible achievement for you who read) is arrived at by ruling out the pulls, the urges, impulses and attractions of the astral or emotional nature, and also by the practice of what I have earlier mentioned: *Divine Indifference*. EH p673



# Recalling the definition of Divine indifference

**“divine indifference” ...permits the emotion or the glamour to die of attrition, because deprived of the “feeding-power” of the attention.**

**The whole history of true emotional control is to be found in the sentence just given. DINA I p88**

# Analogy: ice diving



I.e. plunging into icy water and not allowing ourselves to be affected by our environment.

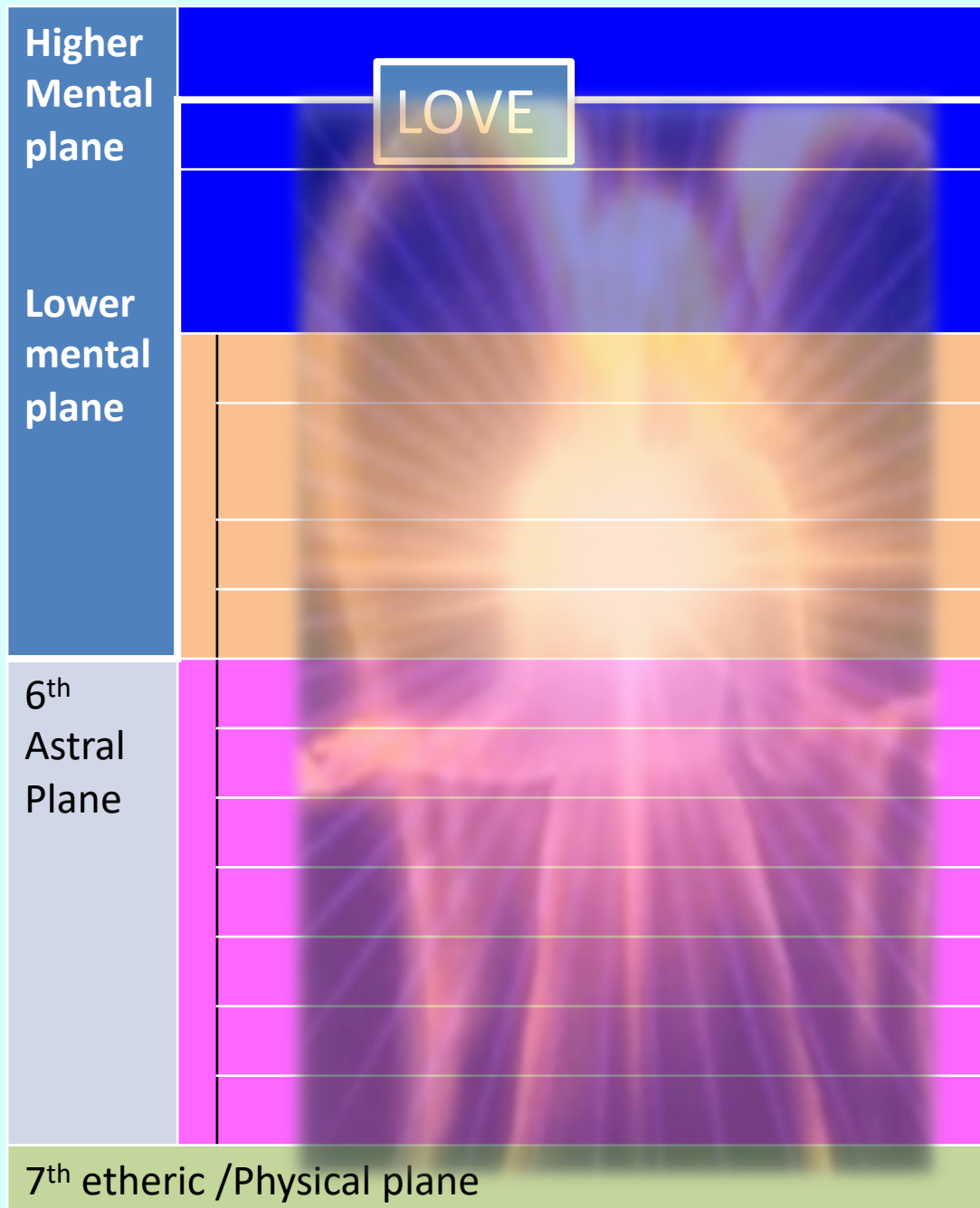


# Completed point of view and detachment

*A Completed Point of View.* .. refers to the universal outlook of the Monad, and therefore to an initiate of the higher degrees.

On a lower rung of the ladder of evolution It *..refers to the function of the soul as an Observer in the three worlds* and the completed all-round picture such an observer gradually attains.

This is brought about by the development of the two qualities of *detachment and discrimination* EH Law IX p673



The disciple learns eventually to know himself to be, above everything else (whilst in incarnation), the director of forces:

these he directs from the altitude of the divine Observer and through the attainment of detachment GWP p243



# Divine Understanding

## For the initiate:

Identification which supersedes the individualistic consciousness;

all barriers have gone, and the initiate sees things as they are;

he knows the causes of which all phenomena are the ephemeral effects,

consequently, enabling Him to understand the Purpose, as it emanates from Shamballa

## For the disciple:

Indicates a mind, which can be held steady in the light, and can therefore reflect the pure reason (pure love), which qualifies the reflections of the soul on its own plane.

***Harmlessness***



How shall (a man) preserve that balance which will enable him to see truth, judge rightly, and so preserve his mental contact with his soul and with the souls of his fellow men?



First and foremost, by the *constant practice of Harmlessness.*

This involves harmlessness in speech and also in thought and consequently in action.

It is a positive harmlessness, involving constant activity and watchfulness;

it is not a negative and fluidic tolerance. TWM p490

# Let's explore the concept of harmlessness

<b>Harmfulness</b>	<b>Harmlessness</b>
<p>Based on selfishness, and on an ego-centric attitude.</p> <p>It is the demonstration of forces concentrated for self-enforcement, self-aggrandisement, and self-gratification.</p> <p>WM102-103</p>	<p>Expression of the life of the man who</p> <ul style="list-style-type: none"><li>• realizes himself to be everywhere,</li><li>• who lives consciously as a soul,</li><li>• whose nature is love,</li><li>• whose method is inclusiveness, and</li><li>• to whom all forms are alike in that they veil and hide the light, and are but externalizations of the one Infinite Being.</li></ul>
	<p>Brings about caution in judgment, reticence in speech, ability to refrain from impulsive action, and the demonstration of a non-critical spirit.</p>
	<p>So, free passage can be given to the forces of true love, and to those spiritual energies, which seem to vitalize the personality, leading consequently to right action.</p>



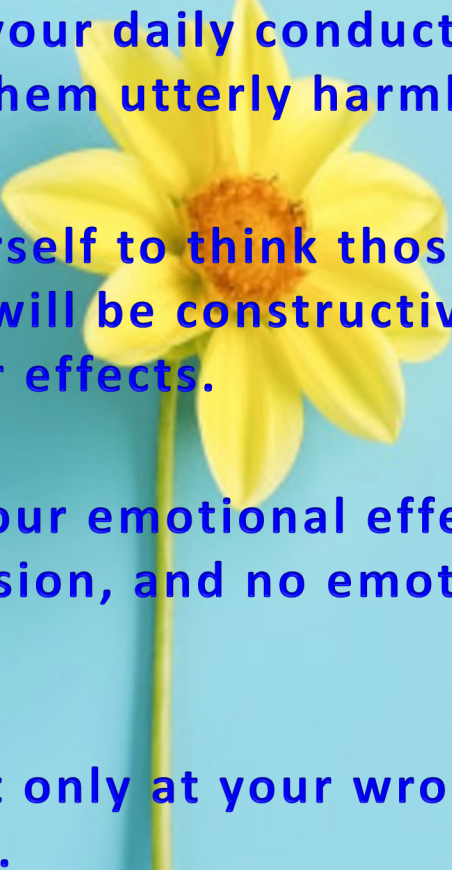
What harmlessness is not	What harmlessness is
It is not the harmlessness that comes from weakness and sentimental loving disposition	True understanding and control of the personality by the soul that leads to spiritual expression in every-day life.
which dislikes trouble because it upsets the settled harmony of life leading to consequent discomfort	emanates from a capacity to enter into the consciousness and to penetrate into the realisation of one's brother
It is not the harmlessness of the little evolved negative impotent man or woman, who has not the power to hurt because possessing so little equipment wherewith damage can be done.	when achieved ,able to let go & forgive  followed by desire to help
Not the spirit of criticism. This induces more states of glamour than any other one factor Not the spreading of destructive discussion	glamour will end when harmlessness and kindness in thought and word are practised and automatically become a part of a disciple's daily life expression
not non-resistance	speaks no word that can damage another person, thinks no thought that can poison /produce misunderstanding does no action which can hurt

# Harmlessness: step to initiation

**Harmlessness. I tell you that the achieving of harmlessness in the positive sense (not in the negative) means the attainment of that step which leads definitely to the Portal of Initiation. TWM p317**



# How to develop harmlessness

- 
- Study your daily conduct and words and thoughts so as to make them utterly harmless.
  - Set yourself to think those thoughts about yourself and others which will be constructive and positive, and hence harmless in their effects.
  - Study your emotional effect on others so that by no mood, no depression, and no emotional reaction can you harm a fellow-man.
  - look not only at your wrong tendencies but at the use of your virtues.

Remember in this connection, violent spiritual aspiration and enthusiasm, misplaced or misdirected, may quite easily harm a fellow-man,

If harmlessness is the keynote of your life,  
*you will do more to produce right  
harmonious conditions in your personality  
than any amount of discipline along other  
lines.*



The drastic purgation brought about by the  
attempt to be harmless will go far to  
eliminate wrong states of consciousness.

See to it therefore, and bring this idea in  
your evening review. TWM p101

# Recommendation from D.K.

*Let harmlessness, therefore, be the keynote of your life.*

An evening review should be carried forward entirely along this line; divide the review work in three parts and consider:

1. *Harmlessness in thought*. This will primarily result in the control of speech.
2. *Harmlessness in emotional reaction*. This will result in being a channel for the love aspect of the soul.
3. *Harmlessness in act*. This will produce poise, skill in action and the release of the creative will.



Harmlessness ..is  
not negative, or  
sweet or kindly  
activity, as so  
many believe;

it is *a state of mind  
and one which in  
no way negates  
firm or even  
drastic action;*





*it **concerns**  
**motive** and  
involves the  
determination  
that the motive  
behind all  
activity is  
goodwill.*



Pisa - detail from cathedral gate

That motive might lead to positive and sometimes disagreeable action or speech, but as harmlessness and goodwill condition the mental approach, nothing can eventuate but good. EH p670

# Perfect harmlessness as used by the Perfect One, the Christ

The method employed under the Law of Perfection is called "perfect harmlessness," and that was ever the method used by the Christ, the Perfect One.

It is not the harmlessness enjoined so often by me as I speak to aspirants, but a harmlessness imposed by the spiritual man and by his natural destiny.

*It is an ignoring of the effect or the result upon the form nature.* EH p660



# Higher form of Harmlessness used by both Sanat Kumara and the Christ

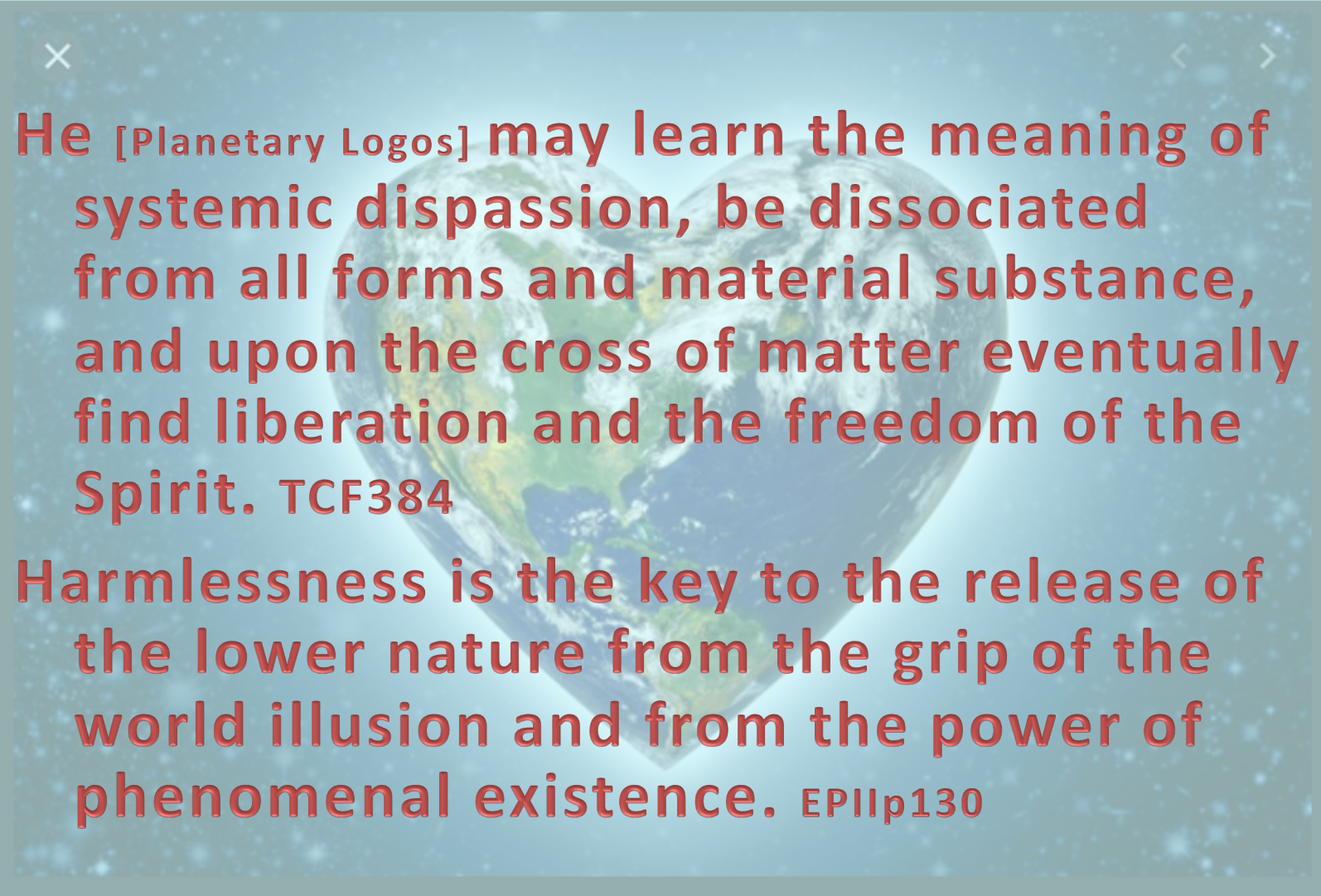
The method used by the Perfect One and that employed by Good, is "*perfect harmlessness*". This is not negativity, but Perfect Poise, a completed point of view, and divine understanding. EH660 LAWIX

An esoteric study of the three temptations of the Christ will reveal three major occasions when the Perfect One, expressing this higher harmlessness, forced the exponent of evil to retreat. EH p671



Christ Tempted - detail of painting by Duccio

# Goal of our planetary Logos: Dispassion

✕  He [Planetary Logos] may learn the meaning of systemic dispassion, be dissociated from all forms and material substance, and upon the cross of matter eventually find liberation and the freedom of the Spirit. TCF384

Harmlessness is the key to the release of the lower nature from the grip of the world illusion and from the power of phenomenal existence. EPIIp130

Letting go of one's glammers, emotional ties and attachment to the world of Form..

# Advice from D.K.

Therefore, I say to you at this time,  
I—an older and perhaps more  
experienced disciple and worker in the  
great vineyard of the Lord—

*practice harmlessness with zest and  
understanding*, for it is (if truly carried  
out) the destroyer of all limitation.

TWM p102



*The most potent  
force in the world  
today is  
harmlessness.* EPIp359



Have in mind always that it is *spiritual esotericism* that is required; teaching the students to *create a line of light between themselves and all circumstances and problems.*

This is possible because every problem is in reality a vital thoughtform, effective for good or evil.

*The line of established light can dispel the evil or act as a transmitter of the energy of the will-to-good.*

In the above few sentences I have given you a potent hint and one which should be taught to all true aspirants. DINA II p749





A close-up photograph of a pink lotus flower in full bloom. The petals are layered and have a delicate, veined texture. In the center of the flower, there is a bright, glowing light source, possibly a candle or a small lamp, which creates a lens flare effect. The background is a soft, out-of-focus green, suggesting a natural setting.

***At the centre of all Love I stand,***

***Naught can touch me here***

***From that centre I shall go forth to love  
and serve***

***with self forgetfulness,  
harmlessness and  
non criticism***