**Transcript**

Okay, hi everybody. Here we are at video commentary number 22, and we're about to begin rule three. Now I'm wondering about the advisability that I've begun because we have a pre full moon webinar coming up in just about an hour, but if I don't make too many mistakes everything ought to be all right once I get my chronometer going. That is okay.

So we're beginning with the third rule:

***We will now, in our consideration of the next rule, take up the work of the "lesser light" of man on the physical plane. I, who have entered somewhat into an understanding of the life of the solar Angel, seek to assure my fellow pilgrims that the passing things of the senses are but trivial, and of no value compared to the rewards, here and in this life, to the man who seeks to merge his everyday consciousness with that of his own soul. He enters then into the community of souls, and stands not alone. The only lonely periods are the result of wrong orientation and the holding on to that which hides the vision, and fills the hands so full that they cannot grasp what has been called "the jewel in the lotus." TWM 89***

***RULE THREE***

***The Energy circulates. The point of light, the product of the labours of the four, waxeth and groweth. The myriads gather round its glowing warmth until its light recedes. Its fire grows dim. Then shall the second sound go forth.***

***SOUL LIGHT AND BODY LIGHT***

***In these Rules for Magic, the laws of creative work are embodied and the means whereby man can function as an incarnated soul. They do not deal primarily with the rules governing man's development. Incidentally, of course, much may be learnt in this connection, for man grows through creative work and understanding, but this is not the primary objective of the teaching. TWM 93***

***The energy circulates.*** ***The point of light, the product of the labors of the four, waxeth and growth.*** In this in the case of the magician that would be that which is being created as a thought-form.

***The myriads gather round its glowing warmth until its light recedes. Its fire grows dim. Then shall the second sound go forth.*** One of the first sound is produced by those that gather round. The second sound, I think, is generated by the producer the magician himself, but let's see if DK continues to take the wider point of view and not deal so much with the actual magical process. We're dealing now with soul light and body light and principles and personalities.

Okay, So if I have to stop a little bit before one hour I will simply have to do that, but I always look for the moments when it's possible to speak on these things and sometimes those moments are not apparent, not so easily found.

***In these Rules for Magic the laws of creative work are embodied and the means whereby man can function as an incarnated soul.*** The throat center is very much involved here and the seventh ray which at a certain point does rule the throat center the third ray is the ray of magic and the seventh ray of the ray of ritual.

***They do not deal primarily with the rules governing man's development.*** But He has been giving some of these. Let's see … yes, some of these rules have been given.

***Incidentally, of course, much may be learnt in this connection, for man grows through creative work and understanding, but this is not the primary objective of the teaching.*** So, when we undertake the creative work in line with a high objective we learn in line with a high objective we learn incidentally through the gradually growing synthesis of the meditation process carried on by the soul and its own plane. When we say that is the higher mental plane. really the plane of the soul on its own plane, we when we speak of the human being and its soul we say. But when we think of the solar angel its own plane is apparently higher and I've shown you that in one of the large tabulations which the Tibetan has prepared, on page 34, 35, of *Esoteric Astrology.*

***Through the gradually growing synthesis of the meditation process carried on by the soul on its own plane and that of the aspirant the man manifests (in the physical brain) a point of light which has been occultly lighted on the plane of the mind. Light ever signifies two things, energy and its manifestation in form of some kind, for light and matter are synonymous terms. The thought of the man and the idea of the soul have found a point of rapport, and the germ of a thought form has come into being. This thought form, when completed, will embody as much of the great plan (on which the Hierarchy is working) as the man can vision, grasp, and embody on the mental plane. This, in the early stages of a man's aspiration, in his first steps along the Path of Discipleship, and for the first two initiations, is covered by the word "Service". He grasps, gropingly at first, the idea of the unity of the Life, and its manifestation as the Brotherhood existing between all forms of that divine Life. This subjective ideal gradually leads to an appreciation of the way in which this essential relationship can work out practically. This can be seen finding its expression in the great humanitarian efforts, in the organisations for the relief of human and animal suffering, and in world wide efforts for the betterment of the internal relations of nations, religions and groups. TWM 93-94***

0:04:00 ***Through the gradually growing synthesis of the meditation process carried on by the soul on its own plane and that of the aspirant*** who was ***the man***, ***that of the aspirant*** who is the soul in incarnation ***the man manifests*** (in the prison of) ***the physical brain)*** ***a point of light which has been occultly lighted on the plane of mind.*** But notice it manifests in the physical brain and DK at some point talks about the diffused light, the brighter light, and finally the sun-like light.

***Light ever signifies two things, energy and its manifestation in form of some kind for light and matter are synonymous terms.*** That's something we really have to understand, because we're used to matter in its density and light seem so ethereal and yet the whole universe is condensed light. By what means this occurs, we will have to learn as the decades and centuries elapsed.

***The thought of the man and the idea of the soul have found a point of rapport, and the germ of a thought form is come into being.*** Now, He's talking about the magical process, this I think we can begin to see. ***The thought of the man and the idea*** notice idea is a higher thing than a thought and is derived pretty much from the Buddha claim and Beyond whereas that which is found on the plane of abstract mind is still a thought however refined and abstract thought. ***The thought of the man and the idea of the soul have found the point of rapport and the germ of a thought form has come into being.*** This is the what is to be created that which gives to be created by the magical … process. …

[Repeating:]

***This thought form, when completed, will embody as much of the great plan (on which the Hierarchy is working) as the man can vision, grasp, and embody on the mental plane. This, in the early stages of a man's aspiration, in his first steps along the Path of Discipleship, and for the first two initiations, is covered by the word "Service". He grasps, gropingly at first, the idea of the unity of the Life, and its manifestation as the Brotherhood existing between all forms of that divine Life. This subjective ideal gradually leads to an appreciation of the way in which this essential relationship can work out practically. This can be seen finding its expression in the great humanitarian efforts, in the organisations for the relief of human and animal suffering, and in world wide efforts for the betterment of the internal relations of nations, religions and groups. TWM 93-94***

0:07:00 ***The thought form, when completed, will embody as much of the great plan (on which the Hierarchy is working)*** and which the soul knows, the solar angel/angel of the presence, and which man, as a soul and which the solar angel knows ***as the man can envision, grasp, and embody, upon*** ***the mental plane.***

***This, in the early stages of a man's aspiration, in his first steps along the path of discipleship, and for the first two initiations, is covered by the word “Service.”*** Okay, how shall we improve the environment the situation the human condition, the condition among kingdoms? etc, how shall we offer our abilities and improve these situations?

***He grasps, gropingly at first,*** meaning his eye is not really open ***the idea of the unity of Life, and its manifestation as the Brotherhood existing between all forms and that divine Life.*** So the unity of life and the idea of brotherhood are gropingly grasped.

***The subjective ideal gradually leads to an appreciation of the way in which this essential relationship can work out practically.*** So, we may have the higher thought here but what do we actually do in the more concrete worlds?

***This can be seen finding its expression in the great humanitarian efforts in the organizations for the relief of human and animal suffering, and in worldwide efforts for the betterment of internal relations of nations, religions and groups*** and from the external relations as well or inter-relations.

***Enough human units have now contacted the hierarchical plan so that it may be safely concluded that the collective brain of the human family (that entity which we call the fourth Kingdom of Nature) is susceptible to the vision, and has fashioned its lighted form on the mental plane. Later, the thought of service and of self will be found inadequate, and a more suitable form of expression will be found, but this suffices for the present.***

***This thought form, created by the aspirant, is brought into being by the focussed energies of the soul and the re-oriented forces of the personality. This is pictured as covering three stages. TWM 94***

***Enough human units have now contacted the hierarchical plan*** whereby the good the true in the beautiful may manifest whereby light love and sacrificial power may manifest or the spiritual will. ***so that it may be safely concluded that the collective brain of the human family (that entity which we call the fourth kingdom of nature) is susceptible to the vision, so that*** is encouraging ***and has fashioned its lighted form on the mental plane.*** The form which is to align with the divine plan.

***Later, the thought of service and themselves will be found inadequate, and the more suitable form of expression will be found, but this suffices for the present.*** The divine purpose.

Okay, maybe this is it will come into recognition and still more of the plan and the little self will be forgotten in the great and general enterprise.

***This thought form, created by the aspirant, is brought into being by the focused energies of the soul and the reoriented forces of the personality.*** This isan important statement and he's showing us the stages whereby this process is occurring. We are, as white magicians … we are aspiring towards the type of creativity which is in line with the betterment of things the divine plan, as we begin to understand that it can be.

***1. The period wherein the aspirant struggles to achieve that inner quiet and directed attentiveness which will enable him to hear the Voice of the Silence. That voice expresses to him, through symbol and interpreted life experience the purposes and plans with which he may cooperate. According to his stage of development those plans will express either:***

***a. The already materialized plans, taking group form on the physical plane, with which he may cooperate and in whose interest he may submerge his own.***

***b. The plan, or fraction of a plan, which is his individual privilege to bring through into manifestation and thus cause to materialize as a group activity on the physical plane. It is the function of some aspirants to aid and help those groups which are already in functioning activity. It is the function of others to bring into being those forms of activity which are, as yet, on the subjective plane. Only those aspirants who are freed from personal ambition can truly cooperate in this second aspect of the work. Therefore "Kill out ambition." TWM 94-95***

***So, The period wherein the aspirant struggles to achieve an inner quiet and directed attentiveness which will enable him to hear the Voice of the Silence.*** Now this is the voice of the solar angel as the angel of the presence within the egoic lotus.

***That voice expresses to him, through symbol and interpreted life experience***, because he begins to have spiritual discrimination ***the purposes and plans with which he may cooperate.***

***According to his stage of development and these plans will express either.***

***[a]. The materialized plans taking form on the physical plane with which he may cooperate and in whose interest he made submerged his own.*** These are already in process from more advanced disciples and also that

***[b.] The plan, or fraction of a plan, which is his individual privilege to bring into manifestation and thus caused to materialize as a group activity on the physical plane.***

***It is the function of some aspirins to aid and help those groups which are already in functioning activity. It is the function of others to bring into being those forms of activity, which are, as yet, on the subjective plane. Only those aspirants who are freed from personal ambition can truly cooperate in this second aspect of the work. Therefore***, as is said in that as DK calls it *that militant little treatise*, *The Light of the Soul,* … no by Master Hilarion, *the Light of the Soul*. I have it in my briefcase and I carry it and read it and write on the very first pages: *kill out ambition, but work as one who is ambitious.*

So, if we emphasize the exaltation of the little self and often the wretched little self were not fit to take on our shoulders that function of bringing into manifestation a particular part of the Divine Plan, which we have to materialize we will be better suited to help others who have less ambition.

Alright, so what do we have here? We have the period within the aspirant struggles to achieve some sort of registration you know that inner attentiveness hmm, so three stages come about when we can join or bring it to being or bring into cooperation the focused energies of the soul and the real oriented energies of the personality and then this general process is occurring in three stages, and … either cooperating or bringing oneself into alignment with an aspect of the plan which it is one's duty, responsibility, privilege, to manifest the period were in.

***2. The period wherein he habituates himself to the clear hearing and correct interpretation of the inner voice of the soul and broods reflectively upon the imparted message. During this period "the Energy circulates." A constant rhythmic response to the thought energy of the soul is set up, and, figuratively speaking, there is a steady flow of force between that centre of energy we call the soul on its own plane, and that centre of force which is a human being. The energy travels along the "thread" we call the sutratma and sets up a vibratory response between the brain and the soul. TWM 95***

***Number two. The period were in he obituaries himself mmm-hmm to the clear hearing and correct interpretation of the inner voice of the soul and broods reflectively upon the imparted message and during this period “the Energy circulates.”*** Here we are dealing pretty much with this rule as it applies to the development of the aspirant. It may involve of course a point of light which is a product of the labors of the two but this is the stabilization of hearing and interpretation.

0:16:20 ***A consonant rhythmic response to the thought energy of the soul*** ***is set up, and, figuratively speaking, there is a steady flow of force between that center of energy we call the soul on its own plan and that center of force which is the human being.*** Figuratively speaking, there is a steady flow of energy between these two centers one characteristic of the greater light and the other of the lesser light the lower light.

***The energy travels along the thread that we call the sutratma and sets up a vibratory response between the brain and the soul,*** and let us say the mind is also involved in this alignment.

***An interesting angle of information might here be given, as it is my intent in these Instructions ever to link up the analogies between the different aspects of divinity, as they express themselves in man or in the macrocosm, the Heavenly Man.***

***The ancient yoga of Atlantean days (which has come down to us in the necessarily fragmentary teaching of the yoga of the centres) conveys to us the information that the reflection of the sutratma in the human organism is called the spinal cord, and expresses itself in three nerve channels. These three are called ida, pingala, and the central channel, the sushumna. When the negative and positive forces of the body, which express themselves via the ida and pingala nerve routes, are equilibrized, the forces can ascend and descend by the central channel to and from the brain, passing through the centres up the spine without hindrance. When this is the case we have perfected soul expression in the physical man. TWM 95***

***An interesting angle of information might here be given, as it is my intent in these instructions ever to link up the analogies between the different aspects of divinity, as they express themselves in manner in the macrocosm the heavenly man.***

***The ancient yoga of Atlantean days (which has come down to us in the necessarily fragmentary teaching of the yoga of the centers)*** and this says we recognize his laya yoga ***conveys to us the information that the reflection of the Sutratma in the human organism is called the spinal cord and expresses itself in three nerve channels.*** Well, that's an interesting piece of information; the reflection of sutratma is the spinal cord, the spinal cord then must obviously be carrying the energy of life, vitalization, via its particular energy the kundalini.

***When the negative and positive forces of the body, which express themselves via the ida*** that's negative ***and pingala*** that's positive ***nerve routes, are equilibrized,*** and probably not before***the forces can ascend and descend by the central channel to and from the brain, passing through the centres up the spine without hindrance.*** But first comes equalization.

***When this is the case we have a perfected soul expression in the physical man.*** So then, likely at the fourth initiation and beyond, at the fourth initiation man comes more completely in touch with the monad, and at the fifth initiation Uranus and Pluto, head center, and base of spine center are aligned and working rightfully together.

Okay, so this spinal column with the ida on the left, pingala on the right, equilibration demanded and then the central channel which is in a sense the middle way and in a sense related to sattva, is also related to Shambala and to the Divine Will.

0:21:15 So, the left is the personality, the right is the soul in this case, and the central channel which we might think of as related to the soul, is in fact related to the first aspect.

***This is in reality a correspondence to the sutratma as it links the physical man and the soul, for the sutratma in its turn expresses the positive energy of spirit, the negative energy of matter, and the equilibrized energy of the soul—the attainment of equilibrium being the present objective of humanity. During the period of the later initiations, the positive use of the spiritual energy supersedes the equilibrized use of soul force, but that is a later stage with which the aspirant need not as yet trouble himself. Let him find the "noble middle Path" between the pairs of opposites, and incidentally he will find that the forces he uses on the physical plane will employ the central nerve channel up the spine. This will occur as the transmission of light and truth to the physical brain, via the central channel of the linking sutratma, really works out into satisfactory usefulness. Those ideas and concepts (speaking in symbol) which come via the sutratmic negative channel are well meaning, but lack force and peter out into insignificance. They are emotionally coloured, and lack the organized form which pure mind can give. Those which come via the opposite channel (speaking figuratively) produce too rapid concretion, and are motivated by the personal ambition of a ruling mentality. The mind is ever egoistic, self-seeking, and expresses that personal ambition which carries within it the germ of its own destruction. TWM 95-96***

***This is in reality a correspondence to the sutratma as it links the physical man and the soul.*** I suppose we're saying that at least spinal cord and the ethers of the related to it the physical man of the soul, ***for the sutratma in its turn expresses the positive energy of spirit, the negative energy of matter, and the equilibrized energy of the soul – the attainment of equilibrium being the present objective for Humanity.*** The sutratma … so the sutratma contains three types of energy, expresses the positive energy of spirit and negative energy of matter, the kundalini energy, third aspect energy. and the equilibrized of the soul, threefold energy extending principally from the Monad. Now,

***During the period of the later initiations, the positive use of the spiritual energy supersedes the equilibrized use of soul force,*** and maybe the energy passing through the central channel, sushumna, changes perhaps? At first could it be that the central channel carries soul energy and later spirit energy we have to investigate this ***but that is*** (the delay) ***at later stage when the aspirant need not*** (with which the aspirant for whom this is written need not) ***as yet trouble himself.***

***Let him find the “noble middle Path” between the pairs of opposites*** which is at first the path of the soul ***and incidentally he will find that the forces he uses on the physical plane will employ the central nerve channel up the spine.*** Now, does this involve the forces of the personality? – ***the forces he uses on the physical plane will employ the central nerve channel*** of the soul?Well, if the force or energy is soul energy then does this energy employ the central channel? If it is a spirit energy it certainly does. This will occur as the transmission of light and truth to the physical brain. So apparently via the reflection of the sutratma in the sushumna, light and truth enter the physical brain. By the passage of energy via the sushumna, light and truth enter the physical brain.

Okay ***as the transmission of light of truth of the physical brain via the central channel of the linking sutra Atma that really works out into satisfactory usefulness.*** So, let me read this again this will occur as me. Okay … ***then you will find that the forces he uses on the physical plane will employ the central nerve channel up the spine.*** There's a certain relativity here of which I had not thought and deeply enough. I'm used to the idea that the central channel is that of the spirit and is connected with Shamballa, but there seems to be possibly the idea that the forces he uses are the ones that employ the central channel. More on that later, for a clarification.

0:25:30 [repeating:]

***This will occur as the transmission of light and truth to the physical brain, via the central channel of the linking sutratma, really works out into satisfactory usefulness. Those ideas and concepts (speaking in symbol) which come via the sutratmic negative channel are well meaning, but lack force and peter out into insignificance. They are emotionally coloured, and lack the organized form which pure mind can give. Those which come via the opposite channel (speaking figuratively) produce too rapid concretion, and are motivated by the personal ambition of a ruling mentality. The mind is ever egoistic, self-seeking, and expresses that personal ambition which carries within it the germ of its own destruction. TWM 96***

***This will occur as the transmission of light and truth to the physical brain,*** and this would involve especially soul and spirit, ***via the central channel of the linking sutratma, really works out into satisfactory usefulness.*** Or as that really works out.

***Those ideas and concepts speaking and symbol which come via the sutratmic negative channel are well-meaning, but lack force and peter out into significance.*** Presumably …

… we are speaking of ida.

***They are emotionally colored, and lack the organized form which pure mind can give.* Those which come via the opposite channel (speaking figuratively) produce too rapid concretion, and are motivated by the personality ambition of a ruling mentality.** And is this Pingala as it operates at first.

***The mind is ever egoistic,*** why? Because it sees only a limited point of view; at first only a limited point of view ***is ever egoistic*** self seeking, ***and expresses that personal ambition which carries with it the germ of its own destruction.*** This we see I think in the fifth petal, and the of Leo in which the individual egoistic individual falls. We seem to be involved with the triangle here with ida and pingala and sushumna and maybe it's a triangle in rotation.

***When, however, the sutratmic sushumna, the central nerve channel and its energy is employed, the soul, as a magnetic intelligent creator, transmits its energies. The plans can then mature according to divine purpose and proceed with their building activities "in the light". The point of egoic and lunar contact emits ever the point of light, as we have seen from our Rules for Magic, and that has its focus at the point in the sutratma which has its correspondence in the light in the head of the aspirant. TWM 96***

0:28:50 ***When, however, the sutratmic-sushumna,*** (interesting that He combines the two at this point) ***the central nerve channel and its energy is employed, the soul, as a magnetic intelligent creator, transmits its energies.*** So, it seems that there he is via the sushumna … the transmission of soul energy as well as spirit energy perhaps later ***when however the sutratmic- sushumna the central nerve and its energy is employed the soul as a magnetic intelligent creator transmits its energy.*** So, from the soul to the brain via the sushumna soul mind brain via the sushumna but later the central channel the most important channel of the time has to be I think the spirit energy monadic energy via the central channel maybe with soul taking his position on the right and the personality energy remaining on the left.

The question that arises for me is there ever a time when the sushumna conduct its personality energy but it seems it would not be a sufficient awakening of the base of the spine in the early days in order to do that. Alright, this will have to be resolved at some point.

***The plans can then mature according to divine purpose and proceed with their building activities called “in the light”. The point of egoic and lunar contact emits ever the point of light,*** now egoic is the soul and lunar contact the personality and all this on the lower plane of mind, I presume. ***Emits ever the point of light as we have seen from our Rules of Magic, and that has its focus at the point in the sutratma which has its correspondence in the light in the head of the aspirant.*** So, the light in the head occurs within the etheric physical brain the point in the sutratma -- which corresponds to the point in the physical brain is PRS be presumably on the lower mental plane a lot of information is really being given here quite interesting.

All right, well that was a long one, and that's number two.

Reminding us what we're doing, we're bringing together the focused energies of the soul and the reoriented energies of personality that is what we are discussing and were discussing the phases in which this happens. We're struck dealing with a struggle to be attentive, at first, then the appearance of the possibility of working with the Divine Plan either in cooperation with someone else who has originated a cooperative enterprise or undertaken on one's own.

Then the second we're trying to hear with clarity the inner voice of the soul, and we're brooding upon the imparted message.

Then the third of the methods by which we established the soul-personality relationship.

***3. The period wherein he sounds the sacred Word and—blending it with the voice of the Ego or Soul—sets in motion mental matter for the building of his thought form. It is the man on the physical plane who now sounds the Word, and he does it in four ways:***

***a. He becomes the Word incarnated, and endeavours "to be what he is."***

***b. He sounds the Word within himself, seeking to do it as the soul. He visualizes himself as the soul breathing out energy through the medium of that Word through the entire system which his soul animates—his mental, emotional, vital, and physical instruments.***

***c. He sounds the Word literally on the physical plane, thus affecting the three grades of matter in his environment. All the time that he is thus occupied he is "holding the mind steady in the light", and is keeping his consciousness immovably in the realm of the soul.***

***d. Also he carries forward (and this is the most difficult stage) a paralleling activity of a steady visualization of the thought form through which he hopes to express that aspect of the plan which he has contacted, and which he hopes to bring into active being through his own life and in his own environment. TWM 96-97***

***Three. The period wherein he sounds the sacred Word and – blending it with the voice of the Ego or Soul—sets in motion mental matter for the building of the thoughtform.*** This then is the second sound that goes forth? Let's just ask, is this the point when the second sound goes forth. What's it called as we look up here then shall the second sound go forth? …

0:34:10 Okay, okay, and let's see what page we're on here just for fun page Nadia I'll do my best to keep that aware yes so I don't have to go hunting.

***It is the man on the physical plane who now sounds the word and he does so in four ways.*** Well, in this case not so, it is the turn of the man or soul in incarnation, or disciple who now sounds the word which is the second sounding and he does in four ways:

[Repeating:]

***a. He becomes the Word incarnated, and endeavours "to be what he is."***

***b. He sounds the Word within himself, seeking to do it as the soul. He visualizes himself as the soul breathing out energy through the medium of that Word through the entire system which his soul animates—his mental, emotional, vital, and physical instruments.***

***c. He sounds the Word literally on the physical plane, thus affecting the three grades of matter in his environment. All the time that he is thus occupied he is "holding the mind steady in the light", and is keeping his consciousness immovably in the realm of the soul.***

***d. Also he carries forward (and this is the most difficult stage) a paralleling activity of a steady visualization of the thought form through which he hopes to express that aspect of the plan which he has contacted, and which he hopes to bring into active being through his own life and in his own environment. TWM 96-97***

***a. He becomes the Word incarnated, and endeavors “to be what he is” on the higher planes.***

***b. He sounds the Word within himself, seeking to do it as the soul. He visualizes himself as the soul breathing out energy*** (that's not a bad idea, ***visualizes himself as the soul*** because indeed the soul is the Monad of the personality, is the monad if we withdraw through pratyahara. Indeed we find ourselves to be the soul which is that condition of consciousness on the higher mental plane which is engineered by the descending monad the extending descending Monad.***He visualizes himself as the soul breathing out energy through the medium of that word*** (*the word* in this case is the word of the soul—)***the soul breathing out the energy through the medium of that word through the entire system which his soul animates the mental emotional vital and physical instruments.*** Man acts as if; man acts as if he is the soul, which indeed he is, so he sounds the word as the soul, and then this would be probably a silent sounding given with the next example shows:

***c. He sounds the word literally on the physical plane*** and let us let us say that this word is the OM, ***thus affecting the three grades of matter in his environment*** and may be mostly the physical environment ***all the time that he is thus occupied he is holding the mine steady in the light and is keeping his consciousness immovably in the realm of the soul.*** Now, this is really important because it gives the conditions under which the word can be sounded this gives the conditions under which the word can be sounded on the physical plane. Okay, hmm physical plane.

***d. Also he carries forward (and this is the most difficult stage) a paralleling activity of a steady visualization of the thought form through which he hopes to express that aspect of the plan which he has contacted, and which he hopes to bring into active being through his own life and in his own environment.*** So he has to do more than one thing at a time and DK is always telling us that the successful meditator will be able to pursue several different activities at the same time …

0:38:40 So, the thought-form great about the aspirant has brought into being by the focused energies of the soul and the reoriented energies of the personality and this is operating in three stages, the stabilization (shall we call it that?) and then comes stabilization and interpretation, and what else and the sounding. We'll call them this, anyway, the three stages through which the man is bringing soul and personality together are stabilization, attentiveness, and hearing, attentiveness, interpretation, and sounding. All of this. Let's see here, yeah and each one has some different parts to it, and in the end here we have the sounding of the word on the physical plane. … Alright, so we see three different steps and some of them have different parts to the steps.

***This is only truly possible when a steady rapport has been established between the soul and the brain. The process involves the capacity of the brain to register what the soul is visioning and becoming aware of in the Kingdom of the Soul. It involves also a paralleling activity in the mind, for the aspirant must interpret the vision and utilize the concrete intelligent faculty for the wise adaptation of time and of form to the true expression of that which has been learnt. This is by no means an easy thing to do, but the aspirant has eventually to learn to express himself in full consciousness in more than one way and that simultaneously. He begins to learn a triple activity in this manner. This the* Old Commentary *expresses as follows: TWM 97***

***This is only truly possible when a steady rapport has been established between soul and brain.*** And the creative imagination must be brought into play to help this.

***The process involves the capacity of the brain to register what the soul is visioning and becoming aware of the Kingdom of the Soul***. This does not happen overnight, ***it involves also a paralleling activity in the mind for the aspirant must interpret.*** Okay, so registration, this is another one of those words. ***It also involves a paralleling activity in the mind for the aspirant must interpret*** that's it ***the vision and utilize the concrete intelligent faculty for wise adaptation of time and form to the true expression of that which has been learnt.***

***This is by no means an easy thing to do but the aspirant has eventually to express himself in full consciousness in more than one way and that simultaneously.*** Now as I said, DK kind of tells us that this is Welling let's do ***he begins to learn a triple activity in this manner. This the* Old Commentary *expresses as follows: …*** note the necessities of what we can call registration, stabilization (or maybe it comes first) stabilization, registration and interpretation; it's a hearing-seeing interpretation. It's clear there's something in the soul that has to come through and that something does not reach the physical brain quite so easily, much clearing has to be done, much quieting, much attentiveness has to be offered in the process, and then registration, a real impression can occur, an aspect of the divine plan with which we can cooperate.

Now the *Old Commentary* is going to say something about this.

***The Solar Orb shines forth in radiant splendor. The illuminated mind reflects the solar glory. The lunar orb rises from the centre to the summit, and is transformed into a radiant sun of light. When these three suns are one, Brahma breaks forth. A lighted world is born.***

***This literally means that when the soul (symbolized as the Solar Orb) the mind, and the light in the head form one unit, the creative power of the solar Angel can express itself in the three worlds, and can construct a form through which its energy can actively express itself. The lunar orb is a symbolic way of expressing the solar plexus which eventually must do two things:***

***1. Blend and fuse the energies of the lower two centres of force, and***

***2. Raise these fused energies and so, blending with the energies of the other and higher centres, reach the head.***

***All the above embodies a teaching and a theory. This has to be wrought out in the practical experiment and experience and conscious activity of the aspirant. TWM 98***

0:44:14 ***The Solar Orb shines forth in radiant splendor. The illuminated mind reflects the solar glory. The lunar orb rises from the centre to the summit, and is transformed into a radiant sun of light. When these three suns are one, Brahma breaks forth.*** (The god of creativity.) ***A lighted world is born.*** The illumined mind reflects, the lunar orb also rises to the other energies of the personality presumably. …

So ***the solar orb shines forth in radiant splendor.*** Now we have the mind held steady in the light the illuminated mind reflects the solar glory the lunar or brises from the center solar plexus perhaps to the summit Well, either within the physical body or to that point on the mental plane where this over or is shining in its solar glory and is transformed into the radiant Sun of light. Since if the personality is absorbed into the soul the lower energies absorbed into the mind which are absorbed into the soul ***when these three sons are one Brahma bag breaks forth a lighted world it is born.*** A world in which magic can be performed and this literally means.

Let’s see what the Tibetans is perhaps a little different from what I say. ***This literally means that when the soul (symbolized as the Solar Orb) the mind, and the light in the head form one unit,*** so soul mind brain right? This is really what it's all about. We have soul mind brain, including the etheric brain … ***the creative power of the solar Angel can express itself in the three worlds, and can construct a form through which its energy can actively express itself.*** or the human being the personality is such a form actually human being or personality is such a form but also we are speaking of the of the magical process.

0:47:10 ***The lunar orb is a symbolic way of expressing the solar plexus which eventually must do two things:***

Well, it looks like we're combining soul mind, light in the head, and solar plexus. Maybe we have a four-fold combination here, maybe a four-fold combination.

I guess I was somewhat correct when I said that the lunar orb does represent the solar plexus and the Sun and Moon have to unite in another way the lunar the lunar orb represents the entire personality and in another way, it has its place at the forehead in some of the older systems of chakraology and interestingly a does occur on the forehead of those etheric devas of the violet kind.

***So the lunar orbits a symbolic way of expressing the solar plexus which eventually must do two things:***

***1. Blend and fuse the energies of the lower two centres of force, and***

***2. Raise these fused energies and so, blending with the energies of the other and higher centres, reach the head.***

***All the above embodies a teaching and a theory. This has to be wrought out in the practical experiment and experience and conscious activity of the aspirant. TWM 98***

***One. Blend and fuse the energies of the two lower centers of force,*** this would be the base of spine center and sacral center and,

***Two. Raise these fused energies and so blending with the energies of the other in higher centers reach the head.*** Okay, so the moon representing the lower chakras must bring its energies to the head.

***All the above embodies our teaching in a theory and this has to be wrought out in the practical experiment and experience and conscious activity of the aspirant.*** Obviously, always from theory to practice.

***I would like also to point out the nature of the service humanity as a whole is rendering in the general plan of evolution. The rule under our consideration applies not only to the individual man but to the predestined activity of the fourth Kingdom in Nature. Through his meditation, discipline and service, man fans into radiant light, illuminating the three worlds, that point of light which flickered into being at the time of his individualization in past ages. This finds its reflection in the light in the head. Thus a rapport is set up, which permits not only of vibratory synchronization but of a radiation and display of magnetic force, permitting of its recognition in the three worlds of a man's immediate environment.***

***So it is with the human kingdom. As its illumination increases, as its light waxes more potent, its effect upon the sub-human kingdoms is analogous to that of the individual soul, its reflection, upon man in physical incarnation. I say analogous as a causative force, though not a correspondence in effects. Note this difference. Humanity is macrocosmic in relation to the sub-human states of consciousness, and this H. P. B. has well pointed out. The effect upon these lesser and more material states is primarily four-fold. TWM 98-99***

***I would like to point out the nature of the service humanity as a whole is rendering the general plan of evolution the rule under our consideration applies not only to individual man but to the predestined activity of the fourth kingdom in nature.*** The law of analogy, the great interpretive law of our planet of our system of our local cosmos, of the cosmos.

***Through his meditation, discipline and service,*** all of which are necessary ***man fans into*** -- through his meditation discipline and service man fans into a radiant activity into ***radiant light, illuminating the three worlds, that point of light which flickered into being at the time of his individualization in past ages.*** The mental unit is what is being discussed and it is a point on the fourth sublevel of the mental plane.

***This finds it's a reflection in the light in the head this mental unit where the soul has been active in stimulating its activation and the reflection is the light in the head.*** So let's just say the energized mental unit is reflected in the light in the head okay in her jaws ***thus the rapport set up which permits not only of vibratory synchronization soul my brain but of a radiation and display of magnetic force permitting of its recognition in the three worlds of man's immediate environment.*** so we're saying that something has to happen on the lower mental plane fourth level probably before the light in the head can appear.

So a soul and mind *rapport* precede the illumination of the of the etheric brain and the physical brain. Probably.

0:52:30 [repeating:]

***So it is with the human kingdom. As its illumination increases, as its light waxes more potent, its effect upon the sub-human kingdoms is analogous to that of the individual soul, its reflection, upon man in physical incarnation. I say analogous as a causative force, though not a correspondence in effects. Note this difference. Humanity is macrocosmic in relation to the sub-human states of consciousness, and this H. P. B. has well pointed out. The effect upon these lesser and more material states is primarily four-fold. TWM 99***

***So it is with the human Kingdom. As its illumination increases, as its light waxes more potent*** we sense the Gemini's involved here ***its effect upon the sub-human kingdoms is analogous to that of the individual soul, its reflection, upon man in physical incarnation.*** The part of man which is in a physical incarnation is the analogy to the lower kingdoms of nature.

***I say* analogous *as a positive force though not a* correspondence *in effects.*** N***ote this difference.*** *Correspondences* are more exacting. …

***Humanity is macrocosmic in relation to the sub human states of consciousness and this HPB has well pointed out. The effect upon these lesser and more material states is primarily fourfold.*** Now, I don't know that we can at this point, bring in of whole discussion.

(Were not quite to the hour point for this program, but I don't feel inclined to launch into a four-fold listing and have to break it as unfortunately I often have to do.)

Anyway, DK is analogizing between the human energy system and the light which appears within it … humanity is the microcosmic correspondence.

Now, if we think *correspondence*, surely we might almost say if we think correspond then surely we might look to the mineral kingdom for great radiation and include the etheric aspect of the mineral kingdom, because that would be the correspondence to the dense physical vehicle and its ether … So, the lower kingdoms will be illuminated by, and penetrated by, a mankind in its soul nature as a whole. Individual soul’s to the lower of vehicles which correspond to the different kingdoms, the etheric physical corresponds to the mineral kingdom, the astral to the vegetable kingdom, lots of analogies there, the animal to the lower mind we might say because the animal is beginning to learn but does not have self-consciousness yet, and then you know humanity especially in a soul aspect is the macrocosm of that relationship.

0:56:40 So, we've been through a number of interesting teachings here, some of them purely symbolic as in the *Old Commentary* but basically we have to create. I think this is the importance here, the soul mind brain alignment, and the light of the soul, let's just say …

In summary, what begins as soul light is demonstrated physically as the light in the head, at first diffused then becoming more focused, and finally as a radiant Sun light in the head, and also in a stimulation and light on the plane of mind in the area of the mental unit. I'm not quite sure of the physics there, the metaphysics, but okay, that light from above stimulates the mind and stimulates the brain and in a way we have the solar angel, as the angel of the presence, somehow extending itself deeply, deeply into matter and setting up a presence on the plane of mind and a presence even in the brain.

Okay, so let me just say that the solar angel, angel of the presence, extends itself deeply into matter and anchors itself in the attempts physical body of the planetary logos upon the plane of lower mind and in the mental body and also in the dense physical brain.

So, the solar angel is really plunging, deeply, it's doing its own version of harrowing hell as the Christ has done. Whatever that precisely means the hell world's in terms of image may occur on the seventh subplane of the astral plane as DK tells us, the hell of the average believer, but the physical plane truly is a kind of hell. Hell is a frozen world, where you are gripped by forces which prevent movement and real contact, and it is a kind of hell and He does talk about that, what other than the physical plane could be considered such a hell. All right.

Now, so this is the end of *A Treatise on White Magic* video commentary number 22 rule 3.1. … the first program for rule 3, and it's page 92-99, and this is the beginning of *A Treatise on White Magic* video commentary number 22 rule 3.2 …

All right, friends, I may be rushing a little bit too much to get into the Aquarius pre-full moon presentation here in the year 2018 on the 30th day of January and come back for more. There's lots to study here and I've offered some ideas hopefully in some degree of logic but occasionally a little chaotic, sorry for that. But one must keep moving, that's the Aries energy in me, it's better to get the washing machine out the door at 70% than wait years and years for the perfection of 99%.

Okay, onward we move. Thank you