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ARIES SOLAR FIRE MEDITATION

Students (Simplified Version)

For the seven days of each Full Moon (FM) Meditation Festival

For three days before FM, prepare yourself. Be **confident** that this group work will be effective; be **aspirational** that we are assisting the Hierarchy in its world work; and **dedicate** yourself to playing your part. On the day of the FM, meditate and **receive, hold** and **safeguard** the incoming energies. For the following three days hold the **expectation** and **belief** that this work is successful, continue to **register** any received insights, and quietly **distribute** the energies in your meditation work and as you go about your day.

Alignment

1. Withdraw from the personality, align with the soul and identify as the soul.
2. Imaginatively merge with the group soul.
3. Unite in soul with the spiritually-minded people of the world, with men and women of goodwill.
4. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
5. See the group align with the higher worlds of wisdom.
6. In the presence of this great Light, 'feel' the presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
7. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ. **OM**
8. Raise your thought to Shamballa, the "Center Where the Will of God is Known", and, with deepest reverence and in all humility, attune with the Presence of Sanat Kumara standing at the center of Shamballa.
9. Sound a long, silent OM as you imagine the group imbued with His Energy.

Alignment with Spiritual (Planet) Energies

Imaginatively visualise the constellation Aries with its many stars shining in the heavens, and tune into its influence. "See" its energy flow towards our solar system, to be received firstly by the Sun.

1. Align with the energy stream coming from the Solar Logos, the great "Heart of Love", and be impressed and imbued with the energies of Love-Wisdom.
1. Align with the energy stream from Mars and receive impression and be imbued by aspirational Mars energies.
2. Align with the energy stream from Mercury and receive impression and be imbued by the illuminating Mercury energies.
3. Align with the energy stream from Uranus. Be impressed and imbued with this pure stream of higher spiritual light; see it awaken and lift the consciousness of the group enabling us to identify with the One Soul of humanity.

Meditation

Align with the energy stream from the constellation Aries. Attempt to be imbued by the meaning and quality of this energy. Then meditate upon the Aries keynote "**I come forth and from the plane of mind I rule.**"

At the Exact Time of the Full Moon

Sound a silent OM at the exact moment of the Full Moon (or whenever you are ready if your meditation does not take in the exact time). In the following silence of several minutes (or according to your judgment) seek to see yourself and the group imbued with the energies of Aries, and of the Christ.

Distribution

1. Visualize the world situation and see Aries energies solving humanity's problems or perhaps one problem especially.
2. Bless humanity using the Great Invocation and the sounding of the Sacred Word three times.

THE GREAT INVOCATION

**From the point of Light within the Mind of God,
Let light stream forth into the minds of men.
Let Light descend on Earth.**

**From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.**

**From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.**

**From the centre which we call the race of men
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.**

Let Light and Love and Power restore the Plan on Earth

OM, OM, OM

TAURUS (WESAK) SOLAR FIRE MEDITATION

Students (Simplified Version)

For the seven days of each Full Moon (FM) Meditation Festival

For three days before FM, prepare yourself. Be **confident** that this group work will be effective; be **aspirational** that we are assisting the Hierarchy in its world work; and **dedicate** yourself to playing your part. On the day of the FM, meditate and **receive, hold** and **safeguard** the incoming energies. For the following three days hold the **expectation** and **belief** that this work is successful, continue to **register** any received insights, and quietly **distribute** the energies in your meditation work and as you go about your day.

Alignment

10. Withdraw from the personality, align with the soul and identify as the soul.
11. Imaginatively merge with the group soul.
12. Unite in soul with the spiritually-minded people of the world, with men and women of goodwill.
13. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
14. See the group align with the higher worlds of wisdom.
15. In the presence of this great Light, 'feel' the presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
16. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ. **OM**
17. Raise your thought to Shamballa, the "Center Where the Will of God is Known", and, with deepest reverence and in all humility, attune with the Presence of Sanat Kumara standing at the center of Shamballa.
18. Sound a long, silent OM as you imagine the group imbued with His Energy.

Alignment with Spiritual (Planet) Energies

Imaginatively visualise the constellation Taurus with its many stars shining in the heavens, and tune into its influence. "See" its energy flow towards our solar system, to be received firstly by the Sun.

4. Align with the energy stream coming from the Solar Logos, the great "Heart of Love"; and receive impression and be imbued by the solar energies of the Love-Wisdom stream.
5. Align with the energy stream from Venus. Attempt to receive impression and be imbued by the love and wisdom flowing from Venus.
6. Align with the energy stream from Vulcan. Be impressed and imbued with this pure stream of spiritual will, see it strengthen the resolve of the group enabling us to identify with the One Soul of humanity.

Meditation

Visualise the sacred Wesak Valley high in the Himalayan mountains. See the Christ, Masters, and pilgrims who have gathered to welcome the Lord Buddha, as he returns again to bless humanity. Imaginatively see your group join the pilgrims in the valley. Then meditate upon the Taurus keynote "**I see and when the eye is opened, all is illumined.**" imagining light and blessings pouring from the Lord Buddha and from the opened spiritual eye of Taurus, to the whole planet

At the Exact Time of the Full Moon

Sound a silent OM at the exact moment of the Full Moon (or whenever you are ready if your meditation does not take in the exact time). In the following silence of several minutes (or according to your judgment) seek to see yourself and the group imbued with the energies of Taurus and of the Buddha.

Distribution

3. Visualize the world situation and see Taurus energies solving humanity's problems or perhaps one problem especially.
4. Bless humanity using the Great Invocation and the sounding of the Sacred Word three times.

THE GREAT INVOCATION

**From the point of Light within the Mind of God,
Let light stream forth into the minds of men.
Let Light descend on Earth.**

**From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.**

**From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.**

**From the centre which we call the race of men
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.**

Let Light and Love and Power restore the Plan on Earth

OM, OM, OM

GEMINI SOLAR FIRE MEDITATION

Students (Simplified Version)

For the seven days of each Full Moon (FM) Meditation Festival

For three days before FM, prepare yourself. Be **confident** that this group work will be effective; be **aspirational** that we are assisting the Hierarchy in its world work; and **dedicate** yourself to playing your part. On the day of the FM, meditate and **receive, hold** and **safeguard** the incoming energies. For the following three days hold the **expectation** and **belief** that this work is successful, continue to **register** any received insights, and quietly **distribute** the energies in your meditation work and as you go about your day.

Alignment

19. Withdraw from the personality, align with the soul and identify as the soul.
20. Imaginatively merge with the group soul.
21. Unite in soul with the spiritually-minded people of the world, with men and women of goodwill.
22. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
23. See the group align with the higher worlds of wisdom.
24. In the presence of this great Light, 'feel' the presence of the Great White Brotherhood, the Lodge of Masters, and the Spiritual Hierarchy of our Planet.
25. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ. **OM**
26. Raise your thought to Shamballa, the "Center Where the Will of God is Known", and, with deepest reverence and in all humility, attune with the Presence of Sanat Kumara standing at the center of Shamballa.
27. Sound a long, silent OM as you imagine the group imbued with His Energy.

Alignment with Spiritual (Planet) Energies

Imaginatively visualise the constellation Gemini with its many stars shining in the heavens, and tune into its influence. "See" its energy flow towards our solar system, to be received firstly by the Sun.

2. Align with the energy stream coming from the Solar Logos, the great "Heart of Love", and be impressed and imbued with the energies of Love-Wisdom.
7. Align with the energy stream from Mercury and receive impression and be imbued by the light of intelligence energies.
8. Align with the energy stream from Venus and receive impression and be imbued by the intelligent love energies.
9. Align with the energy stream from the spiritual level of the Lord of Earth Itself. Be impressed and imbued with this pure stream of higher intelligence; see it integrate the consciousness of the group enabling us to identify with the One Soul of humanity
10. We see the energy streams being gathered up by the Christ and the Buddha on behalf of humanity, and offer profound gratitude to the Buddha for all He has done to illumine humanity: and to the Christ for teaching us how to love.

Meditation - the Christ and the Buddha

Then meditate upon the Gemini keynote "**I see my other self, and in the waning of that self, I grow and glow**", pondering on the manner in which we can work with Buddha and the Christ to help the soul light in humanity to grow.

At the Exact Time of the Full Moon

Sound a silent OM at the exact moment of the Full Moon (or whenever you are ready if your meditation does not take in the exact time). In the following silence of several minutes (or according to your judgment) seek to see yourself and the group imbued with the energies of Gemini, and of the Christ.

Distribution

5. Visualize the world situation and see Gemini energies solving humanity's problems or perhaps one problem especially.
6. Bless humanity using the Great Invocation and the sounding of the Sacred Word three times.

THE GREAT INVOCATION

**From the point of Light within the Mind of God,
Let light stream forth into the minds of men.
Let Light descend on Earth.**

**From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.**

**From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.**

**From the centre which we call the race of men
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.**

Let Light and Love and Power restore the Plan on Earth

OM, OM, OM

CANCER SOLAR FIRE MEDITATION

Students (Simplified Version)

For the seven days of each Full Moon (FM) Meditation Festival

For three days before FM, prepare yourself. Be **confident** that this group work will be effective; be **aspirational** that we are assisting the Hierarchy in its world work; and **dedicate** yourself to playing your part. On the day of the FM, meditate and **receive, hold** and **safeguard** the incoming energies. For the following three days hold the **expectation** and **belief** that this work is successful, continue to **register** any received insights, and quietly **distribute** the energies in your meditation work and as you go about your day.

Alignment

28. Withdraw from the personality, align with the soul and identify as the soul.
29. Imaginatively merge with the group soul.
30. Unite in soul with the spiritually-minded people of the world, with men and women of goodwill.
31. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
32. See the group align with the higher worlds of wisdom.
33. In the presence of this great Light, 'feel' the presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
34. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ. **OM**
35. Raise your thought to Shamballa, the "Center Where the Will of God is Known", and, with deepest reverence and in all humility, attune with the Presence of Sanat Kumara standing at the center of Shamballa.
36. Sound a long, silent OM as you imagine the group imbued with His Energy.

Alignment with Spiritual (Planet) Energies

Imaginatively visualise the constellation Cancer with its many stars shining in the heavens, and tune into its influence. "See" its energy flow towards our solar system, to be received firstly by the Sun.

3. Align with the energy stream coming from the Solar Logos, the great "Heart of Love", and be impressed and imbued with the energies of Love-Wisdom.
4. Align with the energy streams from Neptune - flowing through the Moon, a refining and spiritually balancing force.
5. Align with an even higher energy stream from Neptune. Be impressed and imbued with this pure stream of exquisite and sensitive divine love; see it dissolve all barriers so that group is enabled to identify with the One Soul of humanity

Meditation

Align with the energy stream from the constellation Cancer. Attempt to be imbued by the meaning and quality of this energy. Then meditate upon the Cancerian keynote. **"I build a lighted house and therein dwell."**

At the Exact Time of the Full Moon if Meditating at that Time

Sound a silent OM at the exact moment of the Full Moon (or whenever you are ready if your meditation does not take in the exact time). In the following silence of several minutes (or according to your judgment) seek to see yourself and the group imbued with the energies of Cancer.

Distribution

7. Imbued with Cancerian energies, visualize the world situation and the wise application of Cancer energies to the solving of humanity/s problems and perhaps to one problem especially.
8. Bless humanity using the Great Invocation and the sounding of the Sacred Word three times.

THE GREAT INVOCATION

**From the point of Light within the Mind of God,
Let light stream forth into the minds of men.
Let Light descend on Earth.**

**From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.**

**From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.**

**From the centre which we call the race of men
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.**

Let Light and Love and Power restore the Plan on Earth

OM, OM, OM

LEO SOLAR FIRE MEDITATION

Students (Simplified Version)

For the seven days of each Full Moon (FM) Meditation Festival

For three days before FM, prepare yourself. Be **confident** that this group work will be effective; be **aspirational** that we are assisting the Hierarchy in its world work; and **dedicate** yourself to playing your part. On the day of the FM, meditate and **receive, hold** and **safeguard** the incoming energies. For the following three days hold the **expectation** and **belief** that this work is successful, continue to **register** any received insights, and quietly **distribute** the energies in your meditation work and as you go about your day.

Alignment

37. Withdraw from the personality, align with the soul and identify as the soul.
38. Imaginatively merge with the group soul.
39. Unite in soul with the spiritually-minded people of the world, with men and women of goodwill.
40. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
41. See the group align with the higher worlds of wisdom.
42. In the presence of this great Light, 'feel' the presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
43. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ. **OM**
44. Raise your thought to Shamballa, the "Center Where the Will of God is Known", and, with deepest reverence and in all humility, attune with the Presence of Sanat Kumara standing at the center of Shamballa.
45. Sound a long, silent OM as you imagine the group imbued with His Energy.

Alignment with Spiritual (Planet) Energies

Imaginatively visualise the constellation Leo with its many stars shining in the heavens, and tune into its influence. "See" its energy flow towards our solar system, to be received firstly by the Sun.

11. Realize the Solar Logos and His vehicle the Sun as the effective Source of Life, Consciousness and Will within our entire solar system.
12. Align with the energy stream from the physical Sun and receive impression and be imbued by warm and vital energies.
13. Align with the energy stream from the "Heart of the Sun" - flowing via Neptune, and receive impression and be imbued with exquisite and sensitive divine love.
14. Attempt to realize that monadically your true "home" is within the Sun. Align with the energy stream from the "Spiritual Sun". Be impressed and imbued with this pure stream of exquisite divine love; see it expand the consciousness of the group enabling us to identify with the One Soul of humanity

Meditation

Align with the energy stream from the constellation Leo. Attempt to be imbued by the meaning and quality of this energy. Then meditate upon the Leo keynote "**I am That, and That am I**".

At the Exact Time of the Full Moon

Sound a silent OM at the exact moment of the Full Moon (or whenever you are ready if your meditation does not take in the exact time). In the following silence of several minutes (or according to your judgment) seek to see yourself and the group imbued with the energies of Leo.

Distribution

9. Visualize the world situation and see Leo energies solving humanity's problems or perhaps one problem especially.
10. Bless humanity using the Great Invocation and the sounding of the Sacred Word three times.

THE GREAT INVOCATION

**From the point of Light within the Mind of God,
Let light stream forth into the minds of men.
Let Light descend on Earth.**

**From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.**

**From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.**

**From the centre which we call the race of men
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.**

Let Light and Love and Power restore the Plan on Earth

OM, OM, OM

Virgo SOLAR FIRE MEDITATION

Students (Simplified Version)

For the seven days of each Full Moon (FM) Meditation Festival

For three days before FM, prepare yourself. Be **confident** that this group work will be effective; be **aspirational** that we are assisting the Hierarchy in its world work; and **dedicate** yourself to playing your part. On the day of the FM, meditate and **receive, hold** and **safeguard** the incoming energies. For the following three days hold the **expectation** and **belief** that this work is successful, continue to **register** any received insights, and quietly **distribute** the energies in your meditation work and as you go about your day.

Alignment

46. Withdraw from the personality, align with the soul and identify as the soul.
47. Imaginatively merge with the group soul.
48. Unite in soul with the spiritually-minded people of the world, with men and women of goodwill.
49. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
50. See the group align with the higher worlds of wisdom.
51. In the presence of this great Light, 'feel' the presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
52. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ. **OM**
53. Raise your thought to Shamballa, the "Center Where the Will of God is Known", and, with deepest reverence and in all humility, attune with the Presence of Sanat Kumara standing at the center of Shamballa.
54. Sound a long, silent OM as you imagine the group imbued with His Energy.

Alignment with Planet Energies

Imaginatively visualise the constellation Virgo with its many stars shining in the heavens, and tune into its influence. "See" its energy flow towards our solar system, to be received firstly by the Sun.

6. Align with the energy stream coming from the Solar Logos, the great "Heart of Love", and be impressed and imbued with the energies of Love-Wisdom.
7. Align with the discriminative intelligence energy stream flowing from Mercury.
8. Align with the purifying energy stream flowing from Vulcan - through the Moon.
9. Align with the energy stream from Jupiter. Be impressed and imbued with this pure stream of divine love and wisdom; see it expand the consciousness of the group enabling us to identify with the One Soul of humanity

Meditation

Align with the energy stream from the constellation Virgo. Attempt to be imbued by the meaning and quality of this energy. Then meditate upon the Virgo keynote "I am the mother and the child. I, God, I, matter am."

At the Exact Time of the Full Moon

Sound a silent OM at the exact moment of the Full Moon. In the following silence of several minutes (or according to your judgment) seek to see yourself and the group imbued with the energies of Virgo.

Distribution

11. Imbued with Virgo energies, visualize the world situation and the wise application of Virgo energies to the solving of humanity/s problems and perhaps to one problem especially.
12. Bless humanity using the Great Invocation and the sounding of the Sacred Word three times.

THE GREAT INVOCATION

**From the point of Light within the Mind of God,
Let light stream forth into the minds of men.
Let Light descend on Earth.**

**From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.**

**From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.**

**From the centre which we call the race of men
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.**

Let Light and Love and Power restore the Plan on Earth

OM, OM, OM

LIBRA SOLAR FIRE MEDITATION

Students (Simplified Version)

For the seven days of each Full Moon (FM) Meditation Festival

For three days before FM, prepare yourself. Be **confident** that this group work will be effective; be **aspirational** that we are assisting the Hierarchy in its world work; and **dedicate** yourself to playing your part. On the day of the FM, meditate and **receive, hold** and **safeguard** the incoming energies. For the following three days hold the **expectation** and **belief** that this work is successful, continue to **register** any received insights, and quietly **distribute** the energies in your meditation work and as you go about your day.

Alignment

55. Withdraw from the personality, align with the soul and identify as the soul.
56. Imaginatively merge with the group soul.
57. Unite in soul with the spiritually-minded people of the world, with men and women of goodwill.
58. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
59. See the group align with the higher worlds of wisdom.
60. In the presence of this great Light, 'feel' the presence of the Great White Brotherhood, the Lodge of Masters, and the Spiritual Hierarchy of our Planet.
61. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ. **OM**
62. Raise your thought to Shamballa, the "Center Where the Will of God is Known", and, with deepest reverence and in all humility, attune with the Presence of Sanat Kumara standing at the center of Shamballa.
63. Sound a long, silent OM as you imagine the group imbued with His Energy.

Alignment with Spiritual (Planet) Energies

Imaginatively visualise the constellation Libra with its many stars shining in the heavens, and tune into its influence. "See" its energy flow towards our solar system, to be received firstly by the Sun.

10. Align with the energy stream coming from the Solar Logos, the great "Heart of Love", and be impressed and imbued with the energies of Love-Wisdom.
15. Align with the energy stream from Venus and receive impression and be imbued by the beautifying force from Venus.
16. Align with the energy stream from Uranus and receive impression and be imbued by the spiritually awakening force from Uranus.
17. Align with the energy stream from Saturn, the great Teacher. Be impressed and imbued with this pure stream of higher intelligence; see it integrate the consciousness of the group enabling us to identify with the One Soul of humanity.

Meditation

Align with the energy stream from the constellation Libra. Attempt to be imbued by the meaning and quality of this energy. Then meditate upon the Libra keynote "**I choose the way which leads between the two great lines of force**"

At the Exact Time of the Full Moon

Sound a silent OM at the exact moment of the Full Moon (or whenever you are ready if your meditation does not take in the exact time). In the following silence of several minutes (or according to your judgment) seek to see yourself and the group imbued with the energies of Libra.

Distribution

13. Visualize the world situation and see Libra energies solving humanity's problems or perhaps one problem especially.
14. Bless humanity using the Great Invocation and the sounding of the Sacred Word three times.

THE GREAT INVOCATION

**From the point of Light within the Mind of God,
Let light stream forth into the minds of men.
Let Light descend on Earth.**

**From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.**

**From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.**

**From the centre which we call the race of men
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.**

Let Light and Love and Power restore the Plan on Earth

OM, OM, OM

SCORPIO SOLAR FIRE MEDITATION

Students (Simplified Version)

For the seven days of each Full Moon (FM) Meditation Festival

For three days before FM, prepare yourself. Be **confident** that this group work will be effective; be **aspirational** that we are assisting the Hierarchy in its world work; and **dedicate** yourself to playing your part. On the day of the FM, meditate and **receive, hold** and **safeguard** the incoming energies. For the following three days hold the **expectation** and **belief** that this work is successful, continue to **register** any received insights, and quietly **distribute** the energies in your meditation work and as you go about your day.

Alignment

64. Withdraw from the personality, align with the soul and identify as the soul.
65. Imaginatively merge with the group soul.
66. Unite in soul with the spiritually-minded people of the world, with men and women of goodwill.
67. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
68. See the group align with the higher worlds of wisdom.
69. In the presence of this great Light, 'feel' the presence of the Great White Brotherhood, the Lodge of Masters, and the Spiritual Hierarchy of our Planet.
70. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ. **OM**
71. Raise your thought to Shamballa, the "Center Where the Will of God is Known", and, with deepest reverence and in all humility, attune with the Presence of Sanat Kumara standing at the center of Shamballa.
72. Sound a long, silent OM as you imagine the group imbued with His Energy.

Alignment with Spiritual (Planet) Energies

Imaginatively visualise the constellation Scorpio with its many stars shining in the heavens, and tune into its influence. "See" its energy flow towards our solar system, to be received firstly by the Sun.

11. Align with the energy stream coming from the Solar Logos, the great "Heart of Love", and be impressed and imbued with the energies of Love-Wisdom.
12. Align with the higher aspirational energy stream from Mars and receive impression and be imbued by this inspiring and courage boosting force.
13. Align with the higher energy stream from Pluto and receive impression and be imbued by this purifying stream.
14. Align with the energy stream from Mercury. Be impressed and imbued with this pure stream of illuminating and intelligent light; see it light up the consciousness of the group enabling us to identify with the One Soul of humanity.

Meditation

Align with the energy stream from the constellation Scorpio. Attempt to be imbued by the meaning and quality of this energy. Then meditate upon the Scorpio keynote "**Warrior am I and from the battle I emerge triumphant.**"

At the Exact Time of the Full Moon

Sound a silent OM at the exact moment of the Full Moon (or whenever you are ready if your meditation does not take in the exact time). In the following silence of several minutes (or according to your judgment) seek to see yourself and the group imbued with the energies of Scorpio.

Distribution

15. Visualize the world situation and see Scorpio energies solving humanity's problems or perhaps one problem especially.
16. Bless humanity using the Great Invocation and the sounding of the Sacred Word three times.

THE GREAT INVOCATION

**From the point of Light within the Mind of God,
Let light stream forth into the minds of men.
Let Light descend on Earth.**

**From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.**

**From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.**

**From the centre which we call the race of men
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.**

Let Light and Love and Power restore the Plan on Earth

OM, OM, OM

SAGITTARIUS SOLAR FIRE MEDITATION

Students (Simplified Version)

For the seven days of each Full Moon (FM) Meditation Festival

For three days before FM, prepare yourself. Be **confident** that this group work will be effective; be **aspirational** that we are assisting the Hierarchy in its world work; and **dedicate** yourself to playing your part. On the day of the FM, meditate and **receive, hold** and **safeguard** the incoming energies. For the following three days hold the **expectation** and **belief** that this work is successful, continue to **register** any received insights, and quietly **distribute** the energies in your meditation work and as you go about your day.

Alignment

73. Withdraw from the personality, align with the soul and identify as the soul.
74. Imaginatively merge with the group soul.
75. Unite in soul with the spiritually-minded people of the world, with men and women of goodwill.
76. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
77. See the group align with the higher worlds of wisdom.
78. In the presence of this great Light, 'feel' the presence of the Great White Brotherhood, the Lodge of Masters, and the Spiritual Hierarchy of our Planet.
79. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ. **OM**
80. Raise your thought to Shamballa, the "Center Where the Will of God is Known", and, with deepest reverence and in all humility, attune with the Presence of Sanat Kumara standing at the center of Shamballa.
81. Sound a long, silent OM as you imagine the group imbued with His Energy.

Alignment with Spiritual (Planet) Energies

Imaginatively visualise the constellation Sagittarius with its many stars shining in the heavens, and tune into its influence. "See" its energy flow towards our solar system, to be received firstly by the Sun.

15. Align with the energy stream coming from the Solar Logos, the great "Heart of Love", and be impressed and imbued with the energies of Love-Wisdom.
16. Align with the energy stream from Jupiter and receive impression and be imbued by the expansive and uplifting stream of energy.
17. Align with the energy stream from spiritual aspect of the Lord of Earth; and receive impression and be imbued by the intelligent and integrating energies.
18. Align with the energy stream from spiritual aspect of the Lord of Mars. Be impressed and imbued with this pure stream of spiritual devotion and idealism; see it expand the consciousness of the group enabling us to identify with the One Soul of humanity.

Meditation

Align with the energy stream from the constellation Sagittarius. Attempt to be imbued by the meaning and quality of this energy. Then meditate upon the Sagittarius keynote "**I see the goal, I reach that goal, and then I see another.**"

At the Exact Time of the Full Moon

Sound a silent OM at the exact moment of the Full Moon (or whenever you are ready if your meditation does not take in the exact time). In the following silence of several minutes (or according to your judgment) seek to see yourself and the group imbued with the energies of Sagittarius.

Distribution

17. Visualize the world situation and see Sagittarius energies solving humanity's problems or perhaps one problem especially.
18. Bless humanity using the Great Invocation and the sounding of the Sacred Word three times.

THE GREAT INVOCATION

**From the point of Light within the Mind of God,
Let light stream forth into the minds of men.
Let Light descend on Earth.**

**From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.**

**From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.**

**From the centre which we call the race of men
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.**

Let Light and Love and Power restore the Plan on Earth

OM, OM, OM

CAPRICORN SOLAR FIRE MEDITATION

Students (Simplified Version)

For the seven days of each Full Moon (FM) Meditation Festival

For three days before FM, prepare yourself. Be **confident** that this group work will be effective; be **aspirational** that we are assisting the Hierarchy in its world work; and **dedicate** yourself to playing your part. On the day of the FM, meditate and **receive, hold** and **safeguard** the incoming energies. For the following three days hold the **expectation** and **belief** that this work is successful, continue to **register** any received insights, and quietly **distribute** the energies in your meditation work and as you go about your day.

Alignment

82. Withdraw from the personality, align with the soul and identify as the soul.
83. Imaginatively merge with the group soul.
84. Unite in soul with the spiritually-minded people of the world, with men and women of goodwill.
85. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
86. See the group align with the higher worlds of wisdom.
87. In the presence of this great Light, 'feel' the presence of the Great White Brotherhood, the Lodge of Masters, and the Spiritual Hierarchy of our Planet.
88. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ. **OM**
89. Raise your thought to Shamballa, the "Center Where the Will of God is Known", and, with deepest reverence and in all humility, attune with the Presence of Sanat Kumara standing at the center of Shamballa.
90. Sound a long, silent OM as you imagine the group imbued with His Energy.

Alignment with Spiritual (Planet) Energies

Imaginatively visualise the constellation Capricorn with its many stars shining in the heavens, and tune into its influence. "See" its energy flow towards our solar system, to be received firstly by the Sun.

19. Align with the energy stream coming from the Solar Logos, the great "Heart of Love", and be impressed and imbued with the energies of Love-Wisdom.
20. Align with the energy stream from Saturn and receive impression and be imbued by the energies of spiritual intelligence.
21. Align with the energy stream from Venus. Be impressed and imbued with this pure stream of intelligent love, see it expand the consciousness of the group enabling us to identify with the One Soul of humanity.

Meditation

Align with the energy stream from the constellation Capricorn. Attempt to be imbued by the meaning and quality of this energy. Then meditate upon the Capricorn keynote "**Lost am I in light supernal, yet on that light I turn my back**", turning towards struggling humanity and helping all to climb out of the shadows.

At the Exact Time of the Full Moon

Sound a silent OM at the exact moment of the Full Moon (or whenever you are ready if your meditation does not take in the exact time). In the following silence of several minutes (or according to your judgment) seek to see yourself and the group imbued with the energies of Capricorn.

Distribution

19. Visualize the world situation and see Capricorn energies solving humanity's problems or perhaps one problem especially.
20. Bless humanity using the Great Invocation and the sounding of the Sacred Word three times.

THE GREAT INVOCATION

**From the point of Light within the Mind of God,
Let light stream forth into the minds of men.
Let Light descend on Earth.**

**From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.**

**From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.**

**From the centre which we call the race of men
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.**

Let Light and Love and Power restore the Plan on Earth

OM, OM, OM

AQUARIUS SOLAR FIRE MEDITATION

Students (Simplified Version)

For the seven days of each Full Moon (FM) Meditation Festival

For three days before FM, prepare yourself. Be **confident** that this group work will be effective; be **aspirational** that we are assisting the Hierarchy in its world work; and **dedicate** yourself to playing your part. On the day of the FM, meditate and **receive, hold** and **safeguard** the incoming energies. For the following three days hold the **expectation** and **belief** that this work is successful, continue to **register** any received insights, and quietly **distribute** the energies in your meditation work and as you go about your day.

Alignment

91. Withdraw from the personality, align with the soul and identify as the soul.
92. Imaginatively merge with the group soul.
93. Unite in soul with the spiritually-minded people of the world, with men and women of goodwill.
94. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
95. See the group align with the higher worlds of wisdom.
96. In the presence of this great Light, 'feel' the presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
97. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ. **OM**
98. Raise your thought to Shamballa, the "Center Where the Will of God is Known", and, with deepest reverence and in all humility, attune with the Presence of Sanat Kumara standing at the center of Shamballa.
99. Sound a long, silent OM as you imagine the group imbued with His Energy.

Alignment with Spiritual (Planet) Energies

Imaginatively visualise the constellation Aquarius with its myriad stars shining in the heavens, and tune into its influence. "See" its energy flow towards our solar system, to be received firstly by the Sun.

22. Align with the energy stream coming from the Solar Logos, the great "Heart of Love", and be impressed and imbued with the energies of Love-Wisdom.
18. Align with the energy stream from the planet Uranus, and receive impression and be imbued with vitalising and "awakening" Uranian energies.
19. Align with the energy stream from the planet Jupiter, and receive impression and be imbued by the love and wisdom flowing from Jupiter.
20. Align with the energy stream from the symbolic Moon veiling the planets Vulcan, Neptune, and Uranus. Be impressed and imbued with this pure stream of divine energy, see it strengthen and expand the consciousness of the group enabling us to identify with the One Soul of humanity.

Meditation

Align with the energy stream from the constellation Aquarius. Attempt to be imbued by the meaning and quality of this energy. Then meditate upon the Aquarius keynote "Water of life am I, poured forth for thirsty men."

At the Exact Time of the Full Moon

Sound a silent OM at the exact moment of the Full Moon. In the following silence of several minutes (or according to your judgment) see and feel yourself and the group being imbued with the energies of Aquarius.

Distribution

21. Visualize the world situation and see Aquarius energies solving humanity's problems or perhaps one problem especially.
22. Bless humanity using the Great Invocation and the sounding of the Sacred Word three times.

THE GREAT INVOCATION

**From the point of Light within the Mind of God,
Let light stream forth into the minds of men.
Let Light descend on Earth.**

**From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.**

**From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.**

**From the centre which we call the race of men
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.**

Let Light and Love and Power restore the Plan on Earth

OM, OM, OM

PISCES SOLAR FIRE MEDITATION

Students (Simplified Version)

For the seven days of each Full Moon (FM) Meditation Festival

For three days before FM, prepare yourself. Be **confident** that this group work will be effective; be **aspirational** that we are assisting the Hierarchy in its world work; and **dedicate** yourself to playing your part. On the day of the FM, meditate and **receive, hold** and **safeguard** the incoming energies. For the following three days hold the **expectation** and **belief** that this work is successful, continue to **register** any received insights, and quietly **distribute** the energies in your meditation work and as you go about your day.

Alignment

100. Withdraw from the personality, align with the soul and identify as the soul.
101. Imaginatively merge with the group soul.
102. Unite in soul with the spiritually-minded people of the world, with men and women of goodwill.
103. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
104. See the group align with the higher worlds of wisdom.
105. In the presence of this great Light, 'feel' the presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
106. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ. **OM**
107. Raise your thought to Shamballa, the "Center Where the Will of God is Known", and, with deepest reverence and in all humility, attune with the Presence of Sanat Kumara standing at the center of Shamballa.
108. Sound a long, silent OM as you imagine the group imbued with His Energy.

Alignment with Spiritual (Planet) Energies

Imaginatively visualise the constellation Pisces with its myriad stars shining in the heavens, and tune into its influence. "See" its energy flow towards our solar system, to be received firstly by the Sun.

23. Align with the energy stream coming from the Solar Logos, the great "Heart of Love", and be impressed and imbued with the energies of Love-Wisdom.
21. Align with the energy stream from Jupiter and receive impression and be imbued with Jupiterian energies of faith, hope, charity, and benevolence.
22. Align with the energy stream from Pluto and receive impression and be imbued by the purifying power of Pluto.
23. Align with the energy stream from Neptune. Be impressed and imbued with this pure stream of exquisite sensitivity and compassion, see it dissolve all limitations and barriers within the consciousness of the group enabling us to identify with the One Soul of humanity.

Meditation

Align with the energy stream from the constellation Pisces. Attempt to be imbued by the meaning and quality of this energy. Then meditate upon the Pisces keynote **"I leave the Master's house and turning back, I save."**

At the Exact Time of the Full Moon

Sound a silent OM at the exact moment of the Full Moon (or whenever you are ready if your meditation does not take in the exact time). In the following silence of several minutes (or according to your judgment) seek to see yourself and the group imbued with the energies of Pisces.

Distribution

23. Visualize the world situation and see Pisces energies solving humanity's problems or perhaps one problem especially.
24. Bless humanity using the Great Invocation and the sounding of the Sacred Word three times.

THE GREAT INVOCATION

**From the point of Light within the Mind of God,
Let light stream forth into the minds of men.
Let Light descend on Earth.**

**From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.**

**From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.**

**From the centre which we call the race of men
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.**

Let Light and Love and Power restore the Plan on Earth

OM, OM, OM

