Meditation Series 3 Program 6

1. Abstraction
2. Disappearance of RINGS-PASS-NOT through the use of the imagination.
3. Abstraction from Quality. As long as you perceive it that it sufficient and all value judgment is suspended.
4. Tuning in on the Isness of that which is perceived.
5. Tuning in so much on the Isness that form is negated and the Isness, through infusception, becomes the ‘object’ of attention.
6. Merging of the sense of Self with That which is infusceived.
7. Plunging deeply into That which infusception reveals and *through the heart feeling it as oneself.*
8. Looking in all directions imaginatively through infusception and finding One’s Self in its formless, in-Universe State, as the Essence of all in-Universe registrations.
9. Apply the formula: Out of ME….and name what you wish but *feel it to be true.*
10. Through the imagination, resolve to Be the Universal Root—that is enough for now. As far as the SUPRA-UNIVERSAL ROOT GOES, *first things first.*
11. OM OM OM