**Discussion of Concepts Contained in Seed-Thoughts 1, 5Dec15**

1. Having established our basis in Infinitistic Philosophy or Radical Infinitism, we are ready to begin applying our meditative powers to certain seed-thoughts—seeing if we can subtly penetrate to the experience behind and within them.
2. We will work on a few seed-thoughts:
	1. **Identify *as* anything or anyone you ‘see’ (**How is this done? Mainly through *realization*.)
		1. Align with four levels of heart: vehicle, head, egoic, monadic.
		2. Meet each perception or content of consciousness with heart-alignment first which prevents immediate discrimination.
		3. Realize that the *hearts* can reveal quality, but the hearts can also (even more deeply) reveal Being.
		4. Cast out all previous notions of your-Self. What You *think* You are is getting in the way of what You REALLY-as-Really *are.*
		5. Do not be misled by the *appearance* of anything or anybody. Appearance reveals *quality* but You are seeking Being which you already forever *are.*
		6. So *dismiss distinction* and find the factor of 'SAMENESS-as-Sameness' in all.
		7. Take any two things at a time and realize them to be the 'SAME-as-Same’. ***Equalize*** everything two at a time, even though these two may seem completely unrelated. *Equalize-as-Being→* Remembering that magnitude makes no difference.
			1. Our Solar Logos and a flea
			2. A flame and a drop of water
			3. An atom and a galaxy
			4. Your own pairs…
		8. 'Equalize-Everything-as-Being'
	2. **Find and *Be* the 'PRESENCE-as-Presence'**
		1. Align with four levels of heart: vehicle, head, egoic, monadic. (How is this done? Mainly through *realization*)
		2. Realize the 'PRESENCE-as-Presence' is never *absent,* always permanent and continuous as long as there is a Universe.
		3. Realize that the 'PRESENCE-as-Presence' is the *permanent Interfusion* of all perceptions by 'BE-NESS-as-Being'.
		4. Realize that it is the *hearts* that *reveal and feel* the 'SAME-as-Same'.
		5. Realize that there are *points of varying tension* within the Presence (and this is Hierarchy), but these points 'in-Universe' are naught but the Presence Itself.
	3. **Be ALL; or more exactly, Be 'ALL-as-All'**
		1. Align with four levels of heart: vehicle, head, egoic, monadic. (How is this done? Mainly through *realization*)
		2. Being the Interfusion pervading 'ALL-as-All', draw back into your-Self all that You ‘see’, all that You ‘register’, for not only is it all emerge from You but all of it *Is You.*
		3. Do not let illusory notions of self, prevent You from doing this. (If you forget that you are *not* that with which you have previously identified, you will not be able to do this.)
		4. Let nothing escape your *being it,* even if you are qualitatively repulsed by a perception or content of consciousness.
		5. Be one thing, then add to it another, and another, and another until the ‘feeling’ of being any tiny one merges into the ‘feeling’ of being the few; and the ‘feeling’ of being the few, merges into the ‘feeling’ of being the many; and the feeling of being many merges (without disruption of the feeling) into the feeling of being All; and the ‘feeling’ of being All merges into the ‘feeling’ of being 'ALL-as-All'.
		6. RPIA: Repel none, include All. OR, even while, of necessity repelling (as must be done under the Law of Attraction) *include-in-Being* that which is repelled. Practice.
		7. Thus, RAB: Repel-and-Be