**Abstract**

Content for A Treatise on White Magic, Video Commentary, Program 36, Rule 5.1, Beginning Rule Five, THE SOUL AND ITS THOUGHT-FORMS. 1 hr 1 min: pages 155-163.

We have been dealing with the processes of creation as they concern:

1. The Creator of a solar system or a planetary scheme.

2. The Ego, as it creates its body of manifestation.

3. Man, as he creates those thought-forms by which he expresses himself. The objective form has been the result of meditation on the part of the creating agency.

This fifth rule touches upon three factors:

1. The condition of the waters.

2. The safety of the one who thus creates.

3. Steady contemplation.

These teachings are intended to be practical. The process of creating thought-forms is part of the work done by every aspirant in the daily meditation process. As egos, preparing to take human bodies, are deeply engaged in meditation work, it is highly improbable that they can be reached by the ordinary medium in the ordinary seance. Hindrances to the potency of the work. If a thought-form is sent forth into the emotional world to gather to itself a body of desire and is immersed in a “condition of the waters” which can best be described as purely selfish, it is lost. The “condition of the waters.” Their “skill in action” is lost, because they are tied to the desired result and so their labour produces nothing. There are three qualities predominating in the planetary form—fear, expectancy and a climaxing desire (in the human family) for material possession. Desire for material possession must be superseded by aspiration for those possessions which are the joy of the soul—wisdom, love and power to serve.

People are frequently slain (in the occult and therefore in the more important sense) by their own thought-forms. This they do in two ways:

1. By growing potent on the mental plane that the man falls a victim to the thing he has created.

2. By multiplying fast that the mental aura of the man becomes like unto a thick and dense cloud.

[A Treatise on White Magic Video Commentary 36](http://makara.us/04mdr/webinars/atowm/2018-02-05-2033-ATOWM-Video-Rule-5-1-Commentary-36-Approx-1h.wmv) 93 MB .wmv file  
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Audio of A Treatise on White Magic Video Commentary 36 by Michael D. Robbins.   **Transcript**

Hi everybody … this is *A Treatise on White Magic* video commentary number 36 and we're starting with rule 5, it may be a long one, not sure, I haven't really looked at it really.

***RULE FIVE***

***Three things engage the Solar Angel before the sheath created passes downward; the condition of the waters, the safety of the one who thus creates, and steady contemplation. Thus are the heart, the throat, and eye, allied for triple service.***

***The Soul and its Thought-forms.***

***Heart, Throat and Eye.***

***The Awakening of the Centres.***

***THE SOUL AND ITS THOUGHT-FORMS - Part 1***

***We have been dealing with the processes of creation as they concern:***

***1. The Creator of a solar system or a planetary scheme.***

***2. The Ego, as it creates its body of manifestation. It should here be remembered that the entire human family has been brought into manifestation by a paralleling group of egos.***

***3. Man, as he creates those thought-forms by which he expresses himself, through which he works, and by which he is surrounded. It should also here be borne in mind that this definite creative work is only possible to those who function on mental levels—the thinkers of the world and the disciples of the Masters.***

***In every case, as we have seen, the objective form has been the result of meditation on the part of the creating agency, of response from the material acted upon by the force generated in meditation, thus producing the building of the form, and its utilization through sound. This is succeeded by the stage wherein the form is seen objectively and becomes a vibrant living entity. Thus is "the Word made Flesh," and thus do all forms—universes, men, and ensouled thoughts—come into being. TWM 157***

***Three things engage the Solar Angel before the sheath created passes downward; the condition of the waters, the safety of the one who thus creates, and steady contemplation. Thus are the heart, the throat, and eye, allied for triple service.*** Well, the solar angel infusing the egoic lotus as the angel of the presence is concerned with the astral body, the safety of the magician, and holding the mind on that which has to be done. But of course what DK has been doing really is telling us more about the effect upon the disciple rather than going through the mechanisms employed by the magician to ensure that his thoughtform is probably created. Maybe He will begin to do more of that but a lot of it can be found in *A Treatise on Cosmic Fire* and I think that He doesn't want to be repeating himself and rewriting what he's already written.

***The Soul and its Thought-forms.*** We're going to be dealing with the soul and its thoughtform, you see, in one way the man himself is the thoughtform of the soul, but from another point of view the magician in touch with the soul creates a thought form which must pass downward. We're going to deal with ***Heart, Throat and Eye*** and ***The Awakening of the Centres.***

***THE SOUL AND ITS THOUGHT-FORMS - Part 1.***

We are on page 155, which I would like to remember when this program concludes.

***We have been dealing with the processes of creation as they concern:***

***1. The Creator of a solar system or a planetary scheme.*** These are the large scale creators, small in the great scheme of things but large when compared to us.

***2. The Ego, as it creates its body of manifestation. It should here be remembered that the entire human family has been brought into manifestation by a paralleling group of egos.*** It’s not really a capitalized often, this word is capitalized to indicate the solar angel. Let’s just say that without the solar angel, man as he exiss in this round, and in this chain, would not exist. We had animal man but we didn’t really have animal man except in Lemurian days, except for the work of the Solar Angels. It is true that in an earlier system there were men who were present and they were watchers, watchers of the process, and that is really an amazing through that they had bene brought in from other places, and probably the previous solar system. Moon chain humanity had not yet come into our chain in the fourth round, that would be taking place in the third subrace of the fourth root race and that would have been millions of years from the individualizing of moon chain humanity.

***3. Man, as he creates those thought-forms by which he expresses himself, through which he works, and by which he is surrounded. It should also here be borne in mind that this definite creative work is only possible to those who function on mental levels*** (definite creative work may be incidental, creation is possible) ***the thinkers of the world and the disciples of the Masters.*** We are talking about white magicians or masters, but not for the average emotionally-polarized human being.

0:06:10 ***In every case, as we have seen, the objective form has been the result of meditation on the part of the creating agency,*** let's just say, meditation before creation. This is the sequence, the order. It's ***been the result of meditation on the part of the creating agency, of response from the material acted upon by the force generated in meditation,*** objective form starts with meditation, and then the response of the material that has been targeted by the product of meditation ***thus producing the building of the form, and its utilization through sound.*** Now that's actually an important hint and one that we should keep in mind. The form is utilized through sound. Even now it is often the case when we deal with our personality and with the environment in which we find ourselves and in which the form must act.

***This is succeeded by the stage wherein the form is seen objectively and becomes a vibrant living entity.*** This is the magical work. ***Thus is "the Word*** the sound ***made Flesh," and thus do all forms—universes, men, and ensouled thoughts—come into being.*** There is creation, there is force generated in meditation, because meditation must precede the act of creation. Really meditation comes first in the creative process and a force is generated by this meditation and this small form is directed through sound towards manifestation.

These are inner laws and rules. There is a building of a form which is to take on more and more substance as it descends from the plane of mind, it's to take on an emotional or astral sheath, to take on a etheric sheath, and finally to appear in the dense physical levels and that's even in the final rules.

***A vibrant living entity,*** well even on the plane of ether it could be called a ***vibrant living entity*** and then it appears in full objectivity either by the objective outer actions of a human being or through the occult powers which makes it possible for the etheric vibrant living entity to simply appear.

***This fifth rule touches upon three factors which engage the attention of the creating agent before the physical form emerges into view on the exterior plane. These three are:***

***1. The condition of the waters.***

***2. The safety of the one who thus creates.***

***3. Steady contemplation.***

***We will deal briefly with these three and then we will consider the three factors which the disciple needs to relate if he ever aims to become an active and potent co-operator with the Hierarchy. These are the Eye, the Heart, the Throat. The interpretation and significance of these rules can be carried forward along several lines. For our purposes, the one followed will be that relating to the disciple and his work, and will deal with his training in the magical work of the ego, as that ego occupies and employs a physical form. These teachings are intended to be practical; they will emphasize the training and discipline of the disciple, and, scattered throughout, will be found those hints and esoteric suggestions which, when followed, will lead the aspirant on to experiment and to experience of truth. Those who are not true aspirants will fail to recognize the hints and thus will be preserved from danger and premature experience. TWM 158***

***This fifth rule touches upon three factors which engage the attention of the creating agent*** and we've seen it can be a solar logos, planetary logos, soul, a man. ***Three factors which gave the attention of the creating agent*** ***before the physical form emerges into view on the exterior plane.*** Now, remember that emergence occurs either naturally through physical action or occultly through words of power and other occult methods.

0:11:10 What are the three factors? I'll just outline that so we know what we're talking about. In all these many, many words that are written by the Tibetan and it's not rare to become a little lost, at least I occasionally do, and I'm sure we've all had that experience.

***These three are:***

***1. The condition of the waters.***

***2. The safety of the one who thus creates.***

***3. Steady contemplation.***

Note the danger of magic is beginning to be referenced and DK talks about the magicians who have died along the way through neglecting a part of the magical process or performing it inadequately.

***We will deal briefly with these three and then we will consider the three factors which the disciple needs to relate if he ever aims to become an active and potent co-operator with the Hierarchy.*** This is not only about becoming a white magician, but about even the possibility of really becoming active and potent in cooperation with hierarchy.

***These are the Eye, the Heart, the Throat.*** We're really being introduced to important aspects of occult science here.

***The interpretation and significance of these rules can be carried forward along several lines.*** That has become evident, we've been talking about what the soul creates, it is basically a human being, and what the man or magician creates, it's basically a thoughtform and something that emerges on the physical plane as an arrangement of energies effective along a given line.

***For our purposes, the one followed will be that relating to the disciple and his work, and will deal with his training in the magical work of the ego, as that ego occupies and employs a physical form.*** We're taking it down quite a bit and dealing with man, the disciple, as creator. This is our focus. Though He has as we've noticed dealt with the soul as creator of man.

***These teachings are intended to be practical*** which I guess means that we can do them rather than simply theorize about them and say they're very interesting but we can't touch them. ***These teachings are intended to be practical; they will emphasize the training and discipline of the disciple, and, scattered throughout, will be found those hints and esoteric suggestions which, when followed, will lead the aspirant on to experiment and to experience of truth.*** We can simply say, ways forward are given as hints, but perhaps we will not always be told that a hint is a hint. Oftentimes He does tell us this is a hint, but the new method, DK says, will be employed by the modern disciple is the extraction from the massive material that he may read, of those indications which stand out for him as significant and pointing to the next possible step to be taken.

***Those who are not true aspirants will fail to recognize the hints and thus will be preserved from danger and premature experience.*** Now the true aspirant is an initiate of the first degree. He says that in various places all true aspirants have taken the first initiation but sometimes you would wonder even whether the first degree would be sufficient how to recognize some of the hints given here.

***Let us therefore take up the three factors which engage our attention, and let us consider them from the standpoint of the human being who is creating thought-forms, and not primarily from the standpoint of a solar Creator or of an ego, preparing to take incarnation through the medium of form. Two collateral thoughts are here of value. One is that the process of creating thought-forms is part of the work done by every aspirant in the daily meditation process. If the student would remember that every time he sits down to his morning meditation he is learning to build and vitalize thought-forms, his work might assume greater interest. The tendency of most aspirants is to be occupied with their deficiencies in the work of meditation and their inability to control their minds, whereas both those aspects of their endeavor would be aided if they were to be occupied by the profoundly engrossing work of thought-form building.***

***A secondary and less important thought is that as egos, preparing to take human bodies, are deeply engaged in meditation work, it is highly improbable that they can be reached by the ordinary medium in the ordinary seance. At the most, only those who have passed over quite recently can be thus contacted, and they are, in most cases, in a condition of deep abstraction of a different kind. There is no time or purpose in enlarging upon this theme here but it is of interest to those investigating these matters. TWM 158-159***

0:16:20 ***Let us therefore take up the three factors which engage our attention, and let us consider them from the standpoint of the human being who is creating thought-forms,*** Now here He is getting right into the subject. He did this a lot in *A Treatise on Cosmic Fire* ***and not primarily from the standpoint of a solar Creator or of an ego, preparing to take incarnation through the medium of form.*** At times He has already done this, especially in the standpoint of the Ego. (I’m capitalizing it because it represents the higher consciousness within the causal body that is the result of the presence within the causal body of the angel of the present solar angel.)

***Two collateral thoughts are here of value. One is that the process of creating thought-forms is part of the work done by every aspirant in the daily meditation process.*** Let's just say largely under Saturn, ruler of the throat center, and occasionally under Uranus.

***If the student would remember that every time he sits down to his morning meditation he is learning to build and vitalize thought-forms, his work might assume greater interest. The tendency of most aspirants is to be occupied with their deficiencies in the work of meditation and their inability to control their minds, whereas both those aspects of their endeavor would be aided if they were to be occupied by the profoundly engrossing work of thought-form building.*** Very interesting. He’s giving us a hint as to how we can avoid preoccupation with our deficiencies and lack of control, by substituting the subject of profound interest. Substituted subject of profound interest. A hint. And that takes our attention away from the insufficiencies and from the possibility of even energizing the insufficiencies.

***A secondary and less important thought is that as egos, preparing to take human bodies, are deeply engaged in meditation work, it is highly improbable that they can be reached by the ordinary medium in the ordinary seance.*** This is a cautionary tale and shows limits.

***At the most, only those who have passed over quite recently can be thus contacted, and they are, in most cases, in a condition of deep abstraction of a different kind. There is no time or purpose in enlarging upon this theme here but it is of interest to those investigating these matters.*** There's much going on in the séance room and it's either filled with glamour or perhaps some of it is real, but He gives us a sense maybe of how rarely the ego involved or the person involved is really contacted.

0:20:40 Now we come to the first of the three factors to be considered before there is actually an appearance on the outer plane and that is:

***1. The Condition of the Waters***

***The creating agency, man, has through the incentives of a co-ordinating purpose, intent meditation, and creative activity built the thought-form which he is ensouling with his own vitality and directing with his will. The time has come for that thought-form to be sent upon its mission and to carry out the purpose of its being. As we saw in the earlier rule, the form is "driven" from its creator by the power of the expulsive breath. This is a symbolic statement but, at the same time, an experimental fact in the magical work. In the disciple's work, there is often failure owing to his inability to understand both the esoteric and the literal significance of this expulsive breath as he carries forward his meditation work. This expulsive breath is the result of a preceding period of rhythmic breathing, paralleled by concentrated meditation work, then a definite focussing of the attention and the breath, as the purpose of the created form is mentally defined, and finally, the vitalizing of the thought-form, by its creator, and its consequent energizing into independent life and activity.***

***The first hindrance to the potency of the work comes through the failure of the disciple to carry on these activities simultaneously. The second cause of failure lies in his neglecting to consider the condition of the waters or the state of the emotional substance into which this mental form must go and so gather to itself the matter of the astral plane which will enable it to become a functioning entity on that plane. If it cannot do this, it becomes simply and eventually a dead form on the plane of mind, for it will lack that motivating power of desire which is necessary to carry it forward to completion on the physical plane. TWM 159-160***

***The Condition of the Waters***

***The creating agency,*** we're focusing on man now, man as the mental creator and eventually as the white magician ***man, has through the incentives of a co-ordinating purpose, intent meditation, and creative activity built the thought-form which he is ensouling with his own vitality and directing with his will.*** What creates a thought form? ***The incentives of a coordinating purpose intent meditation and creative activity* M**aybe it's this way, that the purpose is the first ray or related to its intent, meditation the second, and creative activity to the third. There's no other way really to build a thoughtform except through these three types of activity show us how to build a thoughtform.

***The time has come for that thought-form to be sent upon its mission and to carry out the purpose of its being.*** As we know there are different ways of sending … some are occult and some are simply the activity of the man on the physical plane.

***As we saw in the earlier rule, the form is "driven" from its creator by the power of the expulsive breath.*** This is a hint, it is a physical act, but it aids the occult process.

***This is a symbolic statement but, at the same time, an experimental fact in the magical work.*** What's He doing? He's hinting, those who can see a hint to try it. An occult process …

***In the disciple's work, there is often failure owing to his inability to understand both the esoteric and the literal significance of this expulsive breath*** he really is telling us there is an esoteric and literal significance ***as he carries forward his meditation work. This expulsive breath is the result of a preceding period of rhythmic breathing, paralleled by concentrated meditation work, then a definite focussing of the attention and the breath, as the purpose of the created form is mentally defined, and finally, the vitalizing of the thought-form, by its creator, and its consequent energizing into independent life and activity.*** We are to use both the esoteric and literal methods. I'm assuming that with the esoteric method a lot of internal continued concentration and energizing is necessary. The expulsive breath however is shown as significant. …

***The first hindrance to the potency of the work comes through the failure of the disciple to carry on these activities simultaneously.*** DK is always discussing the necessity for simultaneity with regard to various acts. We have here the sustaining of the purpose and it's mental definition, and then the sending forth of that sustained purpose, but of course we will also be shown that it has to be emotionally motivated properly and etherically vitalized before can really be sent forth on its mission. So, the first hindrance is the failure to do the required acts simultaneously.

***The second cause of failure lies in his neglecting to consider the condition of the waters or the state of the emotional substance into which this mental form must go and so gather to itself the matter of the astral plane which will enable it to become a functioning entity on that plane.*** That's the problem and the form. Basically He's told us elsewhere the form can go astray and be improperly motivated and driven even to the point of working evil if not guarded. ***The second cause of failure lies in his neglecting to consider*** his motivations, the ***condition of the waters or the state of the emotional substance.*** Is the condition turbulent? What are the motivations? The form can go astray. It has to gather to itself the right kind of astral substance.

***If it cannot do this, it becomes simply and eventually a dead form on the plane of mind***  here it creates an unhealthy clutter and suffocating effect***, for it will lack that motivating power of desire which is necessary to carry it forward to completion on the physical plane.*** Of course, other people get excited about a half-baked thought form that even though the motivating power is there the thought form is to inchoate to do any good.

Watch for the tendency to be highly motivated about an incomplete thought form. Then you have to say, ‘Well, I didn't think of that. Oh I didn't think of that.’ Well we have to think thoroughly and then energize the thoughtform with adequate desire for its manifestation which means the right kind of astral matter and of course the form can go in either direction.

I think by the time we reach rule 7 or we see that possibility.

***It is interesting to remember this: If a thought-form is sent forth into the emotional world to gather to itself a body of desire (the impelling force which produces all objectivity) and is immersed in a "condition of the waters" which can best be described as purely selfish, all that occurs is as follows: It is lost, by being drawn into the astral body of the disciple, which is the focal point for all astral energy employed by the disciple. It is swept into a vortex of which the individual astral body is the centre and loses its separate existence. The simile of the whirlpool is of value here. The thinker is like a man throwing a toy boat from the shore into a stream of water. If he throws it into a whirlpool, it is sucked in time into the central vortex and so disappears. Many forms, thus constructed by an aspirant in his meditation work are lost and fail in their objective because of the chaotic and whirling state of the aspirant's emotional body. Thus good intentions come to naught; thus good purpose and planned work for the Master fail to materialize because, as the thought-form passes downward on to the plane of desire and emotion, it contacts only the seething waters of fear, of suspicion, of hatred, of vicious or purely physical desire. These being more potent than the little form, drown it, and it passes out of sight and out of existence, and the man becomes conscious of another abortive effort. TWM 160***

0:30:00 ***It is interesting to remember this: If a thought-form is sent forth into the emotional world to gather to itself a body of desire (the impelling force which produces all objectivity)*** note that, that this is what the desire is and does ***and is immersed in a "condition of the waters" which can best be described as purely selfish*** and also sort of rotating on its own axis***, all that occurs is as follows: It is lost, by being drawn into the astral body of the disciple, which is the focal point for all astral energy employed by the disciple.*** I guess we're saying it never makes it onto the astral plane and towards true manifestations.

***It is swept into a vortex of which the individual astral body is the centre and loses its separate existence.*** Thus becomes non effective.

***The simile of the whirlpool is of value here.*** Well I guess also what we want to say is that the selfish astral body is like a vortex which does not release good into the world.

***The thinker is like a man throwing a toy boat from the shore into a stream of water. If he throws it into a whirlpool, it is sucked in time into the central vortex and so disappears.*** Basically selfishness is a whirlpool.

***Many forms, thus constructed by an aspirant in his meditation work are lost and fail in their objective because of the chaotic and whirling state of the aspirant's emotional body.*** Hence the need for a calm condition of the waters.

***Thus good intentions come to naught; thus good purpose and planned work for the Master fail to materialize because, as the thought-form passes downward on to the plane of desire and emotion, it contacts only the seething waters of fear, of suspicion, of hatred,*** a cause of glamour, of hatred, ***of vicious or purely physical desire.*** Desire not a very pleasant picture.

***These being more potent than the little form, drown it, and it passes out of sight and out of existence, and the man becomes conscious of another abortive effort.*** And the sense failure builds up. Hmm. Or, well in other words there are a number of conditions of the waters which are inimical to the right equipping and right expression of the thought-form over which one has perhaps labored long and hard of course. The opposite of this is one doesn't labor and thought very well sends the thought form into the astral body and they ask for body is in such a condition that it *can* manifest this incomplete and fairly useless thought form which if it reaches a physical manifestation is not going to do much good, or maybe will do no good at all.

***Or again, the "condition of the waters" is not that of a self-engendered whirlpool, but is more allied to that of a pool, stirred into a frothy and boiling surge, through the activities of others. There are many disciples who have achieved a fair measure of self-control and of personal disinterestedness. They are not the victims of personality desire and aims, and are comparatively free from the whirlpool of selfish tendencies. But their astral bodies are again and again swept into a state of agitation by the group for, and in which, they work. They are elated or depressed, satisfied or dissatisfied by the results they achieve or fail to achieve; this achievement or lack of achievement and the steadiness or disloyalties of their fellow servers produce agitation and emotional upset, and on this powerful reaction their thought-forms, constructed so diligently and prayerfully, come to naught. Their "skill in action" is lost, because they are tied to the desired result and so their labour produces nothing.***

***There are many other "conditions of the waters" which each aspirant can for himself supply. There is one more however upon which I would like to touch. The emotional body of the disciple which must feed and nurture the baby thought-form (with its mental nucleus) is necessarily part of the planetary emotional form and hence vibrates in unison with that form. This should also be carefully considered, for the emotional body is thrown into a state of activity by the general astral condition and must be handled wisely from this angle. TWM 161***

***Or again, the "condition of the waters" is not that of a self-engendered whirlpool, but is more allied to that of a pool, stirred into a frothy and boiling surge, through the activities of others.*** We would then lack the proper insulation protect the thought-form now.

***There are many disciples who have achieved a fair measure of self-control and of personal disinterestedness.*** I guess this is really all about what experience has shown to the teacher that ***there are many disciples who have achieved a fair measure of self control and personal a disinterestedness.*** Notnarcissistic in the not totally fixated upon the little personal self take your eyes off the little personal self where true.

***They are not the victims of personality desire and aims, and are comparatively free from the whirlpool of selfish tendencies.*** Which just tend to emphasize the little personal self out of relation with the right types of relations which have to be established.

***But their astral bodies are again and again swept into a state of agitation by the group for, and in which, they work.*** This reminds me, ‘they say. What do they say? Let them say.’ DK has talked about that.

0:35:50 ***They are elated or depressed, satisfied or dissatisfied by the results they achieve or fail to achieve;*** Hmm, so we have to work without attachment to success, or failure. Attachment to it, we noted, of course. ***this achievement or lack of achievement and the steadiness or disloyalties of their fellow servers produce agitation and emotional upset, and on this powerful reaction their thought-forms, constructed so diligently and prayerfully, come to naught. Their "skill in action" is lost, because they are tied to the desired result and so their labour produces nothing.*** Now, I'm remembering this *skill in action* interestingly enough, was one of the words for Alice Bailey's – her formula for DRS as SK skill-in-action, was the *S.*

Alright and maybe there were others there who had that uncertainty we could all use it the unsteady astral body is also a problem not just not just the selfish Astra body there are many dangers here either danger to the magician that DK describes at a certain point and also a danger to the creative process and the thought-form which though it might be good may not survive the downward journey towards manifestation.

***There are many other "conditions of the waters" which each aspirant can for himself supply.*** The astral body is most often the vehicle out of alignment or in a condition which warps true alignment in a soul, mind, and brain.

***There is one more however upon which I would like to touch.*** He says it I guess we can each one of us search out the condition of our astral body and kind of see, what is it that truly prevents the successful manifestation of that which we would create?

I feel you can think of these astrologically as an Aries type. This is a little piece of personal history I've sometimes been caught up in what's called the *ready fire aim;* that's what we call going off half-cocked – you haven't really thought enough about what you're going to do with the pressure and desire to do is great that, but there you go. You might have given your process more premeditation and maybe Taurus people brood upon something but never take proper action. Instability might be the problem with the Gemini type, the unstable mind which does not settle upon the thoughtform to be materialized. Fear might touch the Cancer type –

Well, you could go around the zodiac and it wouldn't be too difficult to do, to find out what are some of the problems which the survival energy could present or the ray energy, with the condition of the waters and with the general passing down of the thought-form towards manifestation. we want to be successful in helping with the divine plan but often our energies and forces not really well handled get in the way he wants to touch upon another condition of the waters.

***The emotional body of the disciple which must feed and nurture the baby thought-form (with its mental nucleus) is necessarily part of the planetary emotional form and hence vibrates in unison with that form.*** Vibrating in unison with the planetary thought form.

***This should also be carefully considered, for the emotional body is thrown into a state of activity by the general astral condition and must be handled wisely from this angle.*** There are surrounding astral conditions which may not belong to any one particularly, but from which the disciple is not properly insulated.

Sometimes you may have had the experience? Why does this mood suddenly come upon me? Why does this elation suddenly come upon me? There are ambient astral conditions to which we respond, and some of them may be inimical to the right development of the baby thought-form, the drowning is always a problem and even the magician can drown, as He tells us later and a great hiatus created being created between the mental body and the etheric body which will lead to the death of the magician no other possibility.

***At this time there are three qualities predominating in the planetary form—fear, expectancy and a climaxing desire (in the human family) for material possession. Note the word "climaxing". The summation of human desire for material happiness has been reached, and the peak of that desire has been passed; thus mankind has achieved and surmounted much. But the rhythm of the ages is strong.***

***These three qualities have to be grasped and discounted by the aspirant as he seeks to serve from mental levels. In the place of fear he must substitute that peace which is the prerogative of those who live always in the Light of the Eternal; in the place of questioning expectancy he must substitute that placid, yet active, assurance of the ultimate objective which comes from a vision of the Plan and his contact with other disciples and later with the Master. Desire for material possession must be superseded by aspiration for those possessions which are the joy of the soul—wisdom, love and power to serve. Peace, assurance and right aspiration! These three words, when understood and experienced in the life of every day, will bring about that right "condition of the waters" which will ensure the survival of every thought-form, rightly engendered in meditation by the man, functioning as a soul. TWM 161-162***

0:42:15 ***At this time there are three qualities predominating in the planetary form—fear, expectancy and a climaxing desire (in the human family) for material possession.*** Well, that's very interesting; fear is somewhat lunar state which has been in the way brought over from the moon chain and is deeply engrained in the responsive matter itself and certainly in the animal kingdom in I don't know what kind of response we would see in the mineral or maybe more in the vegetable kingdom somehow but certainly in the animal kingdom mmm fear expectancy and a climaxing desire this word climaxing is important He says.

***Note the word "climaxing". The summation of human desire for material happiness has been reached*** now it was out of control in Atlantis. That's what we're told out of control in Atlantis where the seeking for luxury was out of all reasonable proportion. Some of this is inherited still, from people and oftentimes on the third ray, which is the ray involved in material accumulation but in general those people who are ruled by the personality which correlates with the third ray and not I don't mean only with the third personality I mean the personality itself is correlated with the third ray in general.

The summation of human desire for material happiness has been reached and this happened well for sure after the war which took away from many people much that they believed they had to have in order to be happy and DK has told us how very little really we need to have in order to live a productive happy life***, and the peak of that desire has been passed; thus mankind has achieved and surmounted much.*** Even maybe the World War I was instrumental in resting from the grasping hands of humanity many of the material desires which were considered necessary or at least that for which the material desires reached was considered necessary.

***But the rhythm of the ages is strong.*** And it goes all the way back to Atlantis. He talks about these unbelievable heights of unnecessary luxury. [from scarcity/socialist pov?]

***These three qualities have to be grasped and discounted by the aspirant as he seeks to serve from mental levels.*** What are they fear, expectancy, and desire for material possessions. Fear, expectancy and desire for material possessions. The old saying, *you can't take it with you* and you can't take the material with you into the heaven worlds but you can take faculty and quality with you it's rather futile to hold on to that which turns out to be eventually useless. ***These three qualities have to be grasped and discounted by the aspirant as he seeks to serve from mental levels.*** And let's just say with that degree of detachment which service for mental levels allows.

***In the place of fear he must substitute that peace which is the prerogative of those who live always in the Light of the Eternal --*** *there is a power that can make all things new it lives and moves on those who know the self as one* and then oh gosh what is this *this lives in the eternal toast like we see it show us the strong leader compassion listen there's a peace which passeth understanding it abides in the hearts of those who live in the eternal and that that peace is here indicated.*

*There is a peace there is a peace which passeth understanding it divides in the hearts of those who live in the eternal.* Rather than fear, peace, and perfect love casteth out all fear. We can see how this works. We try to cultivate love, it casts out fear and induces in us the possibility of peace, and recognition of what the eternal ruby is and do we live in the eternal live in this realization of the immortality of the soul? The beginningless, endless indestructibility, of what we essentially are well maybe on a good day huh? We have to cultivate this. Maybe crises demand of us at certain times that we really come forward with this cultivation in place.

Instead of fear, how do we get to peace, and I've made that suggestion how do we get to peace, love? How do we get to love? He says contemplate love contemplate love. This is the best way to develop it contemplate love and meditate upon it what is it this is the way to develop it otherwise without love were like in the words of St. Paul, ‘sounding brass’. I've always felt that from his major six Ray he moved on to the second and then later more matically on to the fifth and first

--***; in the place of questioning expectancy he must substitute that placid, yet active, assurance of the ultimate objective which comes from a vision of the Plan and his contact with other disciples and later with the Master.*** This is wonderful stuff! Oh, I'm thrilled with the simplicity of it. At least understand it now in the place of questioning, expectancy, let's say hmm which can be agitating and disturbing and unbalancing you must substitute that placid sounds peaceful yet active there's a, a kind of a what can we call it it's like dynamic equilibrium and said I man like facility is that a contradiction it seems to be that placid yet active assurance of the ultimate of objectives.

But he for whom the whole world waits has said that whatsoever shall be asked in his name and with faith in the results with faith in the result *assurance, will see it accomplished* this is the word it's not just they hope this is the word assurance ambition established belief to the point of conviction belief the opposite and his contact with it comes from the vision of the plan let that be cultivated through our meditation and study and his contact with other disciples and later with the master. Peace instead of fear assurance instead of expectancy it might happen might not happen what are the signs is it happenings or not that worried avoiding was to say avoiding worried expectancy and the

***Desire for material possession must be superseded by aspiration for those possessions which are the joy of the soul—wisdom, love and power to serve.*** Look’s like knowledge is turned into wisdom. Oh this is that, that's good, simply put, and clearly could we but perform accordingly.

***Peace, assurance and right aspiration!*** mmm peace instead of fear, assurance instead of unstable, expectancy in right aspiration for the things of the soul rather than material aspiration for material possession or desire for material possession.

***These three words, when understood and experienced in the life of every day, will bring about that right "condition of the waters" which will ensure the survival of every thought-form, rightly engendered in meditation by the man, functioning as a soul.*** Hmm. Gives one will pause, and the invitation to self reflection on whether peace has taken the place of fear? And whether assurance has taken the place of that sort of um stable sense that something is coming! What can I do about it? And I'm worried and so forth and right aspiration instead of material desire.

Beautiful, beautiful, and of course one can appreciate these things but will one do will one perform them that is the question and one had better I must say one had better.

0:54:00 Now we can just begin a little bit here before our hour is up.

***2. The Safety of the One Who Thus Creates***

***It might be said here with emphasis, even if it is a recognized truism, that people are frequently slain (in the occult and therefore in the more important sense) by their own thought-forms. Thought creation, through concentration and meditation, is a potently dangerous matter. This must never be forgotten. There are forms of thought, unencumbered by much desire matter, which, failing to pass downward, poison the man on mental levels. This they do in two ways:***

***1. By growing so potent on the mental plane that the man falls a victim to the thing he has created. This is the "idée fixe" of the psychiatrist; the obsession which drives to lunacy; the one-pointed line of thought which eventually terrorises its creator.***

***2. By multiplying so fast that the mental aura of the man becomes like unto a thick and dense cloud, through which the light of the soul must fail to penetrate, and through which the love of human beings, the lovely and beautiful and comforting activities of nature and of life in the three worlds equally fail to pierce. The man is smothered, is suffocated by his own thought-forms, and succumbs to the miasma which he himself has engendered. TWM 162-163***

***2. The Safety of the One Who Thus Creates***

***It might be said here with emphasis, even if it is a recognized truism, that people are frequently slain (in the occult and therefore in the more important sense) by their own thought-forms.*** That's a big statement and they keep breathing and living vitally in the material sense but they're dead the thought forms have killed them.

***Thought creation, through concentration and meditation, is a potently dangerous matter.*** Goodness! Try to convince the average individual that this is the case, and it would seem laughable! But thoughts can attack you, thoughtfulness fixate you, thoughts can hide the light, thoughts can interrupt circulation.

***This must never be forgotten. There are forms of thought, unencumbered by much desire matter, which, failing to pass downward, poison the man on mental levels. This they do in two ways:***

***By growing so potent on the mental plane that the man falls a victim to the thing he has created. This is the "idée fixe" of the psychiatrist; the obsession which drives to lunacy*** which is like total disorganization and chaos and***; the one-pointed line of thought which eventually terrorises its creator.***

***By multiplying so fast*** And he's relieved when the thought is not there and he is terrorized when it comes for him. This is two types of poisoning of the individual by thought forms he's brooded on this and it just doesn't go down and it stays on the mental level and there creates a condition of terror and blocks out of all other possible thought.

Now we have the Sorcerer's Apprentice, the second way that the poisoning occurs, ***that the mental aura of the man becomes like unto a thick and dense cloud, through which the light of the soul must fail to penetrate, and through which the love of human beings, the lovely and beautiful and comforting activities of nature and of life in the three worlds equally fail to pierce.*** Well, over productivity, a thought that does nothing, and watch out for ray three, the ***man is smothered*** and ray three rules the lungs, doesn't it

***The man is smothered, is suffocated by his own thought-forms, and succumbs to the miasma which he himself has engendered.***

This is about the question of safety and how to deal with all forms which she tells us is a dangerous matter or there are lines of thought which draw forth from the emotional body a reaction of a poisonous nature. People brood long and hard and then become hateful, a certain line of thought is followed by a human being in relation to his brethren it breeds hatred jealousy and envy and works through the manifestation in such a manner that it produces the physical activities which caused the death of their creator or the death of others

DK has talked about the brooding upon certain types of thought. Interestingly the second fourth and sixth ray do this the first and fifth ray make themselves untouchable and the third and seventh ray become sort of maniacal and they only think of one type of thought, which or is it third and six ray, third ray is involved where they try to convince others of their point of view and force the case.

But let's just say that we reach the point now where we're at the end of ***A Treatise on White Magic*** video commentary number 36 rule 5.1, and this time I'm going to remember, 155 to 160.

We'll have next the beginning of *A Treatise on White Magic* commentary number 37 rule 5 points to beginning with page 163 we'll repeat this about drawing forth a line of thought which draws forth from the emotional body poisonous reaction which destroys the creator and others. We have to be careful about what we think and what we nurture in the world of thought. We have to be very careful about what we as a word tell ourselves. We'll be moving on and see.

All the best.