**A Treatise on White Magic — Mental Rules 15  
Transcript of Video Commentaries by Michael D. Robbins**

**Abstract**

Content for A Treatise on White Magic, Video Commentary, Program 15, Rule 1.3, Continuing Rule One, SOME BASIC ASSUMPTIONS. 1 hr, 2 min: pages 59-64.

Illumination of the totality of forms. “The modifications of the versatile psychic nature.” “Unveil to us the face of the true spiritual sun, Hidden by a disk of golden light, That we may know the truth and do our whole duty As we journey to Thy sacred feet.” The “lighting of the lamp.” Beginning the section: THE WAY OF THE DISCIPLE. The ego in deep meditation. The solar pitri communicates with his “shadow.” The stage of discipleship. The rhythmic nature of the soul’s meditation. The hill and valley experience of the mystic. Aim to live as a soul.

[A Treatise on White Magic Video Commentary 15](http://makara.us/04mdr/webinars/atowm/2018-01-27-2034-ATOWM-Video-Rule-1-3-Commentary-15-Approx-1hr.wmv) 89 MB .wmv file  
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**Transcript**

Hello, everybody, and welcome to our 15th *Treatise on White Magic* commentary. A wonderful book and something we all should study and that I find myself re-studying after 30 years, I guess almost that much.

Last webinar, 14 So, ***what is the disciple?*** Of course an achieved high initiate, a master it goes beyond this stage of *seeing double*.

***For what is a disciple? He is one who seeks to learn a new rhythm, to enter a new field of experience, and to follow the steps of that advanced humanity who have trodden ahead of him the path, leading from darkness to light, from the unreal to the real. He has tasted the joys of life in the world of illusion and has learnt their powerlessness to satisfy and hold him. Now he is in a state of transition between the new and the old states of being. He is vibrating between the condition of soul awareness and form awareness. He is "seeing double". TWM 58-59***

We asked ***For what is the disciple***? Says DK**, *He is one who seeks to learn a new rhythm*** (a new rhythm of meditation) ***often to enter a new field of experience,*** (the world of the higher mind and beyond)***, and to follow the steps of that advanced humanity*** (the Masters) ***who have trodden ahead of him the path, leading from darkness to light, from the unreal to the real. –*** and eventually from death to immortality from chaos to beauty and from the individual to the universal. ***He has tasted the joys of life in the world of illusion and has learnt their powerlessness to satisfy and hold him. Now he is in a state of transition between the new and old states of being. He is vibrating between the condition of soul awareness and form awareness. He is “seeing double”.***

***His spiritual perception grows slowly and surely as the brain becomes capable of illumination from the soul, via the mind. As the intuition develops, the radius of awareness grows and new fields of knowledge unfold. TWM 59***

***His spiritual perception grows slowly and surely as the brain becomes capable of illumination from the soul, via the mind.*** That's the keying up of the brain cells. ***As the intuition develops, the radius of awareness grows and new fields of knowledge unfolds.*** This question of the radius of awareness – a very important phrase, because we are so cribbed, cabined, and confined, by our usual self conception. So, this is called the radius of awareness and eventually it encompasses the entire planet, eventually the entire solar system, the entire whole cosmic logos, or super cosmic logos, eventually the entire galaxy. I know it seems far-fetched and we're not talking about now, but eventually, in the return to the true nature of identity which is the one and only pantheistic logos, universal logos, to the entire one being of cosmos.

So that takes us to where we are really beginning and this number 15.

***The first field of knowledge receiving illumination might be described as comprising the totality of forms to be found in the three worlds of human endeavour, etheric, astral and mental. The would-be disciple, through this process, becomes aware of his lower nature and begins to realize the extent of his imprisonment and (as Patanjali puts it) "the modifications of the versatile psychic nature." The hindrances to achievement and the obstacles to progress are revealed to him and his problem becomes specific. Frequently then he reaches the position in which Arjuna found himself, confronted by enemies who are those of his own household, confused as to his duty and discouraged as he seeks to balance himself between the pairs of opposites.  TWM 59***

***The first field of knowledge receiving illumination might be described as comprising the totality of forms to be found in the three worlds of human endeavor, etheric, astral and mental.*** The 18 lower subplanes. Well, we don't even know the entirety of our dense physical plane yet, along the etheric, and to us the astral plane holds many mysteries and certainly the mental plane does so this this field of 18 lower subplanes may receive illumination, but it'll be a long time before we are omniscient with regard to it. The master is the master of the 18 lower subplanes and with regard to anything that can be known he can know, which does not mean he holds it all in his mind simultaneously because they function under the law of economy and don't burden themselves with the unnecessary.

***The would-be disciple,*** maybe we can list ourselves that way, ***through this process, becomes aware of his lower nature and begins to realize the extent of his imprisonment and (as Patanjali puts it) the modifications of the versatile psychic nature.”*** Becomes aware of the lower nature and the extent of his imprisonment. I mean as long as we're in prison and don't know it, we don't wake up. And when we begin to contrast and intuitive freedom and compare it with what our normal state of confinement is, then we awaken to it and to wake into the situation and try to do something about it we really become sincere and willful and determined and persistent.

0:05:30 ***The hindrances to achievement and the obstacles to progress are revealed to him and his problem becomes specific***. Once he has been receiving illumination with respect to his own condition and the outer or wider conditions. So, finally we begin to know what the hindrances are and what our glamours are which have surreptitiously held us in prison. The thing about glamorous you don't see it. It's all that's just the way I am, and that's never good enough. Other people see it and how it may be blocking our progress but we don't see it and finally we awaken to it.

***Frequently, then he reaches the position in which Arjuna found himself, confronted by enemies who are those of his own household, confused as to his duties*** (because after all doesn't the personality have to be preserved?) ***and discouraged as he seeks to balance himself between the pairs of opposites*** (soul and personality, he is the disciple). The disciple at this point is neither soul nor personality; the disciple really is the soul in incarnation, the soul immersed within the personality. At least disciples at our stage there are higher disciples who have long transcended the personality.

***His prayer then should be the famous prayer of India, uttered by the heart, comprehended by the head, and supplemented by an ardent life of service to humanity.***

***"Unveil to us the face of the true spiritual sun,***

***Hidden by a disk of golden light,***

***That we may know the truth and do our whole duty***

***As we journey to Thy sacred feet." TWM 59***

***His prayer then should be the famous prayer of India must be ages old uttered by the heart, comprehended by the head, and supplemented by the ardent life of service to humanity.*** How beautifully that is stated the ardent life of service to humanity.

Then: ***“Unveil to us the face of the true spiritual sun, –*** I suppose our monad, or the monad of the planetary logos were of the solar logos there are many true spiritual sons in ascending order.

***Hidden by a disc of golden light,*** well that is the disc of the Sun. But on the other hand, our monad is hidden by the egoic lotus causal body which can be as a disc of golden light.

***That we may know the truth and do our whole duty*** (which is our monadic name, our monadic place) ***as we journey to thy sacred feet.******Unveil to us the face of the true spiritual sun hidden by a disc of golden light that we may know the truth and do our whole duty as we journey to thy sacred feet****.* We come to the low position with respect to the great deity and we start on our work of becoming like that deity, but we have to begin at the bottom and work our way to the top there is a hierarchical structure to all of cosmos and even though we are the whole thing we are hierarchically arranged as well.

***As he perseveres and struggles, surmounts his problems and brings his desires and thoughts under control, the second field of knowledge is revealed—knowledge of the self in the spiritual body, knowledge of the ego as it expresses itself through the medium of the causal body, the Karana Sarira, and awareness of that source of spiritual energy which is the motivating impulse behind the lower manifestation. The "disk of golden light" is pierced; the true sun is seen; the path is found and the aspirant struggles forward into ever clearer light. TWM 59-60***

***As he persevered and struggles,*** – the life of every disciple and aspirant – ***surmounts his problems and brings his desires and thoughts under control*** – here we have the strong Saturn operating on the seventh ray and the first ray, ***the second field of knowledge is revealed – the knowledge of the self and the spiritual body, knowledge of the ego is as it expresses itself through the medium of the causal body*** (the causal body is the instrument and the ego is the type of consciousness), ***the Karana Sarira,*** (and that's the causal body) ***and awareness of that source of spiritual energy which is the motivating impulse behind the lower manifestation.*** Right. So, it is as I said. Sometimes it is as I said.

***The “disc of golden light” is pierced; the true sun is seen; the path is found and the aspirant struggles forward into ever clearer light.*** Well, the analogy to the Sun is the causal body, is the egoic lotus, and the angel of the presence helps us to pierce the blinding disc of golden light. This is what it means to that the Sun veils certain planets. The Sun as the personality veils the reception of certain planets. But there's still a higher type of veiling the causal body itself that avails when compared with still higher spiritual energies of the triad and the moment which also can be symbolized of course by the Sun, but we have to look at the Sun in various aspects.

***As the knowledge of the self and as the consciousness of that which the self sees, hears, knows and contacts is stabilized, the Master is found; his group of disciples is contacted; the plan for the immediate share of work he must assume is realized and gradually worked out on the physical plane. Thus the activity of the lower nature decreases, and the man little by little enters into conscious contact with his Master and his group. But this follows upon the "lighting of the lamp"—the aligning of the lower and higher and the downflow of illumination to the brain. TWM 60***

***As the knowledge of the self and as the consciousness of that which the self sees, hears, and knows and contacts is stabilized, the Master is found;*** so, as we penetrate into the egoic lotus and stabilize our consciousness within it we find the master of our ashram the ashram towards which we had been tending according to our souls ray his group of disciples is contacted. … ***the plan for the immediate share of work he must assume is realized and gradually worked out on the physical plane.*** So those of us who are working assiduously ardently fervently on the physical plane to carry out some aspects of the plan we may assume that in our higher consciousness we have contact to the group of disciples well certainly that even in our normal consciousness we realized that, but the master as well and the brain does not retain all of these contacts, but for some with us when those moments are really important because those moments confirm the accepted discipleship of such an individual.

0:12:30 ***Thus the activity of the lower nature decreases, and the man little by little enters into conscious contact with his Master and his group.*** He has dropped the hindrances or overcome them and therefore thoughtform. Therefore he presents no barrier to such contact on our side. We have to drop the hindrances or overcome the hindrances we first we have to be aware of what they are and many of them are subtle and masqueraders our virtues. Our virtues become our vices. If we hug to ourselves a particular virtue over our vices, such may be the indication of our vice.

… Where I'm the path of purification for a long time and there's always need for further purification which means submitting ourselves to higher and higher fires may be the lower obstacles have been burnt out, and maybe they don't longer exist, but there will always be higher purification. So, fire from the beginning to the end. The universe in a way is fire, and we must not get used to the idea that no further purification is needed I've seen people do that and they miss an opportunity.

***But this follows upon the lighting of the lamp the aligning of the lower and higher and the down flow of illumination to the brain***. Now this is a good way of putting it, and I think it's something that we should remember. The lighting of the lamp is a matter of alignment and the downflow of illumination. This is accomplished through meditation, certainly study and service. It’s good to have those three so frequently emphasized, they are so foundational to everything we hope to do, and perhaps are doing.

***It is essential that these points should be grasped and studied by all aspirants so that they may take the needed steps and develop the desired awareness. Until this is done, the Master, no matter how willing He may be, is powerless, and can take no steps to admit a man to His group and thus take him into His auric influence, making him an outpost of His consciousness. Every step of the way has to be carried out by a man himself, and there is no short or easy road out of darkness into light. TWM 59-60***

I***t is essential that these points should be grasped and studied by all aspirants so that they take the neatest steps and develop the desired awareness.*** We cannot rest back simply reading and not meditating or serving. There is a tendency for some types to do that.

***Until this is done,*** until the needed steps are taken, no matter how willing, ***the Master, no matter how willing He may be, is powerless and can take no steps to admit a man to his group and thus take him into His auric influence, making him an outpost to His consciousness.*** In other words, accepted discipleship requires concerted action on the parts would be accepted disciple. ***Every step of the way has to be carried out by man himself and there is no shorter easy road a lot of darkness into light.*** Recall, the story that the Dalai Lama wept when asked what is the short way and, being a man of experience, he knows there's no short way and if a disciple of appears to surge ahead is only because of long and maybe hidden humble patient preparation which peaks and then the surge seems to come all at once but has been well prepared for.

0:17:30 The next part of rule 1 is the Way of the Disciple.

***THE WAY OF THE DISCIPLE***

***The white magician is ever one who, through conscious alignment with his ego, with his "angel", is receptive to his plans and purposes, and therefore capable of receiving the higher impression. We must remember that while magic works from above downwards, and is the result of solar vibration, and not the impulses emanating from one or the other of the lunar pitris, the downflow of the impressing energy from the solar pitri is the result of his internal recollectedness, the indrawing of his forces, prior to sending them concentratedly to his shadow, man, and his steady meditation upon the purpose and the plan. It may be of use to the student if he here remembers that the ego (as well as the Logos) is in deep meditation during the whole cycle of physical incarnation.  TWM 61***

***The white magician is ever one who through conscious alignment with his ego, with his “angel”,*** (the angel of the presence as representative of the solar angel) ***is receptive to his plans and purposes and therefore capable of receiving the higher impression.*** I guess the word *hears* here refers to the *ego* or *angel.* Let's just say, what you have to be receptive to? … It is the wisdom of the angel of the presence and our own accumulated wisdom through many lives and which dwell or is found within the periphery of the egoic lotus. I mean we've learned a lot in the past and that learning may not be always in our minds, but when a situation arises where that learning is required it may be evoked. Not that we know to call for it, but it may simply appear because it's been stored.

This is another way of saying we must be attentive to our own accumulated wisdom, and we all have it. In the causal body there is stored nothing which may be considered of a negative or evil nature. There's only the good and the only difference is between causal bodies are the equipped and non-equipped causal bodies; those with some blank areas need more work for those that are completely filled out, perhaps are ready to be sacrificed on the pyre for the sake of the race at the fourth degree.

***We must remember that while magic works from above downwards, and is the result of solar vibration,*** –stay away from the lunar magic; it's nothing but trouble, and disease and evil come with it – ***and not the impulses emanating from one or other of the lunar pitris, the downflow of the impressing energy from the solar pitris is the result of his internal recollectedness.*** This is a really important statement, let's just say making a man a white magician … calls for considerable expenditure of efforts on the part of the supervising angel of the presence or solar angel.

0:22:00 So there is a down-gazing soul, the inner recollectedness on the part of the supervising sober and to deeply ***the in drawing of his forces***, this is a labor of love, this is a sacrifice, this is a sacrifice of time and effort on the part of the angel of the presence – ***prior to sending them*** (these forces concentratedly) ***to his shadow, man, and his steady meditation upon the purpose and the plan.*** Remember that meditation is occurring above as well as below as the disciple meditates.

***It may be use to the student … if he remembers that the ego as well as the logos is in season deep meditation during the whole cycle of physical incarnation.*** Yes, but that meditation may not necessarily be upon the progress of the shadow man. Let's just say the Ego, (I usually capitalize it) the Ego has much to meditate upon which pertains to its own development and process.

Anyway, later when there can be when there is sufficient development of the lower man and some sufficient mental responsiveness exists, and emotional and physical refined and so forth, then there is a very concentrated effort to bring the man up later. The ego attempts through great concentration to bring the lower man up, raise him. When that time comes and there is this really downward-gazing soul and attentiveness to the progress of the outer man – which is us as a monad in extension – the solar angel the presence is also a monad in extension but a much more advanced monad in terms of its outer expression, and we are less advanced monad-in-extension and the greater monad in extension helps us through his meditation.

This meditation is cyclic in nature, the Pitri involves sending out to his reflection rhythmic streams of energy which streams are recognized with a man concerned as his high impulses, his dreams and aspirations. This is one of sentences that over the years has always stood out to me, and invokes from us, or calls upon us to meditate rhythmically so that it's possible for these streams of energy to be noticed and absorbed rather than simply deflected, simply because we're not paying meditative attention.

***This meditation is cyclic in nature, the pitri involved sending out to his "reflection" rhythmic streams of energy, which streams are recognised by the man concerned as his "high impulses," his dreams and aspirations. Therefore, it will be apparent why workers in white magic are ever advanced and spiritual men, for the "reflection" is seldom responsive to the ego or the solar angel until many cycles of incarnation have transpired. The solar pitri communicates with his "shadow" or reflection by means of the sutratma, which passes down through the bodies to a point of entrance in the physical brain, if I might so express it, but the man, as yet, cannot focus or see clearly in any direction. TWM 61***

***This meditation*** (from the pitri extended into the causal body into the egoic lotus) ***is cyclic in nature, The pitri involves sending out to his “reflection” rhythmic streams of energy, which streams are recognized by the man concerned as his “high impulses,” his dreams and aspirations.*** So next time you are hit by great possibilities, high impulse, dreams of what may be, an aspiration towards a state which does not yet exist -- think about the possible source of these streams, a being of greater development than you, who is sacrificially associated with you and is supervising your upliftment.

0:27:10 ***Therefore, it will be apparent why workers in white magic are ever advanced and spiritual men, for the “reflection” is seldom responsive to the ego or the solar angel until many cycles of incarnation have transpired.*** With these sentences I have been very familiar and they offer such sound analysis and good advice about the need to achieve a certain spiritual vibratory status before we really begin to pay attention, but if we're reading a book like this ,when you stick with the Tibetan’s presentations, we probably are giving the indication that we stand at this point of what he calls advanced man, spiritual man. Advanced man is not quite necessarily spiritual man I'm hoping that all of us are either spiritual human beings or are on the border of that. ***Therefore it will be apparent why workers in white magic are ever advanced and spiritual men for the reflection is seldom responsive to the ego or the solar angel until many lives of incarnation have transpired.***

I'm thinking about the despair of addicted people, that causes them to reach out to their higher power, and we know it's behind that word *higher power*, even though such people are not yet it may be inclined to get into the technicalities of occultism, it is the waiting, informing entity, higher mental plane and beyond, that is beginning to look towards them and help them overcome their desire for substance abuse, any kind of abuse, any kind of overdoing it in relation to one of the lower vehicles.

***The solar petri communicates with his “shadow” or reflection by means of the sutratma,*** that's the life thread, we're familiar with, that idea right the life thread ***which passes down through the bodies to a point of entrance in the physical brain, …*** the angel of the presence, solar angel, actually does enter into the physical mechanism of … its shadow. To a point of emphasis in ***the physical brain if I might so express it, but the man is yet cannot focus or see clearly in any direction.*** So obviously the influence begins earlier than the man can really register the influence, but all of this is under law and order and working under purpose, we have to count on that and have faith in that, trust that and know that there is guidance and we're not entirely on our own in the individual sense. Just the way we would help a young child or one of our own children, we don't just let them try to do all things themselves when they can't. We set up circumstances which help to guide them a right and so do our solar parents you might say, set up the circumstances, the energy conditions through various incarnations that will lead us into a correct performance. Anyway, we're not seeing clearly is what He is saying man at this stage of the beginning of solar angelic influence. We do not yet see clearly even though the influence is there.

***If he looks backward he can see only the fogs and miasmas of the planes of illusion, and fails to be interested. If he looks forward he sees a distant light which attracts him, but he cannot as yet see that which the light reveals. If he looks around, he sees but shifting forms and the cinematograph of the form side of life. If he looks within, he sees the shadows cast by the light, and becomes aware of much impedimenta which must be discarded before the light he sees in the distance can be approached, and then enter within him. Then he can know himself as light itself, and walk in that light and transmit it likewise to others. TWM 61***

***If he looks backwards he can see only the follow-ups and miasmas of the plane of illusion, and fails to be interested.*** By the plane of illusion we don't only mean the mental plane the plane of illusion his the astral plane or has often been called. So, ***if he looks forward he sees a distant light*** lead kindly light ***which attracts him, but he cannot as yet see that which the light reveals.*** Here it seems to confirm that light can be seen and it's not simply the revealer of that which can be seen. That has to be investigated. So, anyway, backward or forward there is no recognition, well there is no incentive to move backward unless one is rather sick. I suppose some people who backward for safety, or what they imagine will be safety, but you can't go back.

I recall that story and I saw that was a movie called *The Trip to Bountiful Colorado*; it's about an old lady who was wonderful, Jessica Tandy, was it, the actress, looking back because her life was so circumscribed in the care of her children and she came from the town of Bountiful, which sounds wonderful as if everything she could ever want was there. She broke away snuck away he eluded her children who had her kind of in a bit of a well-meaning prison, found her way back to bountiful and there was nothing there nothing there it was a very sad but the old saying you can't go back. Being tight as I am with Cancer rising, I sometimes think about going back; I contact my old, old, old friends and find some of them I want nothing to do with me, occasionally they didn't.

So [again], ***if he looks forward he sees the distant light which attracts him but he cannot see as yet what the light reveals. If he looks around he sees but shifting forms and the cinematograph of the form side of life.*** Not too attractive really. ***If he looks within, he sees the shadows cast by the light, and becomes aware of much impedimenta which must be d carded discarded before the light*** he sees and the distance can be approached, and then entered within.

What of what a vision ***then he can know himself as light itself,*** as the Christ does I am the light of the world, Hermes Trismegistus *I am the light of the world* ***and walk in that light and transmit it likewise to others.*** Walking in the light one is. … this is the condition of the disciple. That light begins to influence him, he recognizes his condition and it is not very free nor very powerful and much work to be done is revealed work to be done …

***It is perhaps well to remember that the stage of discipleship is in many ways the most difficult part of the entire ladder of evolution. The solar angel is unceasingly in deep meditation. The impulses of energy, emanating from him are increasing in vibratory rate and are becoming more and more powerful. The energy is affecting more and more the forms through which the soul is seeking expression, and endeavouring to control. TWM 61-62***

0:37:00 ***It is perhaps well to remember that the state of discipleship is in many ways the most difficult part of the entire ladder of evolution.*** Well, I suppose at first ignorance is bliss and what we don't know won't hurt us, and later we know what we're doing, and we're not drawing backward so often but aspiration and discipleship we're torn in two directions and the fourth ray nature of our particular kingdom emerges painfully in the consciousness.

***The solar angel is unceasingly in deep meditation.*** As DK says, also leave your solar angel some time for its own meditation, but the solar angel is really paying attention and one day when we've been to Sirius (or many of us will do that) and we return to the next solar system and we are supervising the up and coming human beings we'll have our own meditations to pursue, but we will be importune by the necessity of meditating upon the one we supervise.

***The impulses of energy, emanating from him are increasing in vibratory rate and are becoming more and more powerful.*** Notice DK is calling the solar angel *him,* doesn't mean it's not a *her,* it just personalizing it somewhat. ***So, more and more and more powerful impulses are coming from the solar angel.***

I'm going to make this a double, and call this the solar angel/angel of the presence, as if they are the same being, they really are, but I think one, my presence, this is one is the extension of the other solar angel of the presence.

Okay the energy is affecting more and more the forms for which the soul the seeking expression and endeavoring to control than here. Basically He just shows us the word soul here, here is equivalent … there's a certain fluidity in these words solar angel, angel of the presence. Maybe angel of the presence is a more technical term for kind of particular function of the solar angel within the egoic lotus, whereas the solar angel per se does have other work to do, other than simply supervising its shadow, man. The angel of the presence, however, is that part of the solar angel which is really immersed and attentive to the shadow man. This has to do with the divisibility of consciousness or the ability of a high entity to do many things at the same time this is ultimate in multitasking.

***This brings me to the consideration of the seventh point I made in my earlier analysis of Rule I. I said, "The soul's meditation is rhythmic and cyclic in its nature as is all else in the cosmos. The soul breathes and its form lives thereby". The rhythmic nature of the soul's meditation must not be overlooked in the life of the aspirant. There is an ebb and flow in all nature, and in the tides of the ocean we have a wonderful picturing of an eternal law.  As the aspirant adjusts himself to the tides of the soul life he begins to realise that there is ever a flowing in, a vitalising and a stimulating which is followed by a flowing out as sure and as inevitable as the immutable laws of force. This ebb and flow can be seen functioning in the processes of death and incarnation. It can be seen also over the entire process of a man's lives, for some lives can be seen to be apparently static and uneventful, slow and inert from the angle of the soul's experience, whilst others are vibrant, full of experience and of growth. This should be remembered by all of you who are workers when you are seeking to help others to live rightly. TWM 63***

***This brings me to the consideration of the seventh point I made in my earlier analysis of Rule 1. I said, “The soul’s meditation is rhythmic and cyclic in nature as is all else in cosmos. The soul breathes and its form lives thereby”.*** So this breathing relates to the sutratma, the life thread, the life and the breath are one, but it's not only the life that comes is the consciousness as well. So it's life and consciousness. Now, we're concentrating perhaps on life? Let's see.

0:42:00 ***The rhythmic nature of the soul's meditation must not be overlooked in the life of the aspirant.***It's not only the life we are also talking about the consciousness. So here we are talking about the consciousness, which is human consciousness is supplemented by solar angelic consciousness by the consciousness of the angel of the presence.

***There is an ebb and flow in all nature, and in the tides of the ocean we have a wonderful picturing of an eternal law.***Where is the ebb and the flow and can we cooperate with that.

***As the aspirant adjusts himself to the tides of the soul life he begins to realize that there is ever a flowing in, of vitalizing and a stimulating which is followed by flowing out as sure and as inevitable as the immutable laws of force.*** DK at some point talks about lives in that way, too, lives which are on the flow and other lives which are on the ebb … or maybe here is where it is, I'm not sure.

***This ebb and flow can be seen functioning in the processes of death and incarnation.*** I guess that's an ebb isn't it? Flowing into incarnation and withdrawing from incarnation.

***It can be seen also over the entire process of a man's lives*** … yes it is here that He's discussing that. ***That for some lives it can be seen to be apparently static and uneventful.*** At least in the beginning, before the stage of real conscious spiritual development begins ***—slow and inert from the angle of the soul’s experience, whilst others are vibrant, full of experience and growth.*** Well, I suppose by the time we really commit to becoming the soul in full consciousness, maybe the tamasic lives (uneventful, slow, inert) are fewer and we're more subject to the guna of rajas eventually sattva will take over.

***This should be remembered by all of you who are workers when you are seeking to help others to live rightly.***

***Are they on the ebb or are they being subjected to the flow of the soul energy? Are they passing through a period of temporary quiescence, preparatory to greater impulse and effort, so that the work to be done must be that of strengthening and stabilising in order to enable them to "stand in spiritual being", or are they being subjected to a cyclic inflow of forces? In this case the worker must seek to aid in the direction and utilisation of the energy which (if misdirected) will eventuate in wrecked lives but which when wisely utilised will produce a full and fruitful service. TWM 63***

***Are they on the ebb or are they being subjected to the flow of soul energy?*** I'm sure there are periods also within any life which either ebb or flow. Maybe those can be correlated with logoic cycles and probably with ray cycles which are maybe a little harder to grasp when looking at a particular incarnation we might get the soul rays, but what about the cycles? Do we start from zero and say well, first ray cycles every year, second ray cycles every five years, third ray cycles every nine years, fourth ray cycles every two and a half years, fifth ray cycles every three and a half years, sixth ray cycles every one point five years, and seventh ray cycles every seven years. That derivation of two hundred and 3.5 and 1.5, that is the work that was done by Stephen Pugh in his study of the rays. DK seems to point to the number 15 or 1.5 or 150 or 1,500 when it comes to the sixth ray.

***Are they passing through a period of temporary quiescence,*** (in the life or in a portion of a life) ***preparatory to greater impulse and effort so that the work to be done must be that of strengthening and stabilizing in order to enable them to stand in spiritual being or they're being subjected to a cyclic inflow of force?*** So a lot of wisdom about cycles is needed when we want to help people and ourselves we need to know something about astrological cycles and the more subtle ray cycles. The rays are always more subtle than the astrology, because with astrology you have tangible bodies in space and their positions and with the rays they are related to those tangible bodies, but they also come in on their own numerical structuring.

So, ***in this case the worker must seek to aid in the direction and utilization of the energy which (if misdirected) will eventuate in wrecked lives*** people can't handle what's coming in right we see it all the time ***but which when wisely utilized will produce a full and fruitful service.***

This is what can we say here, advice to the psychological spiritual counselor, of which DK is a master and people like Roberto Assagioli developed great skill in this. The true developing esoteric psychologists, whereas the truth esoteric psychologist is the master or high initiate.

I have remembered this from somewhere, we try to help others to live rightly but we have to assess: Is this a go ahead time or is this a time of consolidation? Maybe crisis, tension, and emergence are also related to whether we are building things up, stabilizing, standing, learning how to receive or whether we are really moving ahead with the energy, which can be used or which may be driving us, coming from the soul. This requires a lot of wisdom in the assessment. I suppose if we read *Discipleship in the New Age* we will see DK doing this. Presumably the people he chose were ready to move ahead with action in the in the other world, because so much needed to be done who knows exactly how he chose those who were to be members of his outer group.

***The above thoughts can also be applied by the student of humanity to the great racial cycles and much of interest will be discovered. Again, and of more vital importance to us, these cyclic impulses in the life of the disciple are of a greater frequency and speed and forcefulness than in the life of the average man. They alternate with a distressing rapidity. The hill and valley experience of the mystic is but one way of expressing this ebb and flow.  TWM 63-64***

***The above thoughts can also be applied by the student of humanity to the great racial cycles and much of interest will be discovered.*** Are we moving ahead or we consolidating? Are we strengthening? Are we stabilizing? Or are we really moving ahead? We can't be moving head all the time until maybe a later phase then humanity finds itself in is finally reached.

Well this is very wise counsel, where is humanity today? the great racial cycles. We're talking about root races we thought about subraces, we're talking about in branch races maybe. I don’t know how many divisions there are that have been offered in Theosophy and some will probably be more dynamic according to the ray that rules them than others, and humanity will a times leap ahead, apparently, and at times not make a lot of progress. Then there's also the forces of retrogression which are intervening in a often negative way.

***Again, and more vital importance to us, these cyclic impulses in the life of the disciple given the life the disciple are of greater and frequency and speed and forcefulness then the life of average man.*** I suppose as humanity (which is already sometimes called the world disciple) confirms in its discipleship the impulses from the soul of humanity will be more rapid. The impulses from the soul of humanity will be more rapid as humanity confirms itself as the world disciple.

***They alternate*** (in the disciple) ***with distressing rapidity.*** I went through a period in my life where I was trying to make a decision about medicine or music. I know they seemed a little separated and, I tell you, in one day I could go through four or five vehement changes. Well, I finally chose music which was the right direction. ***They alternate with distressing a distressing rapidity.*** The hill and valley experience he sometimes talks with that in connection with Aquarius and so it'll be more common in the agent to which were entering.

***The hill and valley experience of the mystic is but one way of expressing this ebb and flow.*** Hmmm, how frequently does it occur? How often? How long do we stay on the hill before we descend into the valley? In my experience was about a couple of hours, maybe less, but of course it can last days or maybe even months. Aquarius is associated with this.

***Sometimes the disciple is walking in the sunlight and at other times in the dark; sometimes he knows the joy of full communion and again all seems dull and sterile; his service is on occasion a fruitful and satisfying experience and he seems to be able to really aid; at other times he feels that he has naught to offer and his service is arid and apparently without results. All is clear to him some days and he seems to stand on the mountain top looking out over a sunlit landscape, where all is clear to his vision. He knows and feels himself to be a son of God. Later, however, the clouds seem to descend and he is sure of nothing, and seems to know nothing. He walks in the sunlight and is almost overpowered by the brilliance and heat of the solar rays, and wonders how long this uneven experience and the violent alternation of these opposites is to go on. TWM 64***

***Sometimes the disciples walking in the sunlight and other times in the dark.*** The point is he just has to keep walking. What do we say, the old Arcane School adage, *keep on keeping on*.

***All the times in the dark sometimes he knows the joy of full communion and again all things dull and sterile his services on occasion of fruitful and satisfying experience and he seems to be able to worthy aid but all the times he feels that he has naught to offer and his service is arid***. Aridity is an interesting thing, associated with the onset of a fifth-ray cycle, and it's a problem for fifth-ray types and maybe for those types that are really cultivating the mind. ***He feels he has naught to offer in the services arid and apparently without results*** I guess all of us have been through this, or are going through this, and the further we go. It's like that happened with increasing frequency and we have to remain steady in all of this fluctuation.

***All is clear to him some days and he seems to stand on the mountaintop looking out over a sunlit landscape we're always clear to his vision he knows and feels himself to be a son of God later however the clouds seemed to descend and he is sure of nothing, and seems to know nothing.*** I'm sure DK is recounting his own experience, He writes from experience.

***He walks in the sunlight and is almost overpowered by the brilliance and heat of the solar rays, and wonders how long this uneven experience in the violent alternation of these opposites is to go on.***

Let's see how much more we have to go. Yeah, okay, well we are not going to finish on this one, that's for sure, no. The next one will be the completed.

***Once however that he grasps the fact he is watching the effect of the cyclic impulses and the effect of the soul's meditation upon his form nature, the meaning becomes clearer and he realises that it is that form aspect which is failing in its response, and re-acting to energy with unevenness. He then learns that once he can live in the soul consciousness and attain that 'high altitude' (if I might so express it) at will, the fluctuations of the form life will not touch him. He then perceives the narrow-edged razor path which leads from the plane of physical life to the soul realm, and finds that when he can tread it with steadiness it leads him out of the ever changing world of the senses into the clear light of day and into the world of reality.***

***The form side of life then becomes to him simply a field for service and not a field of sensuous perception. Let the student ponder upon this last sentence. Let him aim to live as a soul. Then the cyclic impulses, emanating from the soul, are known to be impulses for which he himself is responsible and which he has sent forth; he then knows himself to be the initiating cause and is not subject to the effects. TWM 64***

***Once however that he grasps the fact he is watching the effect of the cyclic impulses and the effect of the soul's meditation upon his form nature, the meaning becomes clearer and he realises that it is that form aspect which is failing in its response, and re-acting to energy with unevenness.***It's not just that I am having trouble, it's the form, and I stand back as the disciple, as the soul in incarnation. I watched the form withdraw and approach, withdraw and approach, watch it as capable of responding and then followed by a period of in capability, and I strive to try to stay detached even persistent determined ongoing.

***He then learns that once he can live in the soul consciousness and attain that 'high altitude' (if I might so express it) at will***  (at will!), ***the fluctuations of the form life will not touch him.*** Well anyway, the form may fluctuate but he will not touch the identity that he has discovered himself to be.

***He then perceives the narrow-edged razor path which leads from the plane of physical life to the soul realm, and finds that when he can tread it with steadiness it leads him out of the ever changing world of***

the mutable cross. We might say of the common cross of the experience of constant fluctuation out of the ***ever-changing world of the senses into the clear light of day –*** that's an intuitive light, eventually it's the light of Scorpio, it's the light of the buddhic plane, light of intuition, and as much of the intuition as the soul can absorb it will lead him ***out of the ever-changing world with the senses into the clear light of day and into the world of reality.*** This is so practical, so beautifully stated, and stated from the experiential point of view.

***The form side of life then becomes dim simply a field for service and not a field for sensuous perception.*** Nothing in that form world of the eighteen subplanes appeals to him finally and he sees through it all and it's Evanescence its impermanence he sees that you cannot hold it grasp it simply an aggregation with no reality except the reality that has caused it and coming from higher planes.

***Let the student ponder upon this last sentence. It's a field for service and not a field for sensuous perception.*** This is key isn't it? So are we seeking something in the world of form you know after a while you get tired of it all Pluto comes in and cuts your attraction to it. Mars may be attractive, but Pluto cuts that and before long there's nothing there you want. The Buddha really emphasized that satiety is reached. Maybe some of us have reached that point and I remember HPB saying, for many people Theosophy is their last hope. I think she meant that. ***Let the student ponder upon this last sentence.***

***Let him aim to live as a soul.*** Then the cyclic impulses, emanating from the soul,(higher soul in the foundation. See there's the word soul almost in two sentences meaning two different things.

***Then the cyclic impulse is emanating from the soul are known to be impulses for which he himself on the higher planes is responsible and which he has sent forth;*** you might say, from his higher identity, from his own egoic lotus and then ***he knows himself to be the initiating cause and not subject to the effects.*** So it's a realization of a change of identity, of a higher identity, a change of identity and a ceasing of identification with the form.

All right, I think with that, friends, this is the end of *A Treatise on White Magic* video commentary number 15 and page 64.

But where do we begin, that's the big question. … video commentary number 16 which will finish off rule one, and I think so anyway, and starting from page 64. So this video commentary number 15 and rule 1.3; I'm putting it that way, the third program on rule one.

My friends. So, that's that …

See you soon, maybe even tonight, never know, and onward we go!